

SUN

MON

TUE

WED

THUR

FRI

SAT

1

9:30 AM Virtual Sunday Service (G.R.)

10:15 AM Chair Fitness (Gym)

10:45 AM Daily Devotions (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Make May Day Baskets (G.R.)

2:00 PM Trip to Mexico, Arm Chair Traveler (G.R.)

2:00 PM Walking Meet Up (Lobby)

4:30 PM In The News... (Library)

6:00 PM Game Room Meet Up (G.R.)

2

9:00 AM Walk and Talk with Cathy (Lobby)

10:00 AM Garden Club Meet Up (Porch)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Positive Affirmations (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Tell Me Something Good (G.R.)

1:15 PM Make a Derby Hat (G.R.)

2:00 PM Walking Meet Up (Lobby)

3:30 PM Happy Hour (D.R.)

4:30 PM In The News... (Library)

6:15 PM Sunset Meet Up (At The Pool)

3

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Better Balance (Gym)

10:30 AM Water Aerobics (Pool)

10:45 AM Mini Meditation (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Make Treats for the Stuart Police Department (R.K.)

1:00 PM Publix Grocery Shopping (Lobby)

1:30 PM Make Thank You Cards (R.K.)

2:00 PM Food Committee (D.R.)

2:00 PM Walking Meet Up (Lobby)

3:30 PM Happy Hour (D.R.)

4:30 PM In The News... (Library)

5:00 PM Birthday Bash (D.R.)

4

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Positive Affirmations (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Tell Me Something Good (G.R.)

1:00 PM Trivia sponsored by Encompass (D.R.)

2:00 PM Walking Meet Up (Lobby)

3:30 PM Happy Hour (D.R.)

4:30 PM In The News... (Library)

6:15 PM Sunset Meet Up (At The Pool)

5

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Better Balance (Gym)

10:30 AM Water Aerobics (Pool)

10:45 AM Mini Meditation (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Make a Joyful Noise! (P.D.R.)

1:30 PM Coffee, cookies and conversation with Conde (P.D.R.)

2:00 PM Finish The Lyrics and Sing-a-Long (G.R.)

2:00 PM Walking Meet Up (Lobby)

2:30 PM Afternoon Cardio Class (Gym)

3:30 PM Cinco de Mayo Friends and Family Happy Hour (Pool)

4:30 PM In The News... (Library)

6:00 PM Old Fashioned Game Night (G.R.)

6:30 PM Billiards Meet Up (B.R.)

6

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Deep Breathing Relaxation Method (Gym)

11:00 AM Friday Brain Flex (G.R.)

11:30 AM Lady Ann's Tea Room (Lobby)

11:45 AM Tell Me Something Good (G.R.)

1:00 PM Friday Fun with IN2L (G.R.)

2:00 PM Pool Workout (Pool)

2:00 PM Walking Meet Up (Lobby)

3:30 PM New Residents Social (D.R.)

4:30 PM In The News... (Library)

6:30 PM Game Room Meet Up (G.R.)

7

9:00 AM Ted Talks, Ideas Worth Spreading (Library)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Deep Breathing Relaxation Method (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Kentucky Derby Day! (B.R.)

2:00 PM Walking Meet Up (Lobby)

4:30 PM In The News... (Library)

6:15 PM Saturday Night at the movies! (G.R.)

8

9:30 AM Virtual Sunday Service (G.R.)

10:15 AM Chair Fitness (Gym)

10:45 AM Daily Devotions (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Mothers Day Relax and Refresh (Library)

2:00 PM Walking Meet Up (Lobby)

4:30 PM In The News... (Library)

6:15 PM Classic TV Night Meet Up (G.R.)

9

9:00 AM Walk and Talk with Cathy (Lobby)

10:00 AM Garden Club Meet Up (Porch)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Positive Affirmations (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Tell Me Something Good (G.R.)

1:00 PM Library Trip (Lobby)

1:15 PM Game Show Madness! (G.R.)

