

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



"A Month of New Beginnings"

<p>10:00 AM – Church Transportation to <i>St. Mark Catholic Church</i> (Meet in Lobby) 1:00 PM – Bible Study (Library) 1:00 PM – Bucs VS. Jets (Theater) 3:00 PM – LIVE Piano Entertainment by Richard Kittelstad! (Lobby)</p>	<p>2 10:30 AM – Stretch & Strength Exercise Video (Theater) 11:15 AM – Stress Less Adult Coloring Club (LGR) 1:30 PM – Minute Manicures (LGR) 3:00 PM – Hot Cocoa & Tell Me Something Good (Bistro) 6:00 PM – Monday Matinee: <i>North by Northwest</i> (Theater)</p>	<p>3 10:00 AM – Sit & Be Fit Exercise (Theater) 11:00 AM – Out to Lunch Bunch: <i>Bahama Breeze</i> (Meet in Lobby) 1:30 PM – Artist's Corner (LGR) 1:30 PM – Discovery Makes a Difference Blanket Making Group (Bistro) 2:00 PM – Bridge Group (Library) 2:30 PM – <i>Wii Bowling</i> (Theater)</p>	<p>4 10:00 AM – Mahjong (Library) 10:00 AM – Exercise with Legacy (LGR) 10:00 AM – Shopping Outing: <i>Target</i> (Meet in Lobby) 1:30 PM – Quarter Bingo (LGR) 3:30 PM – Wine Down Wednesday (Living Room)</p>	<p>5 10:00 AM – Zumba Exercise (LGR) 10:45 AM – Trivia Thursday! (LGR) 1:30 PM – Artist's Corner (LGR) 2:00 PM – Bridge Group (Library) 2:30 PM – Tech Help (Bistro) 4:00 PM – Communion with <i>St. Mark Catholic Church</i> (Theater)</p>	<p>6 9:45 AM – Walking Club (Meet in Lobby) 10:00 AM – Chair Yoga with <i>Hanaq Prana Yoga Studio</i> (LGR) 10:45 AM – Jeopardy (LGR) 3:30 PM – Happy Hour with LIVE Entertainment by <i>Randy Eugene!</i> (Dining Room) 6:00 PM – After Dinner Movie: <i>Resident's Choice</i> (Theater)</p>	<p>7 10:30 AM – Quarter Bingo (LGR) 1:30 PM – New Year's Mimosas & Resolutions! (Bistro) 2:30 PM – Saturday Afternoon Movie: <i>The Holiday</i> (Theater) 3:00 PM – Social (Bistro) <i>New Year's Day</i></p>	
<p><i>Happy Birthday, Anita R!</i> 10:00 AM – Church Transportation to <i>St. Mark Catholic Church</i> (Meet in Lobby) 1:00 PM – Bible Study (Library) 1:00 PM – Bucs VS. Panthers (Theater) 2:00 PM – LIVE Piano Entertainment by Sweet Caroline! (Lobby)</p>	<p>9 10:30 AM – Stretch & Strength Exercise Video (Theater) 11:15 AM – Stress Less Adult Coloring Club & Resident Satisfaction Surveys (LGR) 1:30 PM – Minute Manicures (LGR) 3:00 PM – Hot Cocoa & Tell Me Something Good (Bistro) 6:00 PM – Monday Matinee: <i>Field of Dreams</i> (Theater)</p>	<p>10 <i>Happy Birthday, Jean H!</i> 10:00 AM – Sit & Be Fit Exercise (Theater) 10:30 AM – Movie Club Meeting (Theater) 1:30 PM – Discovery Makes a Difference Blanket Making Group (Bistro) 2:00 PM – Bridge Group (Library) 2:30 PM – <i>Wii Bowling</i> (Theater) 3:30 PM – Cotton Candy! (Bistro)</p>	<p>11 10:00 AM – Mahjong (Library) 10:00 AM – Exercise with Legacy (LGR) 10:00 AM – Shopping Outing: <i>Publix</i> (Meet in Lobby) 10:30 AM – Resident Satisfaction Surveys (Bistro) 1:30 PM – Quarter Bingo (LGR) 3:30 PM – Wine Down Wednesday & LIVE Guitar Performance & Sing-a-Long with <i>Nateo</i> (Living Room)</p>	<p>12 10:00 AM – Zumba Exercise (LGR) 10:45 AM – Trivia Thursday! (LGR) 1:30 PM – Artist's Corner (LGR) 2:00 PM – Bridge Group (Library) 3:00 PM – National S'mores Day & Resident Satisfaction Surveys (Bistro) 4:00 PM – Communion with <i>St. Mark Catholic Church</i> (Theater)</p>	<p>13 <i>Happy Birthday, Eunice F!