

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kind Words Board Add a POSITIVE Message to the White Board in the Sunroom All Month Long!	1 10:00 Current Events W/Neil 10:45 SILVER SNEAKERS 1:00 Poker 2:00 Parachute Game 3:00 BINGO	2 9:30 Meditation 10:30 Cookies & Conversation 1:30 Music & Movement 2:30 Wii Bowling 3:00 BINGO	3 9:30 Yoga 10:30 <i>Coffee with Mary</i> 1:00 Trivia Games 2:30 Mike Betters 3:30 Music & Munchies	4 9:30 Walk in the Garden 10:30 Wii Bowling 1:00 Canasta 2:00 Drama Club 3:00 Rummikub	5 9:30 Drum Circle 10:45 SILVER SNEAKERS 1:30 Movie & Popcorn 2:30 Mexican Train 3:30 Happy Hour W/ Carl Evans	6 9:30 Chair Yoga 10:00 Journey Church Arts & Crafts Event 1:00 Afternoon Movie 3:00 Hanalei's Violin Show
7 9:30 Forever Fit 10:30 Reading Group 1:00 Positive Affirmations 2:00 What's New in the World? 3:00 Pokeno & Pretzels 4:00 History of Vets. Day	8 10:00 Trivia With Neil 10:45 SILVER SNEAKERS 1:00 Poker 1:30 RESIDENT COUNCIL 2:00 Parachute Game 3:00 BINGO	9 9:30 Meditation 10:30 Cookies & Conversation 1:30 Music & Movement 2:30 Wii Bowling 3:00 BINGO	10 9:30 Yoga 10:30 <i>Coffee with Mary</i> 1:00 Trivia Games 2:30 Mike Betters 3:30 Music & Munchies	11 Veterans Day 9:30 Veterans Day Breakfast 10:30 Wii Bowling 1:00 Canasta 2:00 Drama Club 3:00 Rummikub	12 9:30 Drum Circle 10:45 SILVER SNEAKERS 1:30 Movie & Popcorn 2:00 Shabbat Service W/ Andrew 2:30 Mexican Train 3:30 Happy Hour W/ Carl Evans	13 9:30 Chair Yoga 10:30 Reading Group 1:00 Afternoon Movie 3:00 Rummikub 4:00 Gin Card Game
14 9:30 Forever Fit 10:30 Brain Builders 1:00 Positive Affirmations 1:30 ART 2:30 RESIDENT NEWSLETTER 3:30 Dominos & Donuts	15 10:00 Current Events W/Neil 10:45 SILVER SNEAKERS 1:00 Poker 2:00 Parachute Game 3:00 BINGO	16 9:30 Meditation 10:30 Cookies & Conversation 1:30 Music & Movement 2:30 Wii Bowling 3:00 BINGO	17 9:30 Yoga 10:30 <i>Coffee with Mary</i> 1:00 Trivia Games 2:30 Mike Betters 3:30 Music & Munchies	18 9:30 Walk in the Garden 10:30 Wii Bowling 1:00 Canasta 2:00 Shabbat Service W/ Andrew 3:00 Rummikub	19 9:30 Drum Circle 10:45 SILVER SNEAKERS 1:30 Movie & Popcorn 2:30 Mexican Train 3:30 Happy Hour W/ Carl Evans	20 9:30 Chair Yoga 10:30 Reading Group 1:00 Afternoon Movie 3:00 Rummikub 4:00 Gin Card Game
21 9:30 Forever Fit 10:30 Group Crosswords 1:00 Positive Affirmations 1:30 Button ART 2:30 WELCOME COMMITTEE MEETING 3:30 Pokeno & Pretzels	22 10:00 Current Events W/Neil 10:45 SILVER SNEAKERS 1:00 Poker 2:00 Parachute Game 3:00 BINGO	23 9:30 Meditation 10:30 Cookies & Conversation 1:30 Music & Movement 2:30 Wii Bowling 3:00 BINGO	24 9:30 Yoga 10:30 <i>Coffee with Mary</i> 1:00 Trivia Games 2:30 Mike Betters 3:30 Music & Munchies	25 Happy Thanksgiving 9:30 Walk in the Garden 10:30 Wii Bowling 1:00 Canasta 2:00 Drama Club 3:00 Rummikub	26 9:30 Drum Circle 10:45 SILVER SNEAKERS 1:30 Movie & Popcorn 2:00 Shabbat Service W/ Andrew 2:30 Mexican Train 3:30 Happy Hour	27 9:30 Chair Yoga 10:30 Bible Study 1:00 Afternoon Movie 3:00 Rummikub 4:00 Gin Card Game
