

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy May Day 1 10:00 inTouch w/ Dr. Charles Stanley (B - Ch. 8) 11:00 First Baptist Church (B-Ch. 8) 2:00 Sunday Social Hour (B) 3:00 Walking Group (L) 4:00 History Channel (B) 6:00 Scrabble (GR) <small>May Day</small>	2 10:00 Manicures/Pedicures (S) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 1:30 Dollar Tree Shopping Trip (L) 3:00 May IQ Test Trivia (B) 4:00 Adult Coloring (GR) 7:00 Wheel of Fortune 7:30 Jeopardy	3 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Bingo (GR) 3:00 Mix-it-Up Word Scramble (B) 6:00 Crossword Puzzles 7:00 Wheel of Fortune 7:30 Jeopardy	4 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Bingo (GR) 3:00 Wine Down Wednesday (B) 6:00 Crossword Puzzles 7:00 Wheel of Fortune 7:30 Jeopardy	5 10:00 Walking Club (GR) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Music with Diane Hart (DR) 3:00 Veterans Social & Photos (B) 6:00 Crossword Puzzles 7:00 HGTV <small>Cinco de Mayo</small>	6 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Bingo (GR) 3:00 Mother's Day Celebration (FP) 6:00 Shabbat Service (Televised – GR) 7:00 Wheel of Fortune 7:30 Jeopardy	7 10:00 Shabbat Service (Televised – GR) 10:30 Daily Bread Books (GR) 11:00 Crossword Puzzles (GR) 2:00 Board Games (GR) 3:00 Movie Madness (B) 4:00 Afternoon Stroll (L) 7:00 Father Brown (B-Ch. 23)
Happy Mother's Day 8 10:00 inTouch w/ Dr. Charles Stanley (B - Ch. 8) 11:00 First Baptist Church (B-Ch. 8) 2:00 Sunday Social Hour (B) 3:00 Walking Group (L) 4:00 History Channel (B) 6:00 Scrabble (GR) <small>Mother's Day</small>	9 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Bingo (GR) 3:00 Travel Quest (GR) 4:00 Card Games (GR) 6:00 Crossword Puzzles 7:00 Wheel of Fortune 7:30 Jeopardy	10 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Resident Council Meeting (B) 3:00 Adult Coloring (B) 6:00 Board Games 7:00 Wheel of Fortune 7:30 Jeopardy	11 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 1:30 Agecroft Hall Tour (L) 3:00 Wine Down Wednesday (B) 6:00 Crossword Puzzles 7:00 Wheel of Fortune 7:30 Jeopardy	12 10:00 Walking Club (GR) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Bingo (GR) 3:00 Adult Coloring 6:00 Board Games 7:00 Wheel of Fortune 7:30 Jeopardy	13 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Bingo (GR) 3:00 Fresh Air & Refreshments (FP) 6:00 Shabbat Service (Televised – GR) 7:00 Wheel of Fortune 7:30 Jeopardy	14 10:00 Shabbat Service (Televised – GR) 10:30 Daily Bread Books (GR) 11:00 Crossword Puzzles (GR) 2:00 Cooking with Karla (B) 3:00 Movie Madness (B) 4:00 Afternoon Stroll (L) 7:00 Father Brown (B-Ch. 23)
15 10:00 inTouch w/ Dr. Charles Stanley (B - Ch. 8) 11:00 First Baptist Church (B-Ch. 8) 2:00 Sunday Social Hour (B) 3:00 Walking Group (L) 4:00 History Channel (B) 6:00 Scrabble (GR)	16 10:00 Manicures/Pedicures(S) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Virginia War Memorial Presentation – Jim Triesler (DR) 3:00 Travel Quest (GR) 4:00 Crossword Puzzles (GR) 6:00 HGTV	17 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Crafters' Circle (GR) 3:00 Board Games (B) 6:00 Adult Coloring 7:00 Wheel of Fortune 7:30 Jeopardy	18 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 1:30 Kroger Shopping Trip (L) 2:00 Catholic Communion (TH) 3:00 Wine Down Wednesday 6:00 Crossword Puzzles 7:00 HGTV	19 10:00 