</i> 9:45 AM – Walking Club (Meet in Lobby) 10:00 AM – Chair Yoga with <i>Hanaq Prana Yoga Studio</i> (LGR) 10:45 AM – Jeopardy (LGR) 11:00 AM – \$5 ling Sale with <i>Lucille</i> (Living Room) 3:30 PM – Happy Hour with LIVE Entertainment by <i>Ralph Espinosa!</i> (Dining Room) 6:00 PM – After Dinner Movie: <i>Resident's Choice</i> (Theater)</p>	<p>14 <i>Happy Birthday, Hubert B!</i> 10:00 AM – Breathing & Meditation (Theater) 10:30 AM – Quarter Bingo (LGR) 1:30 PM – LIVE Guitar Performance & Sing-a-Long with <i>Nateo</i> (Lobby) 2:30 PM – Saturday Afternoon Movie: <i>My Little Chickadee</i> (Theater) 3:00 PM – National Strawberry Ice Cream Day Social & Resident Satisfaction Surveys (Bistro)</p>	
<p><i>Happy Birthday, Eileen A!</i> 10:00 AM – Church Transportation to <i>St. Mark Catholic Church</i> (Meet in Lobby) 1:00 PM – Bible Study (Library) 3:00 PM – LIVE Piano Entertainment by Richard Kittelstad! (Lobby)</p>	<p>16 10:30 AM – Stretch & Strength Exercise Video (Theater) 11:15 AM – Stress Less Adult Coloring Club (LGR) 1:30 PM – Minute Manicures (LGR) 3:00 PM – Hot Cocoa & Tell Me Something Good (Bistro) 6:00 PM – Monday Matinee: <i>13th Documentary</i> (Theater) Martin Luther King Jr. Day</p>	<p>17 10:00 AM – Sit & Be Fit Exercise (Theater) 10:30 AM – Resident Council Meeting (Theater) 11:00 AM – Out to Lunch Bunch: <i>Olive Garden</i> (Meet in Lobby) 1:30 PM – Discovery Makes a Difference Blanket Making Group (Bistro) 2:00 PM – Bridge Group (Library) 2:30 PM – <i>Wii Bowling</i> (Theater) 3:30 PM – Coffee & Chat with Wendy: "Goal Setting for the New Year" (Bistro)</p>	<p>18 <i>Happy Birthday, Dwight C & Robert B!</i> 10:00 AM – Mahjong (Library) 10:00 AM – Exercise with Legacy (LGR) 10:00 AM – Shopping Outing: <i>Target</i> (Meet in Lobby) 1:30 PM – Quarter Bingo (LGR) 3:30 PM – Wine Down Wednesday & Andrea's Retirement Party! (Living Room)</p>	<p>19 10:00 AM – Zumba Exercise (LGR) 10:45 AM – Trivia Thursday! (LGR) 1:30 PM – Artist's Corner (LGR) 2:00 PM – Bridge Group (Library) 2:30 PM – Tech Help (Bistro) 3:30 PM – Men's Club (Bistro) 4:00 PM – Communion with <i>St. Mark Catholic Church</i> (Theater)</p>	<p>20 9:45 AM – Walking Club (Meet in Lobby) 10:00 AM – Chair Yoga with <i>Hanaq Prana Yoga Studio</i> (LGR) 10:45 AM – Jeopardy (LGR) 3:30 PM – Happy Hour with LIVE Entertainment by <i>Andrew & Terri Dean!</i> (Dining Room) 6:00 PM – After Dinner Movie: <i>Resident's Choice</i> (Theater)</p>	<p>21 <i>Happy Birthday, Mary C!</i> 10:00 AM – Breathing & Meditation (Theater) 10:30 AM – Quarter Bingo (LGR) 1:30 PM – LIVE Guitar Performance & Sing-a-Long with <i>Nateo</i> (Lobby) 2:30 PM – Saturday Afternoon Movie: <i>An Affair to Remember</i> (Theater) 3:00 PM – National Pie Day Social (Bistro)</p>	
