KC-999 - Discovery Village Assisted Living and Memory Care at Alliance Town Center - Issue: 11/01/21 Viewed: 10/16/21 L S C O V E R Y VI L L A G E

## November 2021

<sup>7</sup>AT ALLIANCE TOWN CENTER By Discovery Senior Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Guidelines: Activities are subject to change at anytime. All activities are weather permitting. Please sign up for any outings at least a week before to save your spot.	1 10:00 AR Hats Knitting For Babies With Hilda 10:30 MR Ball Drumming Exercise 11:00 BB Funny Church and Synagogue Signs 1:30 CR Mexican Train Domino Or Dominos 2:30 CY Crochet in The Courtyard Weather Permit 3:30 BB Tea Social	2 9:30 AR Giving and Kindness Trivia 10:00 AR Crafty Tuesday 10:30 MR Sit & Be Fit 1:00 AR Thankful Tree Decorating 2:00 AR Chair Volley Ball 3:00 BB Happy Hour 6:00 AR Game Night	3 9:30 AR Random Act's Of Kindness Jar 10:00 O Walmart Outing 10:30 MR Chair Yoga 1:00 LS Book Club 1:30 AR Quarter Bingo 2:30 CY Putt Putt Golf in The Courtyard 3:00 BB Hot Chocolate Bar 6:00 AR Game Night	4 9:30 AR Reflections on Kindness Study 10:30 MR Chair Exercise With Legacy 11:00 AR Keep Paying It Forward 1:00 CY Horse Shoes & Cornhole 1:30 MR Hymns and Devotion With Mindy 2:30 CR L-R-C 4:00 BB Happy Hour Entertainment By Paul Anderson	5 10:00 CY Poems On the Patio 10:30 MR Chair Exercise 11:00 AR Who Am I? 1:30 CR Skip-Bo 2:30 MR Ball Drumming Class 3:00 BB Moctails Hour 6:00 MR Friday Night Movie & Popcorn	6 10:30 MR New York City from Expoza Travel Can You Guess the Country by Its Shape 2:00 MR Movie Classic Matinee' and Popcorn 2:30 CY Roasted Marshmallows by the Fire 3:00 AR Scrabble/Card Games
12:00 LS Football Watch Party Broncos VS Cowboys 1:30 CR Board Games 2:00 CY Corn Hole In The Courtyard 3:00 MR Church Service	<ul> <li>7 Mary S. Birthday 8</li> <li>10:00 AR Hats Knitting For Babies With Hilda</li> <li>10:30 MR Ball Drumming Exercise</li> <li>11:00 AR Brain Teasers</li> <li>1:00 AR Activity Planning Meeting</li> <li>1:30 CR Mexican Train Domino Or Dominos</li> <li>1:30 CY Planting Pansies</li> <li>2:30 CY Crochet in The Courtyard Weather Permit</li> <li>3:30 BB Tea Social</li> </ul>	9 9:30 AR Modern Jeopardy Trivia 10:00 AR Crafty Tuesday 10:30 MR Catholic Communion 10:30 MR Sit & Be Fit 1:30 AR Dementia Awareness Talk W/Legacy 2:00 AR Chair Volley