2:00 PM Crafty Hour (D.R.)

2:00 PM Walking Meet Up (Lobby)

3:30 PM Happy Hour (D.R.)

4:30 PM In The News... (Library)

6:15 PM Sunset Meet Up (At The Pool)

10

9:30 AM Visit The Veterans Wall (Lobby)

10:30 AM Water Aerobics (Pool)

12:00 PM Lunch Out

2:00 PM Walking Meet Up (Lobby)

3:30 PM BINGO (G.R.)

4:30 PM In The News... (Library)

6:30 PM Billiards Meet Up (B.R.)

11

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Positive Affirmations (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Tell Me Something Good (G.R.)

1:00 PM Trivia sponsored by Encompass (D.R.)

2:00 PM Walking Meet Up (Lobby)

3:30 PM Happy Hour (D.R.)

4:30 PM In The News... (Library)

6:15 PM Sunset Meet Up (At The Pool)

12

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Better Balance (Gym)

10:30 AM Water Aerobics (Pool)

10:45 AM Mini Meditation (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Make a Joyful Noise! (P.D.R.)

2:00 PM Finish The Lyrics and Sing-a-Long (G.R.)

2:00 PM Walking Meet Up (Lobby)

2:30 PM Afternoon Cardio Class (Gym)

3:30 PM BINGO (G.R.)

4:30 PM In The News... (Library)

6:00 PM Old Fashioned Game Night (G.R.)

13

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Deep Breathing Relaxation Method (Gym)

11:00 AM Friday Brain Flex (G.R.)

11:45 AM Tell Me Something Good (G.R.)

1:00 PM Feats of Strength! (Gym)

2:00 PM Pool Workout (Pool)

2:00 PM Walking Meet Up (Lobby)

3:30 PM Happy Hour (D.R.)

4:30 PM In The News... (Library)

6:30 PM Game Room Meet Up (G.R.)

14

9:00 AM Ted Talks, Ideas Worth Spreading (Library)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Deep Breathing Relaxation Method (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Activity Coordinators Choice! (G.R.)

1:45 PM BINGO (G.R.)

2:00 PM Walking Meet Up (Lobby)

4:30 PM In The News... (Library)

6:15 PM Saturday Night at the Movies! (G.R.)

15

9:30 AM Virtual Sunday Service (G.R.)

10:15 AM Chair Fitness (Gym)

10:45 AM Daily Devotions (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Arm Chair Travel with Lynn (P.D.R.)

1:45 PM BINGO (G.R.)

2:00 PM Walking Meet Up (Lobby)

4:30 PM In The News... (Library)

6:15 PM Classic TV Night Meet Up (G.R.)

16

9:00 AM Walk and Talk with Cathy (Lobby)

10:00 AM Garden Club Meet Up (Porch)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Positive Affirmations (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Tell Me Something Good (G.R.)

1:00 PM Scrapbooking (G.R.)

2:00 PM Crafty Hour (D.R.)

2:00 PM Walking Meet Up (Lobby)

3:30 PM Happy Hour (D.R.)

4:30 PM In The News... (Library)

6:15 PM Sunset Meet Up (At The Pool)

17

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Better Balance (Gym)

10:30 AM Water Aerobics (Pool)

10:45 AM Mini Meditation (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Publix Grocery Shopping (Lobby)

2:00 PM Walking Meet Up (Lobby)

2:30 PM Afternoon Cardio Class (Gym)

3:30 PM BINGO (G.R.)

4:30 PM In The News... (Library)

6:30 PM Billiards Meet Up (B.R.)

18

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Positive Affirmations (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Tell Me Something Good (G.R.)

1:30 PM Coffee Talk with Crystal (R.K.)

2:00 PM Walking Meet Up (Lobby)

2:30 PM Get Tech Savvy! (Library)

3:30 PM Happy Hour (D.R.)