<p>10:00 AM – Church Transportation to <i>St. Mark Catholic Church</i> (Meet in Lobby) 1:00 PM – Bible Study (Library) 2:00 PM – LIVE Piano Entertainment by Sweet Caroline! (Lobby) Activity Professionals Week</p>	<p>23 10:30 AM – Stretch & Strength Exercise Video (Theater) 11:15 AM – Stress Less Adult Coloring Club (LGR) 1:30 PM – Minute Manicures (LGR) 3:00 PM – Hot Cocoa & Tell Me Something Good (Bistro) 6:00 PM – Monday Matinee: <i>Casablanca</i> (Theater)</p>	<p>24 10:00 AM – Sit & Be Fit Exercise (Theater) 10:45 AM – Out to Lunch Bunch: (Meet in Lobby) 1:30 PM – Discovery Makes a Difference Blanket Making Group (Bistro) 2:00 PM – Bridge Group (Library) 4:00 PM – Humane Society Charity Event (Poolside)</p>	<p>25 10:00 AM – Mahjong (Library) 10:00 AM – Exercise with Legacy (LGR) 10:00 AM – Shopping Outing: <i>Publix</i> (Meet in Lobby) 1:30 PM – Quarter Bingo (LGR) 3:30 PM – Wine Down Wednesday & New Resident Appreciation Cocktail Hour! (Living Room) Australia Day (observed)</p>	<p>26 10:00 AM – Zumba Exercise (LGR) 10:45 AM – Trivia Thursday! (LGR) 1:30 PM – Artist's Corner (LGR) 2:00 PM – Bridge Group (Library) 4:00 PM – Communion with <i>St. Mark Catholic Church</i> (Theater)</p>	<p>27 9:45 AM – Walking Club (Meet in Lobby) 10:00 AM – Chair Yoga with <i>Hanaq Prana Yoga Studio</i> (LGR) 10:45 AM – Jeopardy (LGR) 3:30 PM – Happy Hour & January Birthday Party with LIVE Entertainment by <i>the Just Us Duo!!</i> (Dining Room) 6:00 PM – After Dinner Movie: <i>Resident's Choice</i> (Theater)</p>	<p>28 10:00 AM – Breathing & Meditation (Theater) 10:30 AM – Quarter Bingo (LGR) 1:30 PM – LIVE Guitar Performance & Sing-a-Long with <i>Nateo</i> (Lobby) 2:30 PM – Saturday Afternoon Movie: <i>To Catch a Thief</i> (Theater) 3:00 PM – National Corn Chip Day Social (Bistro)</p>	
<p><i>Happy Birthday, Sandra P!</i> 10:00 AM – Church Transportation to <i>St. Mark Catholic Church</i> (Meet in Lobby) 1:00 PM – Bible Study (Library) 2:00 PM – LIVE Piano Entertainment by Sweet Caroline! (Lobby)</p>	<p>30 10:30 AM – Stretch & Strength Exercise Video (Theater) 11:15 AM – Stress Less Adult Coloring Club (LGR) 1:30 PM – Minute Manicures (LGR) 3:00 PM – National Hot Chocolate Day Social (Bistro) 6:00 PM – Monday Matinee: <i>For Whom the Bell Tolls</i> (Theater)</p>	<p><i>Assisted & Independent Living</i> Discovery Village at Tampa Palms Blue = Exercise, Green = Outing, Red = Live Entertainment, Dark Blue = Lecture/Meeting, (LGR) = Lucky's Game Room</p>					<p>31</p>



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



Discovery Village at Stuart MC Programming Calendar