Hanukkah Begins at Sundown 28 9:30 Forever Fit 10:30 Reading Group 1:00 Positive Affirmations 1:30 Picture ART 2:30 GARDEN CLUB	29 10:00 Current Events W/Neil 10:45 SILVER SNEAKERS 1:00 Poker 2:00 Parachute Game 3:00 BINGO	30 9:30 Meditation 10:30 Cookies & Conversation 1:30 Music & Movement 2:30 Wii Bowling 3:00 BINGO	<h1>November</h1>			



Sunday Monday Tuesday Wednesday Thursday Friday Saturday




<p>Kind Words Board Add a POSITIVE Message to the White Board in the Lobby All Month Long!</p>		1. 9:00 Metabolic Men's Club FC 10:00 The Best of Times O 10:00 Senior Expo 10:00 Bible Study W/Mollie AC 10:30 Wii Bowling CR 12:00 Walgreens/CVS/Walmart O 1:00 Mahjong For Everyone CR 1:30 Road Trip Trivia AC 3:00 Cornhole A 7:00 Movie A 7:00 Poker CR	2. 10:00 Easy Does It LVL I A 11:00 Strong & Stable FC 1:00 Mahjong For Everyone CR 1:15 Publix Trip O 2:00 Current Events A 3:00 Pool Volleyball P 7:00 Bingo A	3. 9:00 Metabolic Men's Club FC 9:00 Seminole Casino Trip O 10:00 Crochet Club AC 10:30 Easy Does It A 11:15 Healing Hands Reiki AC 1:00 Duplicate Bridge CR 2:00 Bank Run O 7:00 Movie A 7:00 Poker CR	4. 10:00 Easy Does It A 10:30 Letters To AL Vets AC 11:00 Aquacise P 11:30 Cornhole A 1:00 Mahjong CR 2:00 BINGO A 3:30 "Al Hirt & Maynard Ferguson" Lecture W/ Ralph L. A 7:00 Poker CR	5. 9:00 Metabolic Men's Club FC 10:30 Wii Bowling CR 10:30 Easy Does It A 1:00 Tech Support AC 1:15 Publix Trip O 2:30 Social Hour A W/Jon Robert 7:00 Shabbat Service A 7:00 Poker CR	6. 9:30 Qigong A 10:30 Wii Bowling CR 11:30 Tai Chi For Beginners A 1:00 Afternoon Movie A 3:00 Road Trip Trivia AC 4:00 Ladder Ball A 7:00 Saturday Night Show "Mindy McGee" A
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<p>9:00 Church Run O 10:00 Guided Meditation Ch. 63 2:00 Positive Affirmations Ch. 63 2:30 Kenny B Live Show A 3:00 Scrabble CR 4:00 Rummikub CR 7:00 BINGO A</p>	7.	8. 9:00 Metabolic Men's Club FC 10:00 Bible Study W/Mollie AC 10:30 Aquacise P 10:30 Wii Bowling CR 12:00 Walgreens/CVS/Walmart O 1:30 Road Trip Trivia AC 3:00 Cornhole A 7:00 Movie A 7:00 Poker CR	9. 9:00 Yael's Jewelry Sale BIS 10:00 Easy Does It LVL I AC 11:00 Strong & Stable FC 1:00 Bridge CR 1:15 Publix Trip O 2:00 Current Events AC 3:00 Pool Volleyball P 3:30 New Glee Club A 7:00 Bingo A 7:00 Poker CR	10. 