4:30 PM In The News... (Library)

6:15 PM Sunset Meet Up (At The Pool)

19

9:00 AM Walk and Talk with Cathy (Lobby)

10:00 AM Card Sharks with Desiree (G.R.)

10:15 AM Better Balance (Gym)

10:15 AM Feats of Strength, Senior Style! (Gym)

10:30 AM Water Aerobics (Pool)

10:45 AM Mini Meditation (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM What Makes A Hero (G.R.)

1:00 PM Make a Joyful Noise! (P.D.R.)

2:00 PM Finish The Lyrics and Sing-a-Long (G.R.)

2:00 PM Town Hall Meeting (D.R.)

2:00 PM Walking Meet Up (Lobby)

2:30 PM Afternoon Cardio Class (Gym)

3:30 PM BINGO (G.R.)

4:30 PM In The News... (Library)

6:30 PM Billiards Meet Up (B.R.)

20

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Deep Breathing Relaxation Method (Gym)

11:00 AM Friday Brain Flex (G.R.)

11:45 AM Tell Me Something Good (G.R.)

1:00 PM Friday Fun with IN2L (G.R.)

2:00 PM Pool Workout (Pool)

2:00 PM Walking Meet Up (Lobby)

3:30 PM Happy Hour (D.R.)

4:30 PM In The News... (Library)

6:30 PM Game Room Meet Up (G.R.)

21

9:00 AM Ted Talks, Ideas Worth Spreading (Library)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Deep Breathing Relaxation Method (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Activity Coordinators Choice! (G.R.)

1:45 PM BINGO (G.R.)

2:00 PM Walking Meet Up (Lobby)

4:30 PM In The News... (Library)

6:15 PM Saturday Night at the Movies! (G.R.)

22

9:30 AM Virtual Sunday Service (G.R.)

10:15 AM Chair Fitness (Gym)

10:45 AM Daily Devotions (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Arm Chair Travel with Lynn (P.D.R.)

1:45 PM BINGO (G.R.)

2:00 PM Walking Meet Up (Lobby)

4:30 PM In The News... (Library)

6:15 PM Classic TV Night Meet Up (G.R.)

23

9:00 AM Walk and Talk with Cathy (Lobby)

10:00 AM Garden Club Meet Up (Porch)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Positive Affirmations (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Tell Me Something Good (G.R.)

1:00 PM Super Heroes (G.R.)

1:15 PM Game Show Madness! (G.R.)

2:00 PM Crafty Hour (D.R.)

2:00 PM Walking Meet Up (Lobby)

3:30 PM Happy Hour (D.R.)

4:30 PM In The News... (Library)

6:15 PM Sunset Meet Up (At The Pool)

24

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Better Balance (Gym)

10:30 AM Water Aerobics (Pool)

10:45 AM Mini Meditation (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

2:00 PM Walking Meet Up (Lobby)

2:30 PM Afternoon Cardio Class (Gym)

3:30 PM BINGO (G.R.)

4:30 PM In The News... (Library)

6:30 PM Billiards Meet Up (B.R.)

25

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Positive Affirmations (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Tell Me Something Good (G.R.)

2:00 PM Celebrations Meeting (D.R.)

2:00 PM Visionary School of Art (G.R.)

2:00 PM Walking Meet Up (Lobby)

3:30 PM Happy Hour (D.R.)

4:30 PM In The News... (Library)

6:15 PM Sunset Meet Up (At The Pool)

26

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Better Balance (Gym)

10:30 AM Water Aerobics (Pool)

10:45 AM Mini Meditation (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Heroes from Around the World (G.R.)

1:00 PM Make a Joyful Noise! (P.D.R.)

2:00 PM Dollar Tree/Beals Outlet (Lobby)

2:00 PM Finish The Lyrics and Sing-a-Long (G.R.)

2:00 PM Walking Meet Up (Lobby)

2:30 PM Resident Council Meeting (P.D.R.)

3:30 PM BINGO (G.R.)

4:30 PM In The News... (Library)

6:30 PM Billiards Meet Up (B.R.)

27

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Deep Breathing Relaxation Method (Gym)

11:00 AM Friday Brain Flex (G.R.)

11:45 AM Tell Me Something Good (G.R.)

1:00 PM Super Hero Trivia (G.R.)

2:00 PM Pool Workout (Pool)

2:00 PM Walking Meet Up (Lobby)

3:30 PM Super Hero Happy Hour! (D.R.)

4:30 PM In The News... (Library)

6:30 PM Game Room Meet Up (G.R.)

28

9:00 AM Ted Talks, Ideas Worth Spreading (Library)

10:15 AM Sit and Be Fit! (Gym)

10:45 AM Deep Breathing Relaxation Method (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Activity Coordinators Choice! (G.R.)

1:45 PM BINGO (G.R.)

2:00 PM Walking Meet Up (Lobby)

4:30 PM In The News... (Library)

6:15 PM Saturday Night at the Movies! (G.R.)

29

9:30 AM Virtual Sunday Service (G.R.)

10:15 AM Chair Fitness (Gym)

10:45 AM Daily Devotions (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Arm Chair Travel with Lynn (P.D.R.)

1:45 PM BINGO (G.R.)

2:00 PM Walking Meet Up (Lobby)

4:30 PM In The News... (Library)

6:15 PM Classic TV Night Meet Up (G.R.)

30

9:00 AM Walk and Talk with Cathy (Lobby)

10:00 AM Memorial Day Tribute (D.R.)

11:00 AM Brain Fitness (G.R.)

11:45 AM Tell Me Something Good (G.R.)

12:00 PM All American Hot Dog Lunch (D.R.)

1:15 PM Red, White and Blue Trivia (G.R.)

2:00 PM Walking Meet Up (Lobby)

3:30 PM Patriotic Happy Hour and Sing a Long (D.R.)

4:30 PM In The News... (Library)

6:15 PM Sunset Meet Up (At The Pool)

31

9:00 AM Walk and Talk with Cathy (Lobby)

10:15 AM Better Balance (Gym)

10:30 AM Water Aerobics (Pool)

10:45 AM Mini Meditation (Gym)

11:00 AM Brain Fitness (G.R.)

11:45 AM Positive Vibes Only (G.R.)

1:00 PM Publix Grocery Shopping (Lobby)

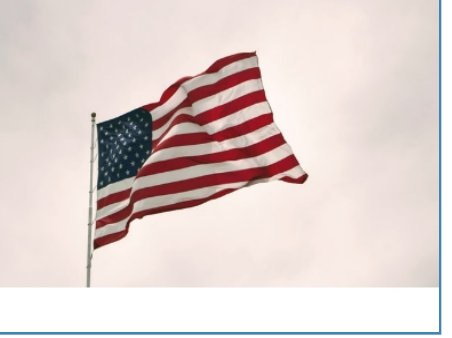
2:00 PM Walking Meet Up (Lobby)

2:30 PM Afternoon Cardio Class (Gym)

3:30 PM BINGO (G.R.)

4:30 PM In The News... (Library)

6:30 PM Billiards Meet Up (B.R.)



May 2022

2625 SE Cove RD. Stuart Fl. 34997 772-266-2500



CELEBRATIONS
ACTIVITIES & EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10:00 Groovy Moves 11:00 Noodle Ball 11:15 Cranium Crunches 1:15 Puzzles & Games 2:00 Finish the Phrase 3:00 Happy Birthday Ann! 3:30 Walking Club 4:00 Ring Toss Contest 6:00 Movies	9:30 Sit & B Fit 10:30 Noodle Ball 11:15 Sing-a-long 1:15 Puzzles & Games 2:15 Giant Connect 4 3:00 Snack and Chat 3:45 Bingo 6:00 Movie & Massage	9:30 Move & Groove 10:30 Balloon Volleyball 10:30 Water Aerobics 11:00 Daily Chronicle 1:15 Crafting & Puzzles 2:00 Darts (Velcro) 3:00 Sip & Snack 3:30 Salt Painting 6:00 Smooth Jazz	10:00 Ribbon Dancing 10:30 Snacktivity 11:00 Pictionary 1:15 Creative Colors-IN2L 2:00 K-9 Officers Visit 2:30 **Eldergrow** 3:00 Scrumptious Snacks 4:00 Name That Tune 6:00 Movie and Massage	10:00 Bodies in Motion 10:30 Water Aerobics 10:30 Kickball 11:00 Opposites 11:15 Old Time Music Jam 2:00 Cinco de Mayo Celebration! 3:15 Cinco Snacks 3:45 Ring Toss 6:00 Soothing Jazz	10:00 Stretch w/ Jeff 10:30 Sip & Snack 11:00 Balloon Volley 11:15 Brain Games 1:15 Scented Massages 2:00 White Board Games 3:00 Happy Birthday Ron! 3:45 Walking Club 6:00 Movie	10:00 Chair Yoga 11:00 Good News Report 11:15 Melodies with Dana 1:15 Puzzles & Games 2:00 Discovery Derby! 3:00 Snack & Sip 3:30 Movie Matinee 6:00 Kentucky Derby	
9:00 Mother's Day Service IN2L 10:00 Bodies in Motion 10:30 Daily Chronicles 11:00 Cornhole on Patio 12:00 Mother's Day Lunch 1:15 Puzzles & Games 2:00 Flower Arranging 3:00 Movie and Snacks 6:00 Movie	9:30 Sit & B Fit 10:30 Noodle Ball 11:00 Decades Trivia the 50's-IN2L 11:15 Sing-a-long 2:00 No Bake Baking 3:00 Sip and Chat 3:45 Bingo 6:00 Movie & Massage	9:30 Move & Groove 10:30 Balloon Volleyball 10:30 Water Aerobics 11:00 Daily Chronicle 1:15 Crafting & Puzzles 2:00 **Eldergrow** 3:00 Sip & Snack 3:30 Watercolors 6:00 Smooth Jazz	10:00 Reach For the Stars 10:30 Snacktivity 11:00 Pictionary 1:15 Coloring to the Classics 2:00 Harmonious Zen w/ Dana 3:00 Scrumptious Snacks 4:00 Name That Tune 6:00 Movie and Massage	10:00 Bodies in Motion 10:30 Water Aerobics 10:30 Kickball 11:00 Opposites 11:15 Old Time Music Jam 2:30 Singing Church Lady 3:00 Happy Birthday Lauretta! 3:45 Ring Toss 6:00 Soothing Jazz	10:00 Stretch w/ Jeff 10:30 Sip & Snack 11:00 Balloon Volley 11:15 Brain Games-IN2L 1:15 Scented Massages 2:00 Horseracing 3:00 Make Your Own Sundaes! 3:45 Walking Club 6:00 Movie	10:00 Bodies in Motion 10:30 Chair Kickball 11:00 This Day in History 1:15 Puzzles & Games 2:00 Oldies Jam w/ Dana 3:00 Happy Hour 3:30 **Eldergrow** 4:00 Bingo 6:00 Magic Melodies	
10:00 Groovy Moves 11:00 Noodle Ball 11:15 Cranium Crunches 1:15 Puzzles & Games 2:00 Finish the Phrase 3:00 Snacks 3:30 Walking Club 4:00 Ring Toss Contest 6:00 Movies	9:30 Sit & B Fit 10:30 Noodle Ball 11:00 Decades Trivia the 50's IN2L 11:15 Sing-a-long 1:15 Puzzles & Games 2:00 No Bake Baking 3:00 Sip and Chat 3:45 Bingo 6:00 Movie & Massage	10:00 Rhythm & Moves 10:30 Noodle Baseball 10:30 Water Aerobics 11:00 Daily Chronicle 11:15 Sing-a-long 1:15 Color Fun & Puzzles 2:00 Decorate Cookies 3:00 Coffee & Cookies! 3:30 Cornhole 6:00 Movie	10:00 Sit & Be Fit 10:30 Hydration Break 11:15 Toss Across 1:15 Opposites 2:00 Music Guided Relaxation w/ Dana 3:00 Snack Shack 4:00 **Eldergrow** 6:00 Smooth Jazz and Movie	10:00 Bodies in Motion 10:30 Water Aerobics 11:00 Flyswatter Tennis 11:15 Old Time Music Jam 1:15 Table Games 1:30 Men's Club~Wood Working 2:15 Singing Church Lady 3:45 Ring Toss 6:00 Soothing Jazz	10:00 Stretch w/ Jeff 10:30 Sip & Snack 11:00 Toss Across 11:15 Brain Games 1:15 Scented Massages 2:00 White Board Games 3:00 Snack Shack & Chat 3:45 Walking Club 6:00 Movie	10:00 Chair Yoga 11:00 Good News Report 11:15 Sing-a-long 1:15 Puzzles & Games 2:00 Bingo 3:00 Snack & Sip 3:30 Movie Matinee 6:00 Yoga Wind-down IN2L	
10:00 Groovy Moves 11:00 Noodle Ball 11:15 Cranium Crunches 1:15 Puzzles & Games 2:00 Finish the Phrase 3:00 Snacks 3:30 Walking Club 4:00 Ring Toss Contest 6:00 Movies	10:00 Chair Dancing 10:30 Snack Time & Hydrate 11:00 Comedy Break 11:15 Balloon Volley 1:00 Nature Documentary 2:00 IN2L Match Game 3:00 Bingo Marathon 4:00 Giant Connect 4 6:00 Movie	10:00 Groovy Moves 10:30 Water Aerobics 11:00 Toss Across 11:15 It Was How Much!?-IN2L 1:15 Puzzles & Games 2:00 Gino Sings! 3:00 Snack & Sip 3:30 Walking Club 4:00 Ring Toss Contest	10:00 Eldergrow 10:30 Snack Time & Hydrate 11:00 Comedy Break 11:15 Out to Lunch Bunch 1:00 Nature Documentary 2:00 IN2L 3:00 Bingo Marathon 4:00 Giant Connect 4 6:00 Movie	10:00 Bodies in Motion 10:30 Kickball 10:30 Water Aerobics 11:00 News & Views 11:15 Name That Tune-IN2L 1:15 Puzzles & Games 2:30 Singing Church Lady 3:30 Hydration Station 4:00 Shut the Box Game 6:00 Movie	10:00 Stretch w/ Jeff 10:30 Chat & Sip 10:45 Courtyard Walk 11:15 Brain Games 1:15 Puzzles & Scented Massages 3:00 Happy Hour 4:00 Toss Across 6:00 Movie	10:00 Bodies in Motion 10:30 Chair Kickball 11:00 This Day in History-IN2L 1:15 Puzzles & Games 2:00 Crafts 3:00 Happy Hour 3:30 Movie Matinee 4:00 Bingo 6:00 Magic Melodies	
10:00 Morning Stretch 10:30 Sip &~Popsicles 11:00 Price is Right-IN2L 1:00 Color & Puzzles 2:00 Hangman & Big Board Word Games 3:00 Coffee Talk 4:00 Table Games~UNO 6:00 Movie	9:30 Sit & B Fit 10:30 Noodle Ball 11:15 Sing-a-long 1:30 Trip to Elliott Museum 2:15 Giant Connect 4 3:00 Snack and Chat 3:45 Bingo 6:00 Movie & Massage	10:00 Move & Groove 10:30 Water Aerobics 10:30 Balloon Volleyball 11:00 Daily Chronicle 1:15 Rhythm & Hues 2:00 Darts (Velcro) 3:00 Sip & Snack 3:30 Watercolors Painting 6:00 Smooth Jazz					

May 2022

Stuart MC Programming Calendar