<p>10:00 Bodies in Motion 10:30 Daily Chronicles 11:00 Cornhole on Patio 1:15 Puzzles & Games 2:00 Put-Putt 3:00 Movie Matinee 4:00 Sing-a-long 6:00 Movie</p>	<p>2 9:30 Sit & B Fit 10:30 Noodle Ball 11:00 News & Views 11:15 Sing-a-long 1:15 Puzzles & Games 2:00 Horse racing 3:00 Happy Hour 3:45 Bingo 6:00 Movie & Massage</p>	<p>3 9:30 Groovy Moves 10:30 Balloon Volleyball 10:30 Water Aerobics 11:00 Daily Chronicle 11:15 Song-a-long 1:15 Scented Massages 3:00 Snack & Chat 3:30 Bingo 4:15 Horseshoes</p>	<p>4 10:00 Eldergrow 10:00 Reach For the Stars 10:30 Snacktivity 10:30 Pictionary 11:15 Out To Lunch Bunch! 1:15 Color and Puzzles 3:00 Scrumptious Snacks 4:00 Name That Tune 6:00 Movie and Massage</p>	<p>5 9:30 Bodies in Motion 10:30 Kickball 10:30 Water Aerobics 11:00 On the Spot Trivia 1:15 Bingo 2:30 Singing Church Lady 3:15 Snack & Sip 4:00 Giant Connect 4 & Jinga 6:00 Movie</p>	<p>6 10:00 Stretch w/ Jeff 11:00 Musical Band 11:15 Talking Trivia 1:15 Puzzles & Games 2:00 Hangman & Other Games 3:00 I'll Drink to That! 3:30 Ring Toss 6:00 Relaxation Yoga 6:00 Movie</p>	<p>7 10:00 Move & Groove 11:00 Courtyard Walk 11:15 Gazebo Games 1:15 Puzzles & Games 2:00 Arts & Crafts 3:00 Happy Hour 3:30 Movie Matinee 4:00 Sing-a-long 6:00 Movie Time <small>New Year's Day</small></p>	
<p>8 10:00 Bodies in Motion 10:30 Chair Kickball 11:00 This Day in History 1:15 Puzzles & Games 2:00 Crafts 3:00 Happy Hour 3:30 Name a Word.... 4:00 Bingo 6:00 Magic Melodies</p>	<p>9 10:00 Groovy Moves 11:00 Noodle Ball 11:15 Cranium Crunches 1:15 Puzzles & Games 2:00 Finish the Phrase 3:00 Snacks 3:30 Walking Club 4:00 Ring Toss Contest 6:00 Movies</p>	<p>10 9:30 Sit & B Fit 10:30 Noodle Ball 11:15 Sing-a-long 1:15 Puzzles & Games 2:00 Bus Outing-TBD 2:15 Connect 4 3:00 Snack and Chat 3:45 Bingo 6:00 Movie & Massage</p>	<p>11 9:30 Move & Groove 10:30 Balloon Volleyball 10:30 Water Aerobics 11:00 Daily Chronicle 1:15 Crafting & Puzzles 2:00 Flickin' Chicken 3:00 Sip & Snack 3:30 Watercolors 6:00 Smooth Jazz</p>	<p>12 10:00 Jazz and Stretch 10:30 Snack & Sip 11:15 Noodle Ball 1:15 Puzzles & Games 2:00 No Bake Fudge 3:00 Happy Hour 4:00 Hangman 6:00 Movie and Massages</p>	<p>13 9:30 Bodies in Motion 10:30 Kickball 11:00 Opposites 11:15 Old Time Music Jam 10:30 Water Aerobics 2:30 Singing Church Lady 3:15 Happy Hour 3:45 Ring Toss 6:00 Soothing Jazz</p>	<p>14 10:00 Chair Yoga 11:00 Good News Report 11:15 Sing-a long 1:15 Puzzles & Games 2:00 Bingo 3:00 Snack & Sip 3:45 Word Games and Trivia 6:00 Movie</p>	
<p>15 10:00 Groovy Moves 11:00 Noodle Ball 11:15 Cranium Crunches 1:15 Puzzles & Games 2:00 Finish the Phrase 3:00 Snacks 3:30 Walking Club 4:00 Ring Toss Contest 6:00 Movies</p>	<p>16 9:30 Sit & B Fit 10:30 Noodle Ball 11:15 Sing-a-long 1:15 Puzzles & Games 2:00 Crafty Monday 3:00 Snack and Chat 3:45 Bingo 6:00 Movie & Massage <small>Martin Luther King Jr. Day</small></p>	<p>17 9:30 Move & Groove 10:30 Balloon Volleyball 10:30 Water Aerobics 11:00 Daily Chronicle 11:15 Song-a-long 