9:00 Metabolic Men's Club FC 9:00 Isle Casino Trip O 10:00 Terry The Watch & Jewelry Guy BIS 10:00 Culinary Meeting A 10:00 Crochet Club AC 11:00 Easy Does It AC 11:15 Healing Hands Reiki AC 1:00 Duplicate Bridge CR 2:00 Bank Run O 7:00 Ed Lamont Lecture: "Henry Flagler" A	11. Veterans Day 9:00 Veterans Day Breakfast A 10:00 Easy Does It A 11:00 Aquacise P 11:30 Cornhole A 1:00 Mahjong CR 2:30 Resident Council Meeting A 3:30 "Fauci" Documentary A 7:00 Movie A 7:00 Poker CR	12. 9:00 Metabolic Men's Club FC 10:30 Wii Bowling CR 10:30 Easy Does It A 1:00 Tech Support AC 1:15 Publix Trip O 2:30 Social Hour A W/Jon Robert 7:00 Shabbat Service A 7:00 Poker CR	13. 9:30 Qigong A 10:30 Wii Bowling CR 11:30 Tai Chi For Beginners A 1:00 Afternoon Movie A 3:00 Road Trip Trivia AC 4:00 Community Clean Up Day O 7:00 Saturday Night Show "Don Stansfield" A
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<p>9:00 Church Run O 10:00 Guided Meditation Ch. 63 11:00 Lunch Trip Out "Agiolios's Italian" O 1:00 Afternoon Movie A 2:00 Positive Affirmations Ch. 63 3:00 Scrabble CR 4:00 Rummikub CR 7:00 BINGO A</p>	14.	15. The Great Turkey Begins 9:00 Metabolic Men's Club FC 10:00 Bible Study W/Mollie AC 10:30 Aquacise P 10:30 Wii Bowling CR 12:00 Walgreens/CVS/Walmart O 1:00 Reminisce Gathering A 1:30 Road Trip Trivia AC 3:00 Cornhole A 7:00 Movie A 7:00 Poker CR	16. 10:00 Easy Does It LVL I A 11:00 Turkey Darts Tour. Heat One A 1:00 Bridge CR 1:15 Publix Trip O 2:00 Current Events A 3:00 Pool Volleyball P 3:30 New Glee Club A 7:00 Bingo A 7:00 Poker CR	17. 9:00 Metabolic Men's Club FC 9:00 Hard Rock Casino Trip O 10:00 Crochet Club AC 10:30 Easy Does It A 11:00 Turkey Darts Tour. Heat Two A 1:00 Kravis Center Show "Come From Away" O 1:15 Harry Getzov Presents Music Lecture A 2:30 All Aboard The Brain Train W/Judy AC 2:00 Bank Run O 7:00 Movie A 7:00 Poker CR	18. 10:00 Easy Does It A 11:00 Turkey Relay Race P 11:30 Cornhole A 1:00 Mahjong CR 1:30 BINGO A 3:00 Pro. Leto Lecture "Critical Race Theory" A 7:00 Movie A 7:00 Poker CR	19. 9:00 Metabolic Men's Club FC 10:30 Wii Bowling CR 11:00 Turkey Darts Tour. Finals A 1:00 Tech Support AC 1:15 Publix Trip O 2:30 Social Hour A W/Jon Robert 7:00 Shabbat Service A 7:00 Poker CR	20. 9:30 Qigong A 10:30 Wii Bowling CR 11:30 Tai Chi For Beginners A 1:00 Afternoon Movie A 3:00 Road Trip Trivia AC 4:00 Ladder Ball A 7:00 Saturday Night Show "Cherryl Q" A
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<p>9:00 Church Run O 10:00 Guided Meditation Ch. 63 1:00 Afternoon Movie A 2:00 Positive Affirmations Ch. 63 3:00 Scrabble CR 4:00 Rummikub CR 7:00 BINGO A</p>	21.	22. 9:00 Metabolic Men's Club FC 10:00 Bible Study W/Mollie AC 10:30 Wii Bowling CR 10:30 Aquacise P 12:00 Walgreens/CVS/Walmart O 1:30 Road Trip Trivia AC 3:00 Cornhole A 7:00 Movie A 7:00 Poker CR	23. 10:00 Easy Does It LVL I A 11:00 Strong & Stable FC 1:00 Bridge CR 1:15 Publix Trip O 2:00 Current Events A 3:00 Pool Volleyball P 3:30 New Glee Club A 7:00 Bingo A 7:00 Poker CR	24. 