



# February 2021

- LB** Legends Bar (FL1)
- F** Fitness Center (FL2)
- DZ** Dz Media Ctr.(FL3)
- C** Creative Studio (FL3)
- SC** Silver Cinema (FL3)
- G** Lucky's Games (FL3)
- BR** Ballroom (FL4)
- OP** Off Property (Lobby)
- O** Outside
- L** Lobby (FL1)
- P** Pool
- CC** Community Channel
- WH** Wellness Hub
- Arts & Crafts**
- ✓** Sign-Up Required
- ♣** Resident Led Activity
- ☆** Jewish
- ♥** Fitness
- †** Faith

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>February Is.....</b> Black History Month National Heart Month National Embroidery Month National Self Check Month	<b>1</b> 9:45 <b>LB</b> Morning Motivation 10:00 <b>BR</b> Tai Chi with Debbie ♥ 10:45 <b>BR</b> Video Chair Tai Chi ♥ 12:00 <b>SC</b> Movie Repeat 12:30 <b>BR</b> Video Mid-day Meditation ♥ 1:30 <b>BR</b> Bridge♣ 2:00 <b>C</b> Art Club♣ 3:00 <b>WH</b> Virtual Reality Extravaganza ✓ 4:00 <b>LB</b> Party Games 7:30 <b>SC</b> Music Movie	<b>2</b> <b>Ground Hog Day</b> 9:00 <b>BR</b> Parkinson's Network Fitness ♥ 10:00 <b>BR</b> "Rock Band" Workout with Keisha ♥ 10:30 <b>BR</b> "Rock Band" Workout with Keisha ♥ 12:00 <b>SC</b> Movie Repeat 12:30 <b>BR</b> Video Pilates for Arthritis ♥ 1:30 <b>G</b> Hand & Foot♣ 3:00 <b>SC</b> Discovery Talks ✓ 7:30 <b>SC</b> Action Movie	<b>3</b> 9:30 <b>BR</b> Silver Sneakers with Sharon ♥ 12:00 <b>SC</b> Movie Repeat 12:45 <b>BR</b> Fit and Fun ♥ 1:00 <b>OP</b> Grocery Trip ✓ 1:00 <b>BR</b> Zumba Gold ♥ 2:00 <b>P</b> Aquacize with Andrea ♥ 2:00 <b>BR</b> Scripture Study♣ 6:30 <b>CC</b> Expository Bible Study† 7:30 <b>SC</b> Western or Village Vote Movie	<b>4</b> 9:15 <b>BR</b> Video Floor Yoga Mat ♥ 10:00 <b>BR</b> Chair Yoga with Shelly ♥ 12:00 <b>SC</b> Movie Repeat 12:45 <b>BR</b> Fit and Fun with Keisha ♥ 1:00 <b>L</b> Shopping Trip ✓ 2:00 <b>C</b> Bible Fellowship♣ 2:30 <b>BR</b> Get Strong with Keisha ♥ 4:00 <b>LB</b> Trivia Thursday 7:30 <b>SC</b> Comedy Movie	<b>5</b> <b>National Wear Red Day</b> 8:00 <b>O</b> Walking Club ♥ 10:00 <b>P</b> Aquacize with Andrea ♥ 12:00 <b>SC</b> Movie Repeat 12:00 <b>BR</b> Video Core & Balance ♥ 1:30 <b>BR</b> Bridge♣ 2:00 <b>G</b> Bingo Bash 2:30 <b>F</b> HÜR Class with Keisha ♥ 4:00 <b>LB</b> Social Hour: Memory Games 7:30 <b>SC</b> Friday Night Flicks	<b>6</b> 8:00 <b>CC</b> Shabbat Service☆ 10:00 <b>BR</b> Video Fitness with Friends ♥ 10:30 <b>C</b> Crafter's Corner♣ 12:00 <b>SC</b> Movie Repeat 1:00 <b>G</b> Spades♣ 1:30 <b>BR</b> Mexican Train♣ 6:45 <b>G</b> Hand & Foot♣ 7:30 <b>SC</b> Classic Movie