Ball 3:00 BB Happy Hour 6:00 AR Game Night	10 9:30 AB Random Act's Of Kindness Jar 10:00 O Train Ride Grapevine-Fortworth 10:30 MR Chair Yoga 1:00 LS IL Choir 1:30 AB Quarter Bingo 2:30 CY Putt Putt Golf in The Courtyard 3:00 BB Pie Tasting 6:00 AB Game Night	Veterans Day-Bruce R. & Glen H. 11 Birthday 9:30 AR Reflections on Kindness Study 9:30 AR Veterans Day Adult Coloring 10:00 AR Veterans Day History 10:30 MR Chair Exercise With Legacy 1:00 CY Horse Shoes & Cornhole 1:30 MR Hymns and Devotion With Mindy 2:30 CR L-R-C 2:30 BB Remember Out Veterans 3:00 BB Happy Hour Entertainment by Andy	12 10:00 CY Poems On the Patio 10:30 MR Chair Exercise 11:00 O Cracker Barrel Lunch Outing 11:00 AR Who Am I? 1:30 CR Skip-Bo 2:30 MR Ball Drumming Class 3:00 BB Wine Tasting With Chef Thomas 6:00 MR Friday Night Movie & Popcorn	13 10:30 MR New York City from Expoza Travel 1:30 Rummikub/Board Games 2:00 MR Movie Classic Matinee' and Popcorn 3:00 AR Scrabble/Card Games
14 12:00 LS Football Watch Party Falcons VS Cowboys 1:30 CR Board Games 2:00 CY Corn Hole In The Courtyard 3:00 MR Church Service	<ul> <li>Lindon's Birthday 15</li> <li>10:00 AF Blanket Making</li> <li>10:00 O Dollar Tree Outing</li> <li>10:30 MF Ball Drumming Exercise</li> <li>11:00 AF Brain Teasers</li> <li>1:30 CF Mexican Train Domino Or Dominos</li> <li>2:30 BB Baking Club-Bring Your Recipe</li> <li>2:30 CY Crochet in The Courtyard Weather Permit</li> <li>3:30 BB Tea Social</li> </ul>	16 9:00 AR Capture the "Turkey Bandit" 10:00 AR Crafty Tuesday 10:30 MR Sit & Be Fit 2:00 AR Chair Volley Ball 2:00 MR Food Committee Meeting 3:00 BB Happy Hour 6:00 AR Game Night	17 9:30 AR Random Act's Of Kindness Jar 10:00 O AA Museum Outing 10:30 MR Chair Yoga 1:00 LS Book Club 1:00 BB Turkey Toss 1:30 MR Residents Council Meeting 2:30 CY Putt Putt Golf in The Courtyard 3:00 BB Apple Cider Creations 6:00 AR Game Night	18 9:30 AR Random Trivia 9:30 AR Reflections on Kindness Study 10:00 BB An Old-Fashioned Thanksgiving By Louisa May Alcott 10:30 MR Chair Exercise With Legacy 1:00 CY Horse Shoes & Cornhole 1:30 MR Hymns and Devotion With Mindy 2:30 CR L-R-C 5:00 DR Thanksgiving Dinner	19 10:00 CY Poems On the Patio 10:30 MR Chair Exercise 11:00 AR Who Am I? 1:30 CR Skip-Bo 2:30 MR Ball Drumming Class 3:00 BB Moctails Hour 6:00 MR Friday Night Movie & Popcorn	20 10:30 MR Captivated by Costa Rica 1:30 Rummikub/Board Games 2:00 MR Movie Classic Matinee' and Popcorn 3:00 AR Scrabble/Card Games
