

February 2021

BB Bailey's Bistro

FL Front Living Room

AR Celebrations Activity Room

Lounge

CR Card Room

LS Lounge Sitting Area

By Discovery Senior Living					Eduligo Oit	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Guidelines: Activities are subject to change at anytime without notice. Stay Safe, Social Distance. Sanitize. Wear Face Coverings.	National Texas Day 10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 CR Checker's With A Friend 1:30 CR Mexican Train Domino Or 42 Dominos 3:00 CR UNO	10:00 AR Daily Chronicle 10:30 AR Chair Exercise	Feed the Birds Day 10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 AR Name That Tune Of The 50's? 1:30 AR Making Bird Food Houses 2:30 BB Hot Chocolate or Tea Social 3:30 CR Jack's and Marbles	Rosa Parks Day 10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 AR History of Rosa Parks 1:30 AR Hymns and Devotion W/Bryan 2:00 AR Health Talk With Discovery at Home 3:00 BB Happy Hour	Wear Red Day for Healthy Heart Month 10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 CR Crosswords & Word Search 1:30 CR Games W/Cindy 3:00 AR Musical Trivia	10:00 CR Checker's With A Friend 10:00 AR Daily Chronicle 10:30 BB Coffee & Conversion With Friends 1:30 CR Dice Game/Card Games 3:00 AR Movie Classic Matinee' and Popcorn 3:00 CR Residents Choice Games
10:00 AR Church Service Live Streaming 10:00 AR Daily Chronicle	Movie Star Lana Turner 10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 CR Checker's With A Friend 11:00 AR Fun Facts About Lana Turner For a Prize 1:30 CR Mexican Train Domino Or 42 Dominos 3:00 CR UNO	Chocolate Kisses Day 10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 AR Finish The Line 1:30 CR Bingo or Board Games 3:00 CR Bunco or Board Games	10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 AR Name That Tune Of The 50's? 1:30 AR Scrap-booking 2:30 BB Hot Chocolate or Tea Social 3:30 CR Jack's and Marbles	8:00 FL Wear Red Day For American Heart Association 10:00 AR Daily Chronicle 10:30 AR Walk to a Healthier Heart 1:30 AR Hymns and Devotion W/Bryan 2:00 L Heart Healthy Food Demo 2:30 BB Valentine's Celebration 3:00 BB Not So Newly Wed Game	10:30 AR Chair Exercise 11:00 CR Crosswords & Word Search	13 10:00 CR Checker's With A Friend 10:00 AR Daily Chronicle 10:30 BB Coffee & Conversion With Friends 1:30 CR Dice Game/Card Games 3:00 AR Movie Classic Matinee' and Popcorn 3:00 CR Residents Choice Games
Valentines Day/Daytona 500 Nascar 14 Race 10:00 AR Church Service Live Streaming 10:00 AR Daily Chronicle 1:30 AR Rummikub 2:30 LS Daytona 500 Race and Snacks	10:00 AR Daily Chronicle 10:30 AR Chair Exercise	10:00 AR Daily Chronicle 10:30 AR Chair Exercise	Ash Wednesday 17 10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 AR Name That Tune Of The 50's? 2:00 AR Residents Council Meeting 2:30 BB Hot Chocolate or Tea Social 3:30 CR Jack's and Marbles	John Travolta's Birthday 10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 AR Staying Alive with John Travolta 1:30 AR Hymns and Devotion W/Bryan 3:00 BB Heart Healthy Wine & Chocolate Tasting	National Caregivers Day 10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 CR Crosswords & Word Search 1:30 CR Games W/Cindy 3:00 AR Musical Trivia	Dick's Birthday 10:00 CR Checker's With A Friend 10:00 AR Daily Chronicle 10:30 BB Coffee & Conversion With Friends 1:30 CR Dice Game/Card Games 3:00 AR Movie Classic Matinee' and Popcorn 3:00 CR Residents Choice Games
10:00 AR Church Service Live Streaming	Washington's Birthday 22 10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 CR Checker's With A Friend 1:30 CR Mexican Train Domino Or 42 Dominos 3:00 CR UNO 3:30 BB Margarita's for National Margarita Day	10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 AR Finish The Line 1:30 CR Bingo or Board Games 3:00 CR Bunco or Board Games	10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 AR Name That Tune Of The 50's? 2:30 BB Hot Chocolate or Tea Social 3:30 CR Jack's and Marbles	10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 AR Card Games/Trivia 1:30 AR Hymns and Devotion W/Bryan 3:00 BB Happy Hour	Johnny Cash's Birthday 26 10:00 AR Daily Chronicle 10:30 AR Chair Exercise 11:00 CR Crosswords & Word Search 1:30 CR Games W/Cindy 3:00 AR Musical Trivia	10:00 CR Checker's With A Friend 10:00 AR Daily Chronicle 10:30 BB Coffee & Conversion With Friends 1:30 CR Dice Game/Card Games 3:00 AR Movie Classic Matinee' and Popcorn 3:00 CR Residents Choice Games
10:00 AR Church Service Live Streaming 10:00 AR Daily Chronicle 1:30 AR Rummikub 3:00 CR Residents Choice Games	Black History Month	MARDI CRASS				