<b>7</b> 8:00 <b>CC</b> Sunday In Touch† 9:00 <b>CC</b> Baptist Church† 10:00 <b>CC</b> Catholic Mass† 10:00 <b>L</b> Study the Word with Virginia Ann♣ 11:00 <b>BR</b> Worship♣ 3:00 <b>SC</b> Sunday Matinee 7:00 <b>CC</b> Veteran Observance	<b>8</b> 9:45 <b>LB</b> Morning Motivation 10:00 <b>BR</b> Tai Chi with Debbie ♥ 10:45 <b>BR</b> Video Chair Tai Chi ♥ 12:00 <b>SC</b> Movie Repeat 12:30 <b>BR</b> Video Mid-day Meditation ♥ 1:30 <b>BR</b> Bridge♣ 3:00 <b>WH</b> Virtual Reality Extravaganza ✓ 4:00 <b>LB</b> Party Games 7:30 <b>SC</b> Music Movie	<b>9</b> <b>National Pizza Day</b> 9:00 <b>BR</b> Parkinson's Network Fitness ♥ 10:00 <b>BR</b> "Rock Band" Workout with Keisha ♥ 10:30 <b>BR</b> "Rock Band" Workout with Keisha ♥ 12:00 <b>SC</b> Movie Repeat 12:30 <b>BR</b> Video Pilates for Arthritis ♥ 1:30 <b>G</b> Hand & Foot♣ 3:00 <b>SC</b> Discovery Talks ✓ 7:00 <b>DZ</b> Book Club ✓ 7:30 <b>SC</b> Action Movie	<b>10</b> 9:30 <b>BR</b> Silver Sneakers with Sharon ♥ 12:00 <b>SC</b> Movie Repeat 12:45 <b>BR</b> Fit and Fun ♥ 1:00 <b>OP</b> Grocery Trip ✓ 1:00 <b>BR</b> Zumba Gold ♥ 2:00 <b>P</b> Aquacize with Andrea ♥ 2:00 <b>BR</b> Scripture Study♣ 6:30 <b>CC</b> Expository Bible Study† 7:30 <b>SC</b> Western or Village Vote Movie	<b>11</b> 9:15 <b>BR</b> Video Floor Yoga Mat ♥ 10:00 <b>BR</b> Chair Yoga with Shelly ♥ 12:00 <b>SC</b> Movie Repeat 12:45 <b>BR</b> Fit and Fun with Keisha ♥ 1:00 <b>L</b> Shopping Trip ✓ 2:00 <b>C</b> Bible Fellowship♣ 2:30 <b>BR</b> Get Strong with Keisha ♥ 4:00 <b>LB</b> Trivia Thursday 7:30 <b>SC</b> Comedy Movie	<b>12</b> 8:00 <b>O</b> Walking Club ♥ 10:00 <b>P</b> Aquacize with Andrea ♥ 12:00 <b>SC</b> Movie Repeat 12:00 <b>BR</b> Video Core & Balance ♥ 1:30 <b>BR</b> Bridge♣ 2:00 <b>G</b> Bingo Bash 2:30 <b>F</b> HÜR Class with Keisha ♥ 4:00 <b>LB</b> Social Hour: Memory Games 7:30 <b>SC</b> Friday Night Flicks	<b>13</b> <b>Galentine's Day</b> 8:00 <b>CC</b> Shabbat Service☆ 10:00 <b>BR</b> Video Fitness with Friends ♥ 12:00 <b>SC</b> Movie Repeat 1:00 <b>G</b> Spades♣ 1:30 <b>BR</b> Mexican Train♣ 6:45 <b>G</b> Hand & Foot♣ 7:30 <b>SC</b> Classic Movie
