



# May 2021

- LB Legends Bar
- AR Activity Room
- WL Windhaven Lobby
- Ⓞ Outings
- T Theatre
- DR Sensations Dining Room
- New Time
- ♥ Dimension of Wellness
- B Bailey's Bistro
- GB Grande Ballroom
- ★ Special Event
- ✓ Resident Led Activity
- FC Fitness Center 3
- CR Card Room
- ✓ Resident Led Activity
- New Activity
- WC Wellness Center 1
- P Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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10:00 LB Technology Troubleshooting--10-11:30  
Advance sign up required

11:00 T Matinee Movie

3:00 LB Cinco de Mayo Parking Lot Dance Party ♥

3:00 CR Rummikub ✓

5:15 LB Kentucky Derby Watch Party ★

11:00 T Matinee Movie

11:30 LB Speaker-Oral Health

1:00 LB Left, Center, Right ■

3:00 LB Balance and Brain Boosters ♥

3:00 CR Rummikub ✓

4:00 LB Social Hour--bring your own food and drinks ✓

11:00 T Matinee Movie

12:00 LB Meditation ♥

1:00 LB Left, Center, Right ■

3:00 LB Balance and Brain Boosters ♥

3:00 CR Rummikub ✓

4:00 LB Social Hour--bring your own food and drinks ✓

11:00 T Matinee Movie

1:00 B Harris Jewelry Repair 1-1:45 ●

1:00 LB Left, Center, Right ■

2:00 LB Old Time Gospel Hour with Andy Guarino ★

3:00 LB Balance and Brain Boosters ♥

3:00 CR Rummikub ✓

4:00 LB Social Hour--bring your own food and drinks ✓

11:00 T Matinee Movie

1:00 LB Left, Center, Right ■

3:00 LB Balance and Brain Boosters ♥

3:00 CR Rummikub ✓

4:00 LB Social Hour--bring your own food and drinks ✓

10:45 AR Men's Bible Study ✓

11:00 LB Speaker-Cybersecurity

1:00 CR Bridge ✓

1:30 LB Genealogy ✓

2:00 WC Blood Pressure Check with Discovery at Home ●

2:00 GB Speaker Barbara Blachly -- Laughter is the Best Medicine ♥

3:00 FC Tai Chi with Susan ♥

3:30 CR Scrabble ✓

4:00 LB Trivia Happy Hour ♥

5:30 CR Phase 10 ✓

10:45 AR Men's Bible Study ✓

1:00 CR Bridge ✓

1:30 LB Genealogy ✓

2:00 WC Blood Pressure Check with Discovery at Home ●

3:00 FC Tai Chi with Susan ♥

3:30 CR Scrabble ✓

4:00 LB Trivia Happy Hour ♥

5:30 CR Phase 10 ✓

10:45 AR Men's Bible Study ✓

1:00 CR Bridge ✓

1:30 LB Genealogy ✓

2:00 WC Blood Pressure Check with Discovery at Home ●

3:00 LB Discovery AT Home: Speaker--High Blooded Pressure-Pizza provided ■

3:00 FC Tai Chi with Susan ♥

3:30 CR Scrabble ✓

4:00 LB Trivia Happy Hour ♥

4:30 WL Sunset Cruise on Lake Lewisville--\$20 per person-advance registration required ♥

5:30 CR Phase 10 ✓

10:45 AR Men's Bible Study ✓

1:00 CR Bridge ✓

1:30 LB Genealogy ✓

2:00 WC Blood Pressure Check with Discovery at Home ●

2:00 P Memorial Day Corn Hole Event ★

2:00 Staff out of the Building-Concierge will be the only staff member in the building

3:00 FC Tai Chi with Susan ♥

3:30 CR Scrabble ✓

5:30 CR Phase 10 ✓

1:15 GB Chair Yoga ♥

2:30 LB Ambassador's Meeting/New Resident Orientation ●

3:30 LB Speaker Monique Valdez from Oak Street Health Primary Care Group-- snacks provided. ♥

4:00 LB Resident Social-bar open ♥

4:00 LB Wine Tasting with Frank ♥

5:30 CR Rummikub ✓

1:15 GB Chair Yoga ♥

2:00 AR Mother's Day Craft with Cher ■

3:30 LB Birthday Party-cupcakes and ice cream ★

4:00 LB Resident Social-bar open ♥

5:30 CR Rummikub ✓

1:15 GB Chair Yoga ♥

2:00 B Speaker-Audiologist Dr. Stewart ♥

3:30 LB Speaker Kevin Bates from Medical Alert Southwest & snacks ■

4:00 LB Special Entertainment-Brad Ackland and Ruby Weston ♥

5:30 CR Rummikub ✓

1:15 GB Chair Yoga ♥

2:00 AR Zentangles --the art of Doodling ■

4:00 WL Dinner at Angelina's Mexican Restaurant 🚗

4:00 LB Resident Social-bar open ♥

5:30 CR Rummikub ✓

11:00 LB Men's Coffee Talk ✓

1:00 CR Bridge ✓

1:15 GB Chair Zumba ♥

1:30 AR Bunco ✓

2:30 CR My Story in My Words -- Memory writing ✓

3:00 AR Card Game Jokers Wild ✓

5:30 CR Mexican Train ✓

11:00 LB Men's Coffee Talk ✓

1:00 CR Bridge ✓

1:15 GB Chair Zumba ♥

1:30 AR Bunco ✓

3:00 AR Card Game Jokers Wild ✓

3:30 GB Healing Hearts Grief Support Group ♥

5:30 CR Mexican Train ✓

10:00 CR Discovery's Book Club ✓

11:00 LB Men's Coffee Talk ✓

1:00 CR Bridge ✓

1:15 GB Chair Zumba ♥

1:30 AR Bunco ✓

2:30 CR My Story in My Words -- Memory writing ✓

3:00 AR Card Game Jokers Wild ✓

3:00 LB Speaker-Exercise and Mood ♥

5:30 CR Mexican Train ✓

11:00 LB Men's Coffee Talk ✓

1:00 LB Interest Meeting-Volunteering for Science Buddies ♥

1:15 GB Chair Zumba ♥

1:30 AR Bunco ✓

**Memorial Day**

11:00 LB Men's Coffee Talk ✓

1:00 CR Bridge ✓

1:30 AR Bunco ✓

3:00 AR Card Game Jokers Wild ✓

5:30 CR Mexican Train ✓

11:00 GB Worship Service ✓

2:00 LB Manager on Duty Ice Cream Social ♥

2:30 LB Classic Movie Day-check movie calendar for Title ■

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2:30 LB Classic Movie Day-check movie calendar for Title ■