Ping-Pong

February 2021

CY Courtyard (1st Floor) AR Activity Room (2nd Floor) CL Coffee Lounge (1st Floor) FC Fitness Center (2nd Floor) DH Dining Hall (1st Floor) Pool (1st Floor) 3D 3rd Floor Dining Room GS Guest Suite (Apt. 2102)

M Media Lounge (2nd Floor) SL Sports Lounge (4th Floor)

★ Trip: Meet by Concierge Desk

By Discovery Senior Living				ducsi ouite	(Apr. 2102)	ı
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Are Subject	8:30 FC Group Walk around the Community 9:15 FC Sit and Be Fit 10:00 CL Blood Pressure Check 10:00 3D Choir Practice 10:00 AR Device Help Q& A with Anita 12:30 M Movie & Popcorn 2:00 CY Outside Fitness with Eric 2:00 SL Pool	9:15 FC Stretch & Relax 10:00 AR 5 Prize Bingo (Sign Up) 10:30 P Water Aerobics 1:00 M A Land of Hope Presentation (Sign Up) 2:00 AR Adult Coloring 2:00 FC Afternoon Fitness with Eric 2:00 SL Pool 3:00 AR 5 Prize Bingo (Sign Up) 4:30 DH BBQ Dinner (Sign Up at the Concierge Desk)	8:30 FC Group Walk around the Community 9:15 FC Sit and Be Fit 10:00 AR Craft with Anita (Sign Up) 10:30 FC Smoothies with Eric 2:00 SL Pool 3:00 AR Galentines Day (Sign Up)	9:15 FC Stretch & Relax 10:30 P Water Aerobics 1:30 AR Brain Health with Dave Parks (Sign Up) 1:30 3D Choir Practice 2:00 SL Pool 3:15 DH Happy Hour on the go 1st & 3rd Floor 3:30 M Happy Hour on the go 2nd Floor 3:45 SL Happy Hour on te go 4th Floor	National Wear Red Day 5 8:30 FC Group Walk around the Community 9:15 FC Sit and Be Fit 10:00 M Blood Pressure Check 10:30 AR Resident Led Bible Study 1:00 M A Land of Hope Presentation (Sign Up) 2:00 DH Bingo 2:00 SL Pool 3:00 CL Cookies to go 3:30 FC Line Dancing with Judy (Sign Up)	11:00 AR Crossword/ Word Search 2:00 AR Adult Coloring 4:00 M Ladies' Visiting Group 5:00 SL Ping - Pong
7 1:00 3D Church Service 2:00 AR Adult Coloring 3:30 AR Crossword/ Word Search 4:30 SL Pool, Darts, Shuffleboard, Ping-Pong	8:30 FC Group Walk around the Community 8:30 AR Podiatry Visit (Sign Up) 9:15 FC Sit and Be Fit 10:00 GL Blood Pressure Check 10:00 SD Choir Practice 12:30 M Movie & Popcorn 2:00 GS Free Hearing Clinic with Dr. Amy (Sign Up) 2:00 AR Healing Heart Meditation with Eric 2:00 SL Pool 3:00 DH Trivia with Eric (Sign Up) 4:30 AR Residents' Council Meeting	9:15 FC Stretch & Relax 10:30 P Water Aerobics 1:00 M A Land of Hope Presentation (Sign Up) 2:00 AR Adult Coloring 2:00 FC Afternoon Fitness with Eric 2:00 SL Pool 4:30 DH Valentine's Dinner \$20 (Sign Up at the Concierge Desk)	8:30 FC Group Walk around the Community 9:15 FC Sit and Be Fit 10:00 Trip: North East Mall (Sign Up) ★ 10:30 AR Healthy Heart Talk with Eric (Sign Up) 2:00 SL Pool 3:00 AR Galentines Day (Sign Up)	9:15 FC Stretch & Relax 10:00 AR Let's Plant Flowers (Sign Up) 10:30 P Water Aerobics 1:30 AR Art Class with Charice (Sign Up) 1:30 3D Choir Practice 2:00 FC Mind Fit with Eric 2:00 SL Pool 3:15 DH Happy Hour on the go 1st & 3rd Floor 3:30 M Happy Hour on the go 2nd Floor 3:45 SL Happy Hour on te go 4th Floor	8:30 FC Group Walk around the Community 9:15 FC Sit and Be Fit 10:00 M Blood Pressure Check 10:00 CL Men's Meet & Greet Coffee & Donuts 10:30 AR Resident Led Bible Study 1:00 M A Land of Hope Presentation (Sign Up) 2:00 DH Bingo 2:00 SL Pool 3:00 CL Cookies to go 3:30 DH Health Talk with Discovery at Home 3:30 FC Line Dancing with Judy (Sign Up)	10:30 DH Brunch (Sign Up at the Concierge Desk) 11:00 AR Crossword/ Word Searce 2:00 AR Adult Coloring 4:00 M Ladies' Visiting Group 5:00 SL Ping - Pong