Walking Club (GR) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Caring Canines Pet Visit (Front Porch & Patio) 3:00 Adult Coloring (GR) 6:00 Crossword Puzzles 7:00 HGTV	20 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Bingo 3:00 Fresh Air & Refreshments (FP) 6:00 Shabbat Service (Televised – GR) 7:00 Wheel of Fortune 7:30 Jeopardy	21 10:00 Shabbat Service (Televised – GR) 10:30 Daily Bread Books (GR) 11:00 Crossword Puzzles (GR) 2:00 Board Games (GR) 3:00 Movie Madness (B) 4:00 Afternoon Stroll (L) 7:00 Father Brown (B-Ch. 23) <small>Armed Forces Day</small>
22 10:00 inTouch w/ Dr. Charles Stanley (B - Ch. 8) 11:00 First Baptist Church (B-Ch. 8) 2:00 Sunday Social Hour (B) 3:00 Walking Group (L) 4:00 History Channel (B) 6:00 Scrabble (GR)	23 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Bingo (GR) 3:00 Travel Quest (GR) 4:00 Crossword Puzzles (GR) 6:00 HGTV <small>Victoria Day (Canada)</small>	24 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Birthday Celebration with Craig Anders (DR) 3:00 Adult Coloring (GR) 6:00 Crossword Puzzles 7:00 Wheel of Fortune 7:30 Jeopardy	25 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 10:45 Music with Mary Stella (MC) 2:00 Bingo (GR) 3:00 Wine Down Wednesday (B) 6:00 History Channel	26 10:00 Walking Club (GR) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:30 – Henrico County Mobile Library (B) 3:00 Adult Coloring (GR) 6:00 Crossword Puzzles 7:00 HGTV	27 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 1:30 Walmart Shopping Trip (L) 3:00 Fresh Air & Refreshments (FP) 6:00 Shabbat Service (Televised – GR) 7:00 Wheel of Fortune 7:30 Jeopardy	28 10:00 Shabbat Service (Televised – GR) 10:30 Daily Bread Books (GR) 11:00 Crossword Puzzles (GR) 2:00 Board Games (GR) 3:00 Movie Madness (B) 4:00 Afternoon Stroll (L) 7:00 Father Brown (B-Ch. 23)
29 10:00 inTouch w/ Dr. Charles Stanley (B - Ch. 8) 11:00 First Baptist Church (B-Ch. 8) 2:00 Sunday Social Hour (B) 3:00 Walking Group (L) 4:00 History Channel (B) 6:00 Scrabble (GR)	Memorial Day 30 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Bingo (GR) 3:00 Travel Quest (GR) 4:00 Card Games (GR) 6:00 Crossword Puzzles 7:00 Wheel of Fortune 7:30 Jeopardy <small>Memorial Day</small>	31 10:00 Walking Club (L) 10:30 Daily Devotions (GR) 11:00 Sit & Get Fit (GR) 2:00 Music with Mary Stella (DR) 6:00 Board Games 7:00 Wheel of Fortune 7:30 Jeopardy	Location key: GR – Game Room TH – Theater B – Bistro DR – Dining Room P – Patio/FP – Front Porch L – Lobby S – Salon Each day consists of activities related to the following: physical, social, cognitive, and intellectual.			

May 2022

Each daily activity is scheduled to last at least 30 minutes. All activities are subject to change. 2422 University Park Boulevard, Richmond VA 23233 / 804-554-1555 All outings depart from front lobby.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Virtual Exercise – Ch. 970 1 11:00 Grove Ave Baptist Church on NBC 12 3:00 Documentary – Ch. 970 <i>*See flyer for description!</i>	9:30 Grocery/Bank Bus Run (+) 2 10:00 Brain Fitness (L) 11:00 Ageless Grace Exercise Class (B) 1:00 Nickel Bingo (B) 1:00 Rummikub (L#) 1:30 Shopping Bus Run (+) 2:00 Busy Fingers Group (L#) 4:30 Resident Happy Hour (B#) 7:00 Books with Benefits: Discussions (L#) <i>Nomadland</i>	9:00 Guided Meditation – Ch. 970 3. 