9:00 Metabolic Men's Club FC 9:00 Seminole Casino Trip O 10:00 Crochet Club AC 10:30 Easy Does It A 11:15 Healing Hands Reiki AC 1:00 Duplicate Bridge W/Charlotte W. CR 2:00 Town Hall Meeting W/ David Parkhill A 2:00 Bank Run O 7:00 Movie A 7:00 Poker CR	25. Happy Thanksgiving! 10:00 Easy Does It Ch. 63 11:30 Cornhole A 1:00 Mahjong CR 2:00 BINGO A 7:00 Movie A 7:00 Poker CR	26. 9:00 Metabolic Men's Club FC 10:30 Wii Bowling CR 10:30 Easy Does It A 1:00 Tech Support AC 1:15 Publix Trip O 2:30 Social Hour A W/Jon Robert 7:00 Shabbat Service A 7:00 Poker CR	27. 10:30 Wii Bowling CR 11:30 Tai Chi For Beginners A 1:00 Afternoon Movie A 3:00 Road Trip Trivia AC 4:00 Ladder Ball A 7:00 Saturday Night Show "John Lariviere" A
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<p>Hanukkah Begins at Sundown 9:00 Church Run O 10:00 Guided Meditation Ch. 63 1:00 Afternoon Movie A 2:00 Positive Affirmations Ch. 63 3:00 Scrabble CR 3:30 Book Club Meeting AC 4:00 Rummikub CR 7:00 Hanukkah Service W/ Andrew A</p>	28.	29. 9:00 Metabolic Men's Club FC 10:00 Bible Study W/Mollie AC 10:30 Wii Bowling CR 10:30 Aquacise P 12:00 Walgreens/CVS/Walmart O 1:30 Road Trip Trivia AC 3:00 Cornhole A 7:00 Hanukkah Service W/ Andrew A 7:00 Poker CR	30. 10:00 Easy Does It LVL I A 11:00 Strong & Stable FC 1:00 Bridge CR 1:15 Publix Trip O 2:00 Current Events A 3:00 Pool Volleyball P 3:30 New Glee Club A 7:00 Hanukkah Service W/ Andrew A 7:00 Poker CR	 <p>Nov. 28th HAPPY HANUKKAH</p>				<h1>November</h1> 	
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<p>Dimensions of Wellness Programming with a Purpose</p>	<p>Physical Intellectual Environmental Spiritual Vocational Emotional</p>	 <p>Veterans DAY Nov. 11th</p>	<p>Location Key: Auditorium A Card Room CR Dining Room DR</p>	<p>Library LIB Arts & Crafts Room AC Out Trip O Fit Camp FC Bistro BIS</p>	 <p>CELEBRATIONS ACTIVITIES & EVENTS</p>	 <p>DISCOVERY VILLAGE AT BOYNTON BEACH By Discovery Senior Living</p>
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Chair Exercise Class 1 10:30 News and Reviews 12:00 Lunch 1:00 Documentary 2:00 Word Search 3:00 Trivia	9:30 Chair Exercise Class 2 10:30 Beauty Day 12:00 Lunch 1:00 Documentary 2:30 Coffee Chat With Nikki	9:30 Chair Exercise Class 3 10:30 Trivia on IN2L 12:00 Lunch 1:00 Documentary 2:30 Mike Better	9:30 Chair Exercise Class 4 10:30 News and Reviews 12:00 Lunch 1:00 Documentary 2:00 Word Search	9:30 Chair Exercise Class 5 10:30 Video Chat on IN2L 12:00 Lunch 1:00 Documentary 2:00 Food Bingo	9:30 Chair Yoga 6 10:30 Garden Chat 12:00 Lunch 1:00 Afternoon Movie 3:00 Trivia Hour
9:30 Chair Exercise Class 7 10:30 Trivia on IN2L 12:00 Lunch 1:00 Documentary 2:00 ART 4:00 Travel Club	9:30 Chair Exercise Class 8 10:30 News and Reviews 12:00 Lunch 1:00 Documentary 2:00 Word Search 2:30 Mike Better Live From the Living Room 3:00 Trivia	9:30 Chair Exercise Class 9 10:30 Beauty Day 12:00 Lunch 1:00 Documentary 2:30 Coffee Chat With Nikki	9:30 Chair Exercise Class 10 10:30 Trivia on IN2L 12:00 Lunch 1:00 Documentary 2:30 Mike Better	Veteran's Day 11 9:30 Chair Exercise Class 10:30 News and Reviews 12:00 Lunch 1:00 Documentary 2:00 Word Search	9:30 Chair Exercise Class 12 10:30 Video Chat on IN2L 12:00 Lunch 1:00 Documentary 2:00 Food Bingo	9:30 Chair Yoga 13 10:30 Garden Chat 12:00 Lunch 1:00 Afternoon Movie 3:00 Trivia Hour
Teddy Bear Day 14 9:30 Chair Exercise Class 10:30 Trivia on IN2L 12:00 Lunch 2:00 ART 3:00 Resident Newsletter 4:00 Travel Club	9:30 Chair Exercise Class 15 10:30 News and Reviews 12:00 Lunch 1:00 Documentary 2:00 Word Search 3:00 Trivia	9:30 Chair Exercise Class 16 10:30 Beauty Day 12:00 Lunch 1:00 Documentary 2:30 Coffee Chat With Nikki 3:30 Food Bingo	9:30 Chair Exercise Class 17 10:30 Trivia on IN2L 12:00 Lunch 1:00 Documentary 2:30 Mike Better 3:30 Scenic Ride	9:30 Chair Exercise Class 18 10:30 News and Reviews 12:00 Lunch 1:00 Documentary 2:00 Word Search 3:00 Nikki's Sing -a-Long	9:30 Chair Exercise Class 19 10:30 Video Chat on IN2L 12:00 Lunch 1:00 Documentary 2:00 Food Bingo 3:00 Word Search	9:30 Chair Yoga 20 10:30 Garden Chat 12:00 Lunch 1:00 Afternoon Movie 3:00 Trivia Hour 4:00 Name That Tune
9:30 Chair Exercise Class 21 10:30 Trivia on IN2L 12:00 Lunch 2:00 ART 3:00 Resident Newsletter 4:00 Travel Club	Go for a Ride Day 22 9:30 Chair Exercise Class 10:30 Digital Museum Tour 1:00 Around The World 2:00 Documentary 3:00 BINGO	9:30 Chair Exercise Class 23 10:30 Beauty Day 12:00 Lunch 1:00 Documentary 2:30 Coffee Chat With Nikki 3:30 Food Bingo	9:30 Chair Exercise Class 24 10:30 Trivia on IN2L 12:00 Lunch 1:00 Documentary 2:30 Mike Better 3:30 Scenic Ride	Thanksgiving Day 25 9:30 Chair Exercise Class 10:30 News and Reviews 12:00 Lunch 1:00 Documentary 2:00 Word Search	9:30 Chair Exercise Class 26 10:30 Video Chat on IN2L 12:00 Lunch 1:00 Documentary 2:00 Food Bingo 3:00 Word Search	9:30 Chair Yoga 27 10:30 Garden Chat 12:00 Lunch 1:00 Afternoon Movie 3:00 Trivia 4:00 Name That Tune

9:30 Chair Exercise Class 28 10:30 Trivia on IN2L 12:00 Lunch 2:00 ART 3:00 Resident Newsletter
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9:30 Chair Exercise Class 29 10:30 News and Reviews 12:00 Lunch 1:00 Documentary 2:00 Word Search
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9:30 Chair Exercise Class 30 10:30 Beauty Day 12:00 Lunch 1:00 Documentary 2:30 Coffee Chat With Nikki 3:30 Food Bingo



Memory Care

DISCOVERY VILLAGE
AT BOYNTON BEACH
 By Discovery Senior Living