/alentine's Day 14 1:00 3D Church Service 2:00 AR Adult Coloring 3:30 AR Crossword/ Word Search 3:30 Pick Up a Sweet Treat from the Concierge Desk 4:30 SL Pool, Darts, Shuffleboard, Ping-Pong	8:30 FC Group Walk around the Community 9:15 FC Sit and Be Fit 10:00 CL Blood Pressure Check 10:00 3D Choir Practice 10:00 AR Get to know me board (Sign Up) Bring Pictures 12:30 M Movie & Popcorn 2:00 FC Better Balance with Eric 2:00 SL Pool 3:00 DH Craig Murphy (Sign Up)	9:15 FC Stretch & Relax 10:00 AR Tell me something good (Sign Up) 10:30 P Water Aerobics 1:00 A A Land of Hope Presentation (Sign Up) 2:00 AR Adult Coloring 2:00 FC Afternoon Fitness with Eric 2:00 SL Pool 3:00 M Make a new friend cookies & punch (Sign Up) 4:30 DH Chicken & Waffles Dinner (Sign Up at the Concierge Desk)	8:30 FC Group Walk around the Community 9:15 FC Sit and Be Fit 10:00 FC Get to know your Gym 11:00 Lunch Trip: Babe's Chicken (Sign Up)★ 2:00 SL Pool 3:00 DH Celebration with Discovery at Home & Overture (Sign Up)	9:15 FC Stretch & Relax 10:00 AR Painting with Anita (Sign Up) 10:30 P Water Aerobics 1:00 AR Tasting Dark Chocolate & Red Wine (Sign Up) 1:30 3D Choir Practice 2:00 FC Mind Fit with Eric 2:00 SL Pool 3:15 DH Happy Hour on the go 1st & 3rd Floor 3:30 M Happy Hour on the go 2nd Floor 3:45 SL Happy Hour on te go 4th Floor	8:30 FC Group Walk around the Community 9:15 FC Sit and Be Fit 10:00 M Blood Pressure Check 10:30 AR Resident Led Bible Study 1:00 M A Land of Hope Presentation (Sign Up) 2:00 DH Bingo 2:00 SL Pool 3:00 CL Cookies to go 3:30 FC Line Dancing with Judy (Sign Up)	11:00 AR Crossword/ Word Search 2:00 AR Adult Coloring 4:00 M Ladies' Visiting Group 5:00 SL Ping - Pong
3:30 AR Crossword/ Word Search 4:30 SL Pool, Darts, Shuffleboard,	8:30 FC Group Walk around the Community 9:15 FC Sit and Be Fit 10:00 CL Blood Pressure Check 10:00 AR New Resident Orientation 12:30 M Movie & Popcorn 2:00 FC Better Balance with Eric 2:00 SL Pool 3:00 DH Birthday Celebration	9:15 FC Stretch & Relax 10:00 AB 5 Prize Bingo (Sign Up) 10:30 P Water Aerobics 1:00 MA A Land of Hope Presentation (Sign Up) 2:00 AB Adult Coloring 2:00 FC Afternoon Fitness with Eric 2:00 SL Pool 3:00 AB 5 Prize Bingo (Sign Up) 3:00 MD Discovery Village Book Club Meeting My Dear Hamilton: A Novel of Eliza Schuyler Hamilton 4:30 DH Italian Dinner (Sign Up at the Concierge Desk)	24 8:30 FC Group Walk around the Community 9:15 FC Sit and Be Fit 11:00 Lunch Trip: Babe's Chicken (Sign Up)★ 1:00 AR Knotted Blankets for the Dog Shelter 2:00 FC Drum Cardio 2:00 SL Pool 3:00 DH Men's Happy Hour (Sign Up)	8:00 AR Free Table Thursday 9:15 FC Stretch & Relax 10:30 P Water Aerobics 1:30 3D Choir Practice 2:00 FC Mind Fit with Eric 2:00 SL Pool 3:15 DH Happy Hour on the go 1st & 3rd Floor 3:30 M Happy Hour on the go 2nd Floor 3:45 SL Happy Hour on te go 4th Floor	8:30 FC Group Walk around the Community 9:15 FC Sit and Be Fit 10:00 M Blood Pressure Check 10:00 DH Town Hall Meeting 1st & 3rd Floor 10:30 AR Resident Led Bible Study 1:00 M A Land of Hope Presentation (Sign Up) 2:00 DH Bingo 2:00 SL Pool 3:00 CL Cookies to go 3:30 DH Town Hall Meeting 2nd & 4th Floor	11:00 AR Crossword/ Word Sear 2:00 AR Adult Coloring 4:00 M Ladies' Visiting Group 5:00 SL Ping - Pong
9:30 CL Coffee & Morning Chat with Anita 1:00 3D Church Service 1:00 M Movie & Popcorn 2:00 AR Adult Coloring 3:30 AR Crossword/ Word Search 4:30 SL Pool, Darts, Shuffleboard,			Happy Valentine's Day		always be kind:)	



February 2021



By Discovery Senior Livi	ng					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities are subject to change without notice. Outdoor activities are weather permitting.	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 2:30 Pool Noodle Fishing / Checkers 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Game	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 2:30 Chair Dancing 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Game	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 2:30 Bistro Walk 3:00 Bistro Treat w/ AL 6:00 Movie/Resident Choice Game	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 1:30 Hymn Sing a Long w/ AL 2:30 Creation Station 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Game	National Wear Red Day 5 9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Gaine	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 11:00 Finish the Phrase 1:00 Resident Choice Game 2:00 Snack 2:30 Movie 3:00 Music Time / Trivia
puper Bowl 7 9:00 Walking Club/Chair Exercise 0:00 Church Services on TV 1:00 Gospel Sing a Long 1:00 Bend & Stretch 2:30 Movie 3:00 Music Time / Trivia 5:30 Super Bowl	Happy Birthday Betty 9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 2:30 Pool Noodle Fishing / Checkers 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Game	National Pizza Day 9 9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 2:30 Chair Dancing 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Game	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 2:30 Bistro Walk 3:00 Bistro Treat w/ AL 6:00 Movic/Resident Choice Game	9:00 / Walking Club/Chair Exercise 10:00 / Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 1:30 Hymn Sing a Long w/ AL 2:30 Valentine's Celebration 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Game	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Game	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 11:00 Finish the Phrase 1:00 Resident Choice Game 2:00 Snack 2:30 Movie 3:00 Music Time / Trivia
lentine's Day Walking Club/Chair Exercise Church Services on TV Gospel Sing a Long Gospel Sing a Long Movie Movie Music Time / Trivia	Presidents Day 15 9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 2:30 Pool Noodle Fishing / Checkers 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Game	9:00 Walking Club/Chair Exercise 10:00 Snack & Chai 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Srain Games	Ash Wedriesday 9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 2:30 Bistro Walk 3:00 Bistro Treat w/ AL 6:00 Movie/Resident Choice Game	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals /1:00 Chicken Soup For The Soul 1:00 Brain Games 1:30 Hymn Sing a Long w/ AL 2:30 Creation Station 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Game	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Game	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 11:00 Finish the Phrase 1:00 Resident Choice Gam 2:00 Snack 2:30 Movie 3:00 Music Time / Trivia
21 2:00 Walking Club/Chair Exercise 2:00 Church Services on TV 2:00 Gospel Sing a Long 2:00 Bend & Stretch 2:30 Movie 3:00 Music Time / Trivia	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 2:30 Pool Noodle Fishing / Checkers 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Game	9:00 Walking Club/Chair Exercise 10:00 Snack & Chai 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games	4	Happy Birthday Jeannette 25 9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 1:30 Hymn Sing a Long w/ AL 2:30 Creation Station 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Game	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 10:30 Devotionals 11:00 Chicken Soup For The Soul 1:00 Brain Games 3:00 Music Time / Trivia 6:00 Movie/Resident Choice Game	9:00 Walking Club/Chair Exercise 10:00 Snack & Chat 11:00 Finish the Phrase 1:00 Resident Choice Ga 2:00 Snack 2:30 Movie
Diden Globe Awards 28 2:00 Walking Club/Chair Exercise 2:00 Church Services on TV 2:00 Gospel Sing a Long 2:00 Bend & Stretch 2:30 Movie				Happy Dalentine's	SMARDI (GRAS)	Black History Month

CELEBRATE