<b>14</b> <b>Valentine's Day</b> 8:00 <b>CC</b> Sunday In Touch† 9:00 <b>CC</b> Baptist Church† 10:00 <b>CC</b> Catholic Mass† 10:00 <b>L</b> Study the Word with Virginia Ann♣ 11:00 <b>BR</b> Worship♣ 3:00 <b>SC</b> Sunday Matinee 7:00 <b>CC</b> Veteran Observance	<b>15</b> <b>Presidents Day</b> 9:45 <b>LB</b> Morning Motivation 10:00 <b>BR</b> Tai Chi with Debbie ♥ 10:45 <b>BR</b> Video Chair Tai Chi ♥ 12:00 <b>SC</b> Movie Repeat 12:30 <b>BR</b> Video Mid-day Meditation ♥ 1:30 <b>BR</b> Bridge♣ 2:00 <b>C</b> Art Club♣ 3:00 <b>WH</b> Virtual Reality Extravaganza ✓ 4:00 <b>LB</b> Party Games 7:30 <b>SC</b> Music Movie	<b>16</b> 9:00 <b>BR</b> Parkinson's Network Fitness ♥ 10:00 <b>BR</b> "Rock Band" Workout with Keisha ♥ 10:30 <b>BR</b> "Rock Band" Workout with Keisha ♥ 12:00 <b>SC</b> Movie Repeat 12:30 <b>BR</b> Video Pilates for Arthritis ♥ 1:30 <b>G</b> Hand & Foot♣ 3:00 <b>SC</b> Discovery Talks ✓ 7:30 <b>SC</b> Action Movie	<b>17</b> 9:30 <b>BR</b> Silver Sneakers with Sharon ♥ 12:00 <b>SC</b> Movie Repeat 12:45 <b>BR</b> Fit and Fun ♥ 1:00 <b>OP</b> Grocery Trip ✓ 1:00 <b>BR</b> Zumba Gold ♥ 2:00 <b>P</b> Aquacize with Andrea ♥ 2:00 <b>BR</b> Scripture Study♣ 6:30 <b>CC</b> Expository Bible Study† 7:30 <b>SC</b> Western or Village Vote Movie	<b>18</b> 9:15 <b>BR</b> Video Floor Yoga Mat ♥ 10:00 <b>BR</b> Chair Yoga with Shelly ♥ 11:00 <b>O</b> Food Truck Date 12:00 <b>SC</b> Movie Repeat 12:45 <b>BR</b> Fit and Fun with Keisha ♥ 1:00 <b>L</b> Shopping Trip ✓ 2:00 <b>C</b> Bible Fellowship♣ 2:30 <b>BR</b> Get Strong with Keisha ♥ 4:00 <b>LB</b> Trivia Thursday 7:30 <b>SC</b> Comedy Movie	<b>19</b> 8:00 <b>O</b> Walking Club ♥ 10:00 <b>P</b> Aquacize with Andrea ♥ 12:00 <b>SC</b> Movie Repeat 12:00 <b>BR</b> Video Core & Balance ♥ 1:30 <b>BR</b> Bridge♣ 2:00 <b>G</b> Bingo Bash 2:30 <b>F</b> HÜR Class with Keisha ♥ 4:00 <b>LB</b> Social Hour: Memory Games 7:30 <b>SC</b> Friday Night Flicks	<b>20</b> 8:00 <b>CC</b> Shabbat Service☆ 10:00 <b>BR</b> Video Fitness with Friends ♥ 10:30 <b>C</b> Crafter's Corner♣ 12:00 <b>SC</b> Movie Repeat 1:00 <b>G</b> Spades♣ 1:30 <b>BR</b> Mexican Train♣ 6:45 <b>G</b> Hand & Foot♣ 7:30 <b>SC</b> Classic Movie