2:00 Shut the Box Game 3:00 Snack & Chat 3:30 Bingo 6:00 Smooth Jazz</p>	<p>18 10:00 Eldergrow 10:30 Snack & Sip 11:15 Noodle Ball 1:15 Puzzles & Games 2:00 Zebra Icebox Cake 3:00 Sweets Snacks & Sip 3:45 Put-Putt Golf Courtyard 6:00 Movie and Massages</p>	<p>19 9:30 Bodies in Motion 10:30 Kickball 10:30 Water Aerobics 11:00 Poetry Reading 11:15 Courtyard Stroll 1:15 Bingo 2:30 Singing Church Lady 3:45 Ring Toss</p>	<p>20 10:00 Stretch w/ Jeff 10:30 Chair Kickball 11:00 This Day in History 11:15 Brain Fitness 1:15 Scented Massages 2:00 Which Came First? 3:00 Snack Shack & Chat 3:45 Bingo 6:00 Movie</p>	<p>21 10:00 Chair Yoga 11:00 Good News Report 11:15 Sing-along 1:15 Collages Craft 2:00 Bingo 3:00 Snack & Sip 3:45 Word Games and Trivia 6:00 Movie</p>	
<p>22 10:00 Groovy Moves 11:00 Noodle Ball 11:15 Cranium Crunches 1:15 Puzzles & Games 2:00 Finish the Phrase 3:00 Snacks 3:30 Walking Club 4:00 Ring Toss Contest 6:00 Movies</p>	<p>23 9:30 Sit & B Fit 10:30 Noodle Ball 11:00 News & Views 11:15 Sing-a-long 1:15 Puzzles & Games 2:00 Horse racing 3:00 Sip and Chat 3:45 Bingo 6:00 Movie & Massage</p>	<p>24 9:30 Groovy Moves 10:30 Noodle Baseball 10:30 Water Aerobics 11:00 Daily Chronicle 11:15 Sing-a-long 1:15 Scented Massages 2:00 Crafty Crafts 3:30 Cornhole 6:00 Movie</p>	<p>25 10:00 Sit & Be Fit 10:30 Hydration Break 11:15 Toss Across 1:15 Opposites 2:00 Suncatcher Craft 3:00 Snack Shack 4:00 Name That Tune 6:00 Smooth Jazz and Movie <small>Australia Day (observed)</small></p>	<p>26 9:30 Bodies in Motion 10:30 Kickball 10:30 Water Aerobics 11:00 News & Views 11:15 Name That Tune 1:15 Puzzles & Games 2:30 Singing Church Lady 3:30 Hydration Station 4:00 Shut the Box Game</p>	<p>27 10:00 Stretch w/ Jeff 10:30 Courtyard Walk 11:15 Brain Games 1:15 Puzzles & Games 2:00 Crafty Friday 3:00 Happy Hour 4:00 Toss Across 6:00 Movie</p>	<p>28 10:00 Bodies in Motion 10:30 Daily Chronicles 11:00 Cornhole on Patio 1:15 Puzzles & Games 2:00 Put-Putt 3:00 Movie Matinee 4:00 Sing-a-long 6:00 Movie</p>	
<p>29 10:00 Groovy Moves 11:00 Noodle Ball 11:15 Cranium Crunches 1:15 Puzzles & Games 2:00 Finish the Phrase 3:00 Snacks 3:30 Walking Club 4:00 Cornhole 6:00 Movies</p>	<p>30 10:00 Move & Groove 10:30 Flyswatter Tennis 11:15 Sing-a-long 1:15 Puzzles & Games 2:00 Crafts~ 3:00 Snack and Chat 3:45 Finish Lines 6:00 Movie</p>	<p style="text-align: center; color: red; font-weight: bold;">Parallel programming always available.</p>				<p>31</p>	<p>31</p>
<p>31 10:00 Groovy Moves 11:00 Noodle Ball 11:15 Cranium Crunches 1:15 Puzzles & Games 2:00 Finish the Phrase 3:00 Snacks 3:30 Walking Club 4:00 Cornhole 6:00 Movies</p>	<p>31 10:00 Move & Groove 10:30 Flyswatter Tennis 11:15 Sing-a-long 1:15 Puzzles & Games 2:00 Crafts~ 3:00 Snack and Chat 3:45 Finish Lines 6:00 Movie</p>					<p style="text-align: center; color: red; font-weight: bold;">Parallel programming always available.</p>	