10:00 Strength & Balance Exercise Class (B) 11:00 Fox Rehab Health Talks: Understanding the Effects of Aging (T) 12:00 Tech Class with Mark (L) 1:00 Darts (B) 2:00 Netflix Series: The Queens Gambit (T) 4:30 Name Tag Happy Hour (B) 6:30 Putter Ball in the Lobby (#)	10:00 Chair Yoga with Iffet (B) 4 11:00 Card Making Club: Notes for the Needy (L#) 12:00 Catholic Communion(T#) 2:00 Spread some Sunshine: Visit with the AL building (+) 4:30 Resident Happy Hour (B#) 7:00 Card Game – “31” (L#)	9:00 Guided Meditation – Ch. 970 5 10:15 Balance Class with Fox Rehab (B) 10:45 Assorted Danishes (B) 11:15 Group Crossword Puzzle (B) 2:00 Movie: Just Like Heaven 4:30 Cinco De Mayo Happy Hour (B) 6:30 Corn Hole in the Pub (#)	9:30 <i>Limited</i> Shopping Bus Run (+) 6 10:00 Chair Yoga with Iffet (B) 11:15 Lunch Bunch: Cracker Barrel (\$+) 1:30 Shopping Bus Run (+) 2:00 Dollar Bingo (B) 4:30 Wine & Cheese Happy Hour (B) 7:00 Bob’s Friday Flick (T#)	10:00 Virtual Exercise – Ch. 970 7. 11:00 Line Dancing with Phyllis (B) 1:00 Rummikub – 3 tables (L#) 1:00 Contract Rummy – 1 table (L#) 2:00 Corn Hole in the Lobby (#) 4:30 Resident Happy Hour (B#) 7:00 Movie: Left Behind (T)
10:00 Virtual Exercise – Ch. 970 8 11:00 Grove Ave Baptist Church Service on NBC 12 12:00 -2:00 Mother’s Day Sunday Brunch (D) <i>No Dinner in the Dining Room Tonight; To-Go Box Dinners Delivered Free of Charge</i> 3:00 Documentary – Ch. 970 <i>*See flyer for description!</i>	9:30 Grocery/Bank Bus Run (+) 9 10:00 Brain Fitness (L) **No Jammin’ with Jillson ** 1:00-1:50 Nickel Bingo (B) 1:00 Rummikub (L#) 1:30 Shopping Bus Run (+) 2:00 Bible Study Group (T#) 2:00 Busy Fingers Group (L#) 4:30 Resident Happy Hour (B#) 7:00 Poetry Circle (W#)	9:00 Guided Meditation – Ch. 970 10 10:00 Strength & Balance Exercise Class (B) 11:00 Floral Arranging 1:00 Party Bridge (L#+) 2:00 Netflix Series: The Queens Gambit (T) 3:00 Silver Sneakers Cardio Class 4:30 Name Tag Happy Hour (B) 6:30 Putter Ball in the Lobby (#)	9:00 Complimentary Breakfast 11 (B+) <i>*Remember to sign up, please</i> 10:00 Chair Yoga with Iffet (W) 11:00 Busy Fingers Outing (#) 3:00 Chef’s Demo and Tasting (B+) 4:30 Resident Happy Hour (B#) 7:00 Card Game – “31” (L#)	9:00 Guided Meditation Ch. 970 12 10:15 Balance Class with Fox Rehab (B) 10:45 Muffins and Mimosas (B) 11:15 Group Crossword Puzzle (B) 1:00 Henrico County Mobile Library (B) 2:00 Movie: The Shack 4:30 Happy Hour (B) 6:30 Corn Hole in the Pub (#)	9:30 Shopping Bus Run (+) 13 10:00 Chair Yoga with Iffet (B) 11:00 Who wants to be a Millionaire Game (B) 1:30 Shopping Bus Run (+) 2:00 Prize Bingo (B) 4:30 Wine & Cheese Happy Hour (B) 7:00 Bob’s Friday Flick (T#)	10:00 Virtual Exercise–Ch. 970 14 1:00 Rummikub – 3 tables (L#) 1:00 Contract Rummy – 1 table (L#) 2:00 Putter Ball in the Lobby (#) 4:30 Resident Happy Hour (B#) 7:00 Movie: Overcomer (T)
10:00 Virtual Exercise Ch. 970 15 11:00 Grove Ave Baptist Church Service on NBC 12 3:00 Documentary – Ch. 970 <i>*See flyer for description!