2 <sup>-</sup> 1:30 CR Board Games 2:00 CY Corn Hole In The Courtyard 3:00 MR Church Service 3:30 LS Football Watch Party Cowboys Vs Chiefs	<ol> <li>22</li> <li>10:00 AR Hats Knitting For Babies With Hilda</li> <li>10:30 MR Ball Drumming Exercise</li> <li>11:00 AR Brain Teasers</li> <li>1:30 CR Mexican Train Domino Or Dominos</li> <li>2:30 CY Crochet in The Courtyard Weather Permit</li> <li>3:00 BB Make Your Own Fruit Creation</li> <li>3:30 BB Tea Social</li> </ol>	23 9:30 AR Jeopardy Trivia 10:00 AR Crafty Tuesday 10:30 MR Catholic Communion 10:30 MR Sit & Be Fit 1:30 AR Mind Fit Games With Legacy 2:00 AR Chair Volley Ball 3:00 BB Happy Hour 6:00 AR Game Night	24 9:00 BB Twas the night before Thanksgiving Poem 9:30 AR Random Act's Of Kindness Jar 10:00 O Target Outing 10:30 MR Chair Yoga 1:00 LS Book Club 1:30 AR Quarter Bingo 2:30 MR Macy's Thanksgiving Day Parade History 2:30 OY Putt Putt Golf in The Courtyard 6:00 AR Game Night	Thanksgiving258:00LSMacy's Day Parade9:30ARReflections on Kindness Study12:30LSBears VS Lions (FOX)1:30ARTag Tom the Turkey2:30MRL-R-C/ Thanksgiving Movie4:30LSRaiders VS Cowboys (CBS)8:20LSBuffalos VS Saints (NBC)	26 10:00 CY Poems On the Patio 10:30 MR Chair Exercise 11:00 AR Who Am I? 1:30 CR Skip-Bo 2:30 MR Ball Drumming Class 3:00 BB Moctails Hour 6:00 MR Friday Night Movie & Popcorn	27 10:30 MR National Geographic Expeditions 1:30 Rummikub/Board Games 2:00 MR Movie Classic Matinee' and Popcorn 3:00 BB Entertainment By Chris Journey 3:00 AR Scrabble/Card Games
28 12:00 LS Football Watch Party Steelers VS Bengals 1:30 CR Board Games 2:00 CY Corn Hole In The Courtyard 3:00 MR Church Service	<ul> <li>B 29</li> <li>10:00 AF Hats Knitting For Babies With Hilda</li> <li>10:30 MR Ball Drumming Exercise</li> <li>11:00 AR Brain Teasers</li> <li>1:30 CR Mexican Train Domino Or Dominos</li> <li>1:30 BB Resident's Monthly Birthday Party &amp; Entertainer by Norris Perry</li> <li>2:30 CY Crochet in The Courtyard Weather Permit</li> <li>3:30 BB Tea Social</li> </ul>	John A. Birthday309:30ARMore Jeopardy Trivia10:00ARCrafty Tuesday10:30MRSit & Be Fit2:00ARChair Volley Ball3:00BBHappy Hour6:00ARGame Night	GIVE Thanks	HAPPY VETERANS DAY	THANK YOU * FOR YOUR * SERVICE	

BB Bailey's Bistro DR Dining Room

AR Celebrations Activity Room CY Courtyard

MR Media Room

CR Card Room

LS Lounge Sitting Area Sign-Up Outing

JU-587 - Discovery Village at Alliance Town Center - Issue: 11/01/21



## November 2021

CY Courtyard (1st Floor) CL Coffee Lounge (1st Floor) DH Dining Hall (1st Floor) P Pool (1st Floor)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 112 1 2 3 8 7 6 5 Fall Back	1 8:45 CL Daily Devotion/ Prayer 9:15 FC Total Body Fitness 10:15 AR Writhing nice compliment about other residents we will put this in cubbys 10:30 GD Choir Practice 10:30 M Spinners Dominoes 1:00 M Movie Monday 1:30 GD Bridge 1:30 SL Chicken Foot 1:30 AR Family Feud 2:00 FC Moving for Better Balance 6:00 SL Poker Night	2 8:45 CL Daily Devotion/ Prayer 9:15 FC Stretch & Relax 10:15 AR 5 Prize Bingo (Sign Up) 10:30 P Water Aerobics 1:00 M Pinochle 2:00 AR Color by number 2:00 FC Fitness Express 3:00 AR 5 Prize Bingo (Sign Up) 4:30 DH Prime Rib Dinner (Sign Up at the Concierge Desk)	3 8:45 CL Daily Devotion/ Prayer 9:15 FC Total Body Fitness 10:15 AR Game: Headbanz 10:30 6th Floor Museum (Sign Up)★ 1:00 M Spinners Dominoes 1:30 3D Bridge 2:00 FC Moving for Better Balance 3:30 DH Couples Happy Hour	4 8:45 CL Daily Devotion/ Prayer 9:15 FC Stretch & Relax 10:30 P Water Aerobics 10:30 FC Yoga Class with Shelia 1:00 M Pinochle 1:30 M Game: Jokers Wild 1:30 AR Mary Kay Facial (Sign Up) 2:00 FC Fitness Express 3:30 DH Happy Hour Tina Thompson Live 6:00 SL Poker Night	5 8:45 CL Daily Devotion/ Prayer 9:15 FC Total Body Fitness 10:00 M Blood Pressure Check 10:30 M Photo Sharing (Bring Family Pictures) 10:30 AR Resident Led Bible Study 12:45 AR Mind Fit/ Lecture Act of Kindness 2:00 DH Bingo \$1 A Card 3:00 CL Cookies in the Cafe	6 9:30 SL Poker 10:00 3D Hillsdale College Classic Liberal Arts Series 10:30 P Water Volleyball 1:00 FC Indoor Group Walk around the community 1:30 3D Bridge 2:00 AR Color by number 4:00 M Evening Visiting Group 5:00 SL Ping - Pong
Daylight Saving Time Ends7	8	9		Veterans Day 11	12	13
<ul> <li>11:00 3D Church Service</li> <li>1:30 M Pinochle</li> <li>2:00 AR Adult Coloring</li> <li>2:30 M Spinners Dominoes</li> <li>3:30 AR Crossword/ Word Search</li> <li>4:00 FC Beanbag Baseball</li> <li>4:30 SL Pool, Darts, Shuffleboard, Ping-Pong</li> </ul>	8:45 CL Daily Devotion/ Prayer 9:15 CO Total Body Fitness 10:15 AR Making Greeting Cards 10:30 Choir Practice 10:30 M Spinners Dominoes 1:00 M Movie Monday 1:30 D Bridge 1:30 AR Family Feud 2:00 FF Free Hearing Clinic with Dr. Amy (Sign Up) 2:00 FC Moving for Better Balance 3:30 Andy Goin Live BYOB 6:00 SL Poker Night	<ul> <li>8:45 CL Daily Devotion/ Prayer</li> <li>9:15 FC Stretch &amp; Relax</li> <li>10:30 AR Catholic Communion (Sign Up)</li> <li>10:30 P Water Aerobics</li> <li>1:00 AR Making Thank You Cards for Veterans</li> <li>1:00 M Pinochle</li> <li>2:00 AR Color by number</li> <li>2:00 FC Fitness Express</li> <li>4:30 DH Mediterranean Dinner (Sign Up at the Concierge Desk)</li> <li>6:30 AR Residents' Council Meeting</li> </ul>	<ul> <li>8:45 CL Daily Devotion/ Prayer</li> <li>9:15 FC Walking the halls passing out greeting cards</li> <li>10:15 AR Rock Painting</li> <li>10:30 Montgomery Antique Mall (Sign Up)★</li> <li>10:30 FC Smoothies with Eric</li> <li>1:00 M Spinners Dominoes</li> <li>1:30 30 Bridge</li> <li>2:00 FC Moving for Better Balance</li> <li>3:00 DH Playing Board Games &amp; Cookies &amp; Hot Chocolate Social</li> </ul>	<ul> <li>7:30 CL Donuts &amp; Coffee for Veterans (Sign Up)</li> <li>8:45 CL Daily Devotion/ Prayer</li> <li>9:15 FC Stretch &amp; Relax</li> <li>10:15 AR Craft with Anita (Sign Up)</li> <li>10:30 P Water Aerobics</li> <li>1:00 M Pinochle</li> <li>1:30 M Game: Jokers Wild</li> <li>1:30 AR Painting with Charice (Sign Up)</li> <li>2:00 FC Fitness Express</li> <li>3:30 DH Happy Hour</li> <li>6:00 SL Poker Night</li> </ul>	<ul> <li>8:45 CL Daily Devotion/ Prayer</li> <li>9:15 FC Total Body Fitness</li> <li>10:00 M Blood Pressure Check</li> <li>10:30 M Photo Sharing (Bring Vacation Pictures)</li> <li>10:30 AR Resident Led Bible Study</li> <li>11:00 OD Veterans Program Sign Up at the Concierge Desk Veterans only</li> <li>12:45 AR Mind Fit</li> <li>2:00 DH Bingo \$1 A Card</li> <li>3:00 CL Cookies in the Cafe</li> <li>3:30 DH Health Talk with Discovery at Home</li> </ul>	<ul> <li>10:00 3D Hillsdale College Classic Liberal Arts Series</li> <li>10:30 DH Brunch (Sign Up at the Concierge Desk)</li> <li>10:30 P Water Volleyball</li> <li>12:30 SL Texas hold'em</li> <li>1:00 FC Indoor Group Walk around the community</li> <li>1:30 3D Bridge</li> <li>2:00 AR Color by number</li> <li>4:00 M Evening Visiting Group</li> <li>5:00 SL Ping - Pong</li> </ul>
14	15	16	17	18	Jersey Day! 19	5:00 SL Ping - Pong 20
<ul> <li>11:00 3D Church Service</li> <li>1:30 M Pinochle</li> <li>2:00 AR Adult Coloring</li> <li>2:30 M Spinners Dominoes</li> <li>3:30 AR Crossword/ Word Search</li> <li>4:00 FC Beanbag Baseball</li> <li>4:30 SL Pool, Darts, Shuffleboard, Ping-Pong</li> </ul>	8:45 CL Daily Devotion/ Prayer 9:15 FC Total Body Fitness 9:30 AR Making Tamales (Sign Up) 10:30 SD Choir Practice 10:30 M Spinners Dominoes 1:00 M Movie Monday 1:30 SD Bridge 1:30 AR Family Feud 2:00 FC Moving for Better Balance 3:00 DH Marty Nelson Live BYOB 5:00 Ladies Dinner Out : Chilli's (Sign Up) ★ 6:00 SL Poker Night		<ul> <li>8:45 CL Daily Devotion/ Prayer</li> <li>9:15 FC Total Body Fitness</li> <li>10:15 AR Game: Hangman</li> <li>10:30 Trip: Grapevine Mills Mall (Sign Up)★</li> <li>1:00 M Spinners Dominoes</li> <li>1:30 3D Bridge</li> <li>2:00 FC Moving for Better Balance</li> <li>3:00 DH Demonstration on how to make tamales (Sign Up)</li> </ul>	8:45 CL Daily Devotion/ Prayer 9:15 FC Stretch & Relax 10:15 AR Canvas Paining with Anita (Sign Up) 10:30 P Water Aerobics 10:30 FC Yoga Class with Shelia 1:00 AR Medicare Open Enrolment with Pam Fenn 1:00 M Pinochle 1:30 M Game: Jokers Wild 2:00 FC Fitness Express 3:30 DH Happy Hour 6:00 SL Poker Night	<ul> <li>8:45 CL Daily Devotion/ Prayer</li> <li>9:15 FC Total Body Fitness</li> <li>10:00 M Blood Pressure Check</li> <li>10:30 M Photo Sharing (Bring Grandchildren Pictures)</li> <li>10:30 AR Resident Led Bible Study</li> <li>12:45 AR Mind Fit/ 5 Ways people show kindness</li> <li>2:00 DH Bingo \$1 A Card</li> <li>3:00 CL Cookies in the Cafe</li> <li>3:30 DH Resident Meeting</li> </ul>	<ul> <li>8:30 Men's Breakfast: Our Brunch Spot (Sign Up)★</li> <li>9:30 SL Poker</li> <li>10:00 30 Hillsdale College Classic Liberal Arts Series</li> <li>10:30 P Water Volleyball</li> <li>1:00 FC Indoor Group Walk around the community</li> <li>1:30 30 Bridge</li> <li>2:00 AR Color by number</li> <li>4:00 M Evening Visiting Group</li> <li>5:00 SL Ping - Pong</li> </ul>
21 11:00 3D Church Service 1:30 M Pinochle 2:00 AR Adult Coloring 2:30 M Spinners Dominoes 3:30 AR Crossword/ Word Search 4:00 FC Beanbag Baseball 4:30 SL Pool, Darts, Shuffleboard, Ping-Pong	Town Hall at 4:15 P.M. Dining Hall       22         8:45       CL       Daily Devotion/ Prayer         9:15       FC       Total Body Fitness         10:15       CV       Lets do side walk messages with chalk (Sign Up)         10:30       Choir Practice         10:30       M       Spinners Dominoes         1:00       AR       Making Flower Centerpieces         1:00       M       Movie Monday         1:30       Bridge       1:30         1:30       AR       Family Feud         2:00       FC       Moving for Better Balance         3:00       H       Craig Murphy Live BYOB         6:00       Poker Night	23 8:45 CL Daily Devotion/ Prayer 9:15 FC Stretch & Relax 10:30 AR Catholic Communion (Sign Up) 10:30 P Water Aerobics 1:00 M Pinochle 2:00 AR Color by number 2:00 FC Fitness Express 4:00 DH Thanksgiving Dinner (Sign Up at the Concierge Desk)	24 8:45 CL Daily Devotion/ Prayer 9:15 FC Total Body Fitness 10:15 AR Card Matching Game 11:00 Lunch Trip: Babe's Chicken (Sign Up)★ 1:00 AR New Resident Orientation 1:00 M Spinners Dominoes 1:30 3D Bridge 2:00 FC Moving for Better Balance 3:00 DH Happy Hour	Wishing You a Wonderful HANKSGIVING DAY	26 8:45 CL Daily Devotion/ Prayer 9:15 FC Total Body Fitness 10:30 M Photo Sharing (Bring Baby Pictures) 10:30 AR Resident Led Bible Study 12:45 AR Mind Fit 2:00 DH Bingo \$1 A Card 3:00 Pick up cookies at the Concierge Desk	27 9:30 SL Poker 10:00 3D Hillsdale College Classic Liberal Arts Series 10:30 P Water Volleyball 1:00 FC Indoor Group Walk around the community 1:30 3D Bridge 2:00 AR Color by number 4:00 M Evening Visiting Group 5:00 SL Ping - Pong
28 11:00 3D Church Service 1:30 M Pinochle 2:00 AR Adult Coloring 2:30 M Spinners Dominoes 3:30 AR Crossword/ Word Search 4:00 FC Beanbag Baseball 4:30 SL Pool, Darts, Shuffleboard, Ping-Pong	29 8:45 CL Daily Devotion/ Prayer 9:15 FC Total Body Fitness 10:30 CD Choir Practice 10:30 M Spinners Dominoes 1:00 M Movie Monday 1:30 SD Bridge 1:30 SL Chicken Foot 1:30 AF Family Feud 2:00 FC Moving for Better Balance 3:00 DH November Birthday Celebration 5:00 Dinner Out: Rudy's BBQ (Sign Up)★ 6:00 SL Poker Night	30 8:45 CL Daily Devotion/ Prayer 9:15 FC Stretch & Relax 10:15 FC Decorate Cookies for the Fire Department 10:30 P Water Aerobics 1:00 M Pinochle 2:00 AR Color by number 2:00 FC Fitness Express 3:00 3D Discovery Village Book Club Meeting 4:30 DH Italian Dinner (Sign Up at the Concierge Desk)				THANK YOU * FOR YOUR * SERVICE

Anita Rivera Phone Number: 817-203-8000 Email : ARivera@DiscoveryVillages.com

AR Activity Room (2nd Floor) HH Health Home Care Office FC Fitness Center (2nd Floor) Media Lounge (2nd Floor) OD Overflow Dining (1st Floor) SL Sports Lounge (4th Floor) 3D 3rd Floor Dining Room

★ Trip: Meet by Concierge Desk