<b>21</b> 8:00 <b>CC</b> Sunday In Touch† 9:00 <b>CC</b> Baptist Church† 10:00 <b>CC</b> Catholic Mass† 10:00 <b>L</b> Study the Word with Virginia Ann♣ 11:00 <b>BR</b> Worship♣ 3:00 <b>SC</b> Sunday Matinee 7:00 <b>CC</b> Veteran Observance	<b>22</b> 9:45 <b>LB</b> Morning Motivation 10:00 <b>BR</b> Tai Chi with Debbie ♥ 10:45 <b>BR</b> Video Chair Tai Chi ♥ 12:00 <b>SC</b> Movie Repeat 12:30 <b>BR</b> Video Mid-day Meditation ♥ 1:30 <b>BR</b> Bridge♣ 3:00 <b>WH</b> Virtual Reality Extravaganza ✓ 4:00 <b>LB</b> Party Games 7:30 <b>SC</b> Music Movie	<b>23</b> 9:00 <b>BR</b> Parkinson's Network Fitness ♥ 10:00 <b>BR</b> "Rock Band" Workout with Keisha ♥ 10:30 <b>BR</b> "Rock Band" Workout with Keisha ♥ 12:00 <b>SC</b> Movie Repeat 12:30 <b>BR</b> Video Pilates for Arthritis ♥ 1:30 <b>G</b> Hand & Foot♣ 3:00 <b>SC</b> Discovery Talks ✓ 7:30 <b>SC</b> Action Movie	<b>24</b> 9:30 <b>BR</b> Silver Sneakers with Sharon ♥ 12:00 <b>SC</b> Movie Repeat 12:45 <b>BR</b> Fit and Fun ♥ 1:00 <b>OP</b> Grocery Trip ✓ 1:00 <b>BR</b> Zumba Gold ♥ 2:00 <b>P</b> Aquacize with Andrea ♥ 2:00 <b>BR</b> Scripture Study♣ 6:30 <b>CC</b> Expository Bible Study† 7:30 <b>SC</b> Western or Village Vote Movie	<b>25</b> 9:15 <b>BR</b> Video Floor Yoga Mat ♥ 10:00 <b>BR</b> Chair Yoga with Shelly ♥ 12:00 <b>SC</b> Movie Repeat 12:45 <b>BR</b> Fit and Fun with Keisha ♥ 1:00 <b>L</b> Shopping Trip ✓ 2:00 <b>C</b> Bible Fellowship♣ 2:30 <b>BR</b> Get Strong with Keisha ♥ 4:00 <b>LB</b> Trivia Thursday 7:30 <b>SC</b> Comedy Movie	<b>26</b> <b>National Chili Day</b> 8:00 <b>O</b> Walking Club ♥ 10:00 <b>P</b> Aquacize with Andrea ♥ 12:00 <b>SC</b> Movie Repeat 12:00 <b>BR</b> Video Core & Balance ♥ 1:30 <b>BR</b> Bridge♣ 2:00 <b>G</b> Bingo Bash 2:30 <b>F</b> HÜR Class with Keisha ♥ 4:00 <b>LB</b> Social Hour: Memory Games 7:30 <b>SC</b> Friday Night Flicks	<b>27</b> 8:00 <b>CC</b> Shabbat Service☆ 10:00 <b>BR</b> Video Fitness with Friends ♥ 12:00 <b>SC</b> Movie Repeat 1:00 <b>G</b> Spades♣ 1:30 <b>BR</b> Mexican Train♣ 6:45 <b>G</b> Hand & Foot♣ 7:30 <b>SC</b> Classic Movie
<b>28</b> 8:00 <b>CC</b> Sunday In Touch† 9:00 <b>CC</b> Baptist Church† 10:00 <b>CC</b> Catholic Mass† 10:00 <b>L</b> Study the Word with Virginia Ann♣ 11:00 <b>BR</b> Worship♣ 3:00 <b>SC</b> Sunday Matinee 7:00 <b>CC</b> Veteran Observance					<b>Fitness Room/Session Protocol</b> Keep social distance (6 feet) Be mindful & respectful of group gathering number limit Disinfect equipment before and after us Fit Camp Hours M-F, 8 am -4 pm	<b>Calendar Is Subject to Changes</b> Watch Community Channel 1390 or consult the Community App for current information. Social distancing, masks & sanitizing are essential for the safest environment. Thanks for doing your part.