</i>	9:30 Grocery/Bank Bus Run (+) 16 10:00 Brain Fitness (L) 11:00 Ageless Grace (B) 1:00 Prize Bingo (B) 1:00 Rummikub (L#) 1:30 Shopping Bus Run (+) 2:00 Busy Fingers Group (L#) 4:30 Resident Happy Hour (B#) 4:30 Dinner at Little Angelas (+)	9:00 Guided Meditation – Ch. 970 17 10:00 Strength & Balance (B) 11:00 Fox Rehab Blood Pressure Screenings (W) 12:00 Tech Class with Mark (L) 1:00 Darts (B) 2:00 Netflix Series: The Queens Gambit (T) 3:00 OnSite Dermatology Apartment Visits (+) 4:30 Name Tag Happy Hour (B)	9:30 Hearing Aid Clinic (L) 18 10:00 Chair Yoga with Iffet (B) 12:30 My Life Story Luncheon – Topic: <u>My Fondest memories of my Mother</u> (B+) 3:00 One Day University Series: (T) 4:30 Resident Happy Hour (B#) 6:30 Performance by Joe LaLuna (B) 7:00 Card Game – “31” (L#)	9:00 Guided Meditation – Ch. 970 19 10:15 Balance Class with Fox Rehab (B) 10:45 Assorted Scones (B) 11:15 Group Crossword Puzzle (B) 1:30 Q&A Healthy Hearts, Diet & Nutrition Discussion with Gen (B+) 2:00 Movie: Patsy and Loretta (T) 4:30 Celebrity Happy Hour (B) 6:30 Corn Hole in the Pub (#)	9:00 Made-to-Order Omelets (+) 20 <i>See back for more info!</i> 9:30 <i>Limited</i> Shopping Bus Run (+) 10:00 Chair Yoga with Iffet (B) 11:45 Tea at the Jefferson (\$+) 2:00 Candy Bingo (B) 4:30 Wine & Cheese Happy Hour (B) 7:00 Bob’s Friday Flick (T#)	10:00 Virtual Exercise- Ch. 970 21. 11:00 Line Dancing with Phyllis (B) 1:00 Rummikub (L#) 2:00 Cornhole in the Lobby 4:30 Resident Happy Hour (B#) 7:00 Movie: Invictus (T) Armed Forces Day
10:00 Virtual Exercise – Ch. 970 22 11:00 Grove Ave Baptist Church Service on NBC 12 1:00 Candy Bingo (B) 3:00 Team Trivia Competition with Dan (B+) 3:00 Documentary – Ch. 970 <i>*See flyer for description!</i>	9:30 Grocery/Bank Bus Run (+) 23 10:00 Brain Fitness (L) 11:00 Jamin’ with Jillson (B) 1:00 -1:50 Dollar Bingo (B) 1:00 Rummikub (L#) 1:30 Regency Area Shopping Run (+) 2:00 Busy Fingers Group (L#) 2:00 Bible Study Group (T#) 4:30 Resident Happy Hour (B#) 7:00 Monthly Unforgettable Foreign Film Series: My Father’s Glory(T#)	9:00 Guided Meditation – Ch. 970 24 10:00 Strength & Balance (B) 1:00 Silver Sneakers Cardio Class 2:00 Netflix Series: The Queens Gambit (T) 3:00 Beginner Container Gardening (B+) 4:30 Name Tag Happy Hour (B) 6:30 Putter Ball in the Lobby (#) 7:00 Monthly Unforgettable Foreign Film Series: My Mother’s Castle (T#)	10:00 Chair Yoga with Iffet (B) 25 11:00 Trivia Contest (B) 11:30 An Afternoon of Thrifting and lunch (\$+) 2:00 Crafting Corner (B) 4:30 Resident Happy Hour (B#) 7:00 Card Game – “31” (L#)	9:00 Guided Meditation – Ch. 970 26 10:15 Balance Class with Fox Rehab (B) 10:45 Assorted Donuts (B) 11:15 Group Crossword Puzzle (B) 1:00 Henrico County Mobile Library (B) 2:00 Movie: Ella Fitzgerald (T) 4:30 Happy Hour (B)	9:30 Shopping Bus Run (+) 27 10:00 Chair Yoga with Iffet (B) 1:30 Shopping Bus Run (+) 2:00 Memorial Day Program (B) 2:30 Fitness Room Orientation 3:00 Mobile Library Crafting Corner! (B) 4:30 Wine & Cheese Happy Hour (B) 6:30 Me and Martha (B) 7:00 Bob’s Friday Flick (T#)	1:00 Rummikub – 3 tables (L#) 28 1:00 Contract Rummy – 1 table (L#) 4:30 Resident Happy Hour (B#) 7:00 Movie: The Hurricane Heist (T)
10:00 Virtual Exercise – Ch. 970 29 11:00 Grove Ave Baptist Church Service on NBC 12 1:30 Vet 2 Vet: A Veterans Social Group (B+) 3:00 Documentary – Ch. 970 <i>*See flyer for description!</i>	9:30 Grocery/Bank Bus Run (+) 30 10:00 Brain Fitness (L) 11:00 Ageless Grace (B) 1:00 Dollar Bingo (B) 1:00 Rummikub (L#) 1:30 Regency Area Shopping Run (+) 2:00 Busy Fingers Group (L#) 4:30 Resident Happy Hour (B#) 7:00 Books w/ Benefits Meeting (L#)	9:00 Guided Meditation – Ch. 970 31 10:00 Strength & Balance (B) 11:00 Volunteer Opportunities Meeting (L) 1:00 Silver Sneakers Cardio Class 2:00 Netflix Series: The Queens Gambit (T) 4:30 Name Tag Happy Hour (B) 6:30 Putter Ball in the Lobby (#)	P-Patio B-Legends Bar D-Dining Room L-Library W-Wellness T-Theater +Sign up required #-Resident led	Dining Room Hours: Open Breakfast: 8:30am-12:00 Daytime Dining: 12:00pm-5:30pm Delivery Ends at 4:45 pm Formal Dining: 5:30 pm	<h1>May</h1>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 First Baptist on TV (LR, R) 2:00 Spa Afternoon (AR, Sy) 3:00 Sundae Social (DR, S) 3:30 Sunday Stretches (AR, Ph) 4:00 May Day Trivia (LR, C) 6:00 Baseball on TV (LR) 7:30 Sunday at the Cinema (AR)</p> <p>May Day</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 BINGO (LR, S) 2:00 Flower Crafternoon (LR, C) 3:00 Snacktivity – Mocktail Monday 4:00 Seniorcize (LR, Ph) 4:30 Meditation (LR, R) 7:30 Jeopardy (AR, C)</p>	<p>9:30 Bread Baking (DR, S) 10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 Bible Study & Hymn Sing (LR, R) 2:00 Chicken Soup for the Soul 3:00 Snacktivity – Tea Time 6:00 Tic Tac Tuesday (AR, C)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion – Walking Club (CY, Ph) 11:30 Bird Sound Game (LR, R, Sy) 2:00 Sign Language (LR, C) 3:00 Snacktivity – Coffee & Conversation 4:00 Bird Watercolor Art (LR, C) 7:00 Wheel of Fortune (AR, C)</p> <p>Bird Day</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (CY, Ph) 11:00 Cinco de Mayo Trivia (LR, C) 2:00 Bible Study with Lorrie (LR, R) 3:00 Snacktivity 3:30 Recreation Exercise (LR, Ph) 4:00 Therapeutic Coloring (LR, C) 6:30 Manicures (AR, Sy) 8:00 Golden Girls (AR, R)</p> <p>Cinco de Mayo</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (CY, Ph) 11:00 You've Got Mail (AR, R) 2:00 Teacup Succulents (LR, Sy) 3:00 Snacktivity – Water Infusion Bar (DR, Sy) 4:00 Noodlecize (LR, Py) 7:00 Hallmark Movie (AR)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (CY, Ph) 11:00 BINGO (LR, S) 2:00 Hand Massages (AR, Sy) 3:00 Snacktivity – Fresh Fruit Smoothies 3:30 Therapeutic Coloring (LR) 4:00 Bowling (LR, Ph) 6:00 Kentucky Derby (AR, R)</p>
<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 First Baptist on TV (LR, R) 2:00 Spa Afternoon (AR, Sy) 3:00 Sundae Social (DR, S) 3:30 Sunday Stretches (AR, Ph) 4:00 Mother's Day Trivia (LR, C) 6:00 Baseball on TV (LR) 7:30 Sunday at the Cinema (AR)</p> <p>Mother's Day</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 BINGO (LR, S) 2:00 Bird Crafternoon (LR, C) 3:00 Snacktivity – Mocktail Monday 4:00 Collage (LR, Ph) 4:30 Meditation (LR, R) 7:30 Jeopardy (AR, C)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 Bible Study & Hymn Sing (LR, R) 12:00 Ladies Lunch 2:00 Chicken Soup for the Soul 3:00 Snacktivity – Tea Time 6:00 Tic Tac Tuesday (AR, C)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion – Walking Club (CY, Ph) 11:30 Recipes & Reminiscing (LR, R) 2:00 Sign Language (LR, C) 3:00 Snacktivity – Coffee & Conversation 4:00 100 Words (LR, C) 7:00 Wheel of Fortune (AR, C)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (CY, Ph) 11:00 Spring Word Scramble (LR, C) 3:00 Snacktivity 3:30 Recreation Exercise (LR, Ph) 4:00 Therapeutic Coloring (LR, C) 6:30 Manicures (AR, Sy) 8:00 Golden Girls (AR, R)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (CY, Ph) 11:00 You've Got Mail (AR, R) 11:00 Joy Ride 2:00 Hometown Heroes (LR, S) 3:00 Snacktