Viewed 157200 Very Village
AT DOMINION INDEPENDENT LIVING

August 2020

BR BAR ROOM
FR FITNESS ROOM
GR GAME ROOM
DH DINING HALL
BC BISTRO CAFE

SP SWIMMING POOL
GR Chapel
TH Theater

| | | | | | BO BISTRO CAFE | |
|---|---|--|---|---|---|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| HAPPY BIRTHDAY TO YOU! | Birthday Wishes Happy birthday to our residents celebrating their birthdays in August! | | | celebrate SUMMER! | | 1 1:00 BC Mexican Train 2:00 TH Matinee Movie: Message in a Bottle 7:00 BR Bingo 7:00 TH Movie: Message in a Bottle |
| 11:00 DH Sunday Brunch 11:00-2:30pm 3:00 GR 42 Dominoes - Open to all residents. | 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 2:00 TH Matinee Movie: The Assistant 2:00 FR p.m. Fitness class 7:00 TH Movie: The Assistant | 9:30 FR Stand & Stretch Yoga 10:30 SP Water Aerobics 1:00 BC Blood Pressure Checks 2:00 FR Rehab Care Healthy Learning Lectures 3:00 FR Zumba Gold 3:30 TH Tall Tales w/ David Sass 6:00 GR Resident Cards & Games | 9:30 CH Catholic Mass with Father Robert & Father George - Everyone is welcome to attend. 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 10:30 FR Line Dancing with Julie 1:00 GR Men & Womens Poker 2:00 GR Bridge (Party Bridge) 2:00 FR p.m. Fitness Class 3:00 DH BINGO! 3:00 SP Water Aerobics | 9:30 FR Stand & Stretch Yoga 10:30 SP Water Aerobics 1:00 BR Mexican Train 1:30 TH Trivial Pursuit 3:00 FR Zumba Gold | 9:30 FR Sit and Stretch Yoga 10:00 FR a.m. Fitness Class 1:30 GR Let's Play Bunco! 2:00 FR p.m. Fitness Class 4:00 Mobile Happy Hour 7:00 TH Movie: Rhythm Section | 1:00 BC Mexican Train 2:00 TH Matinee Movie: Finding Forrester 7:00 BR Bingo 7:00 TH Movie: Finding Forrester |
| 11:00 DH Sunday Brunch 11:00-2:30pm 3:00 GR 42 Dominoes - Open to all residents. | 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 2:00 TH Matinee Movie: The Song of Names 2:00 FR p.m. Fitness class 7:00 TH Movie: The Song of Names | 9:30 FR Stand & Stretch Yoga 10:30 SP Water Aerobics 1:00 BC Blood Pressure Checks 2:00 FR Rehab Care Healthy Learning Lectures 3:00 FR Zumba Gold 3:30 TH Tall Tales w/ David Sass 6:00 GR Resident Cards & Games | 9:30 CH Catholic Mass with Father Robert & Father George - Everyone is welcome to attend. 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 10:30 FR Line Dancing with Julie 1:00 GR Men & Womens Poker 2:00 GR Bridge (Party Bridge) 2:00 FR p.m. Fitness Class 3:00 DH BINGO! 3:00 SP Water Aerobics | 9:30 FR Stand & Stretch Yoga 10:30 SP Water Aerobics 1:00 BR Mexican Train 1:30 TH Trivial Pursuit 3:00 FR Zumba Gold | 9:30 FR Sit and Stretch Yoga 10:00 FR a.m. Fitness Class 1:30 GR Let's Play Bunco! 2:00 FR p.m. Fitness Class 4:00 Mobile Happy Hour 7:00 TH Movie: Enough Said | 1:00 BC Mexican Train 2:00 TH Matinee Movie: Mrs. Henderson Presents 7:00 BR Bingo 7:00 TH Movie: Mrs. Henderson Presents |
| 16 11:00 DH Sunday Brunch 11:00-2:30pm 3:00 GR 42 Dominoes - Open to all residents. | 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 2:00 TH Matinee Movie: | 9:30 FR Stand & Stretch Yoga 10:30 SP Water Aerobics 1:00 BC Blood Pressure Checks 2:00 FR Rehab Care Healthy Learning Lectures 3:00 FR Zumba Gold 3:30 TH Tall Tales w/ David Sass 6:00 GR Resident Cards & Games | 9:30 OH Catholic Mass with Father Robert & Father George - Everyone is welcome to attend. 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 10:30 FR Line Dancing with Julie 1:00 GR Men & Womens Poker 2:00 GR Bridge (Party Bridge) 2:00 FR p.m. Fitness Class 3:00 DH BINGO! 3:00 SP Water Aerobics | 9:30 FR Stand & Stretch Yoga 10:30 SP Water Aerobics 1:00 BR Mexican Train 1:30 TH Trivial Pursuit 2:00 3L Tea with the Saints 3:00 FR Zumba Gold | 9:30 FR Sit and Stretch Yoga 10:00 FR a.m. Fitness Class 1:30 GR Let's Play Bunco! 2:00 FR p.m. Fitness Class 4:00 Mobile Happy Hour 7:00 TH Movie: In Her Shoes | 1:00 BC Mexican Train 2:00 TH Matinee Movie: "McLintock!" 7:00 BR Bingo 7:00 TH Movie: "McLintock!" |
| 11:00 DH Sunday Brunch 11:00-2:30pm 3:00 GR 42 Dominoes - Open to all residents. 30 11:00 DH Sunday Brunch 11:00-2:30pm 3:00 GR 42 Dominoes - Open to all residents. | 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 2:00 FR p.m. Fitness class 7:00 FR Movie: Line of Duty 31 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 1:30 Book Club: Everything I Never Told You 2:00 FR Matinee Movie: Intrigo: Death of an Author | 9:30 FR Stand & Stretch Yoga 10:30 SP Water Aerobics 1:00 BC Blood Pressure Checks 2:00 FR Rehab Care Healthy Learning Lectures 3:00 FR Zumba Gold 3:30 TH Tall Tales w/ David Sass 3:30 DH Town Hall Meeting | 9:30 CH Catholic Mass with Father Robert & Father George - Everyone is welcome to attend. 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 10:30 FR Line Dancing with Julie 1:00 GR Men & Womens Poker 2:00 GR Bridge (Party Bridge) 2:00 FR p.m. Fitness Class 3:00 DH BINGO! | 9:30 FR Stand & Stretch Yoga 10:30 SP Water Aerobics 1:00 BR Mexican Train 1:30 TH Trivial Pursuit 3:00 FR Zumba Gold | 9:30 FR Sit and Stretch Yoga 10:00 FR a.m. Fitness Class 1:30 GR Let's Play Bunco! 2:00 FR p.m. Fitness Class 4:00 Mobile Happy Hour 7:00 TH Movie: Coal Miner's Daughter | 1:00 BC Mexican Train 2:00 TH Matinee Movie: The Natural 7:00 BR Bingo 7:00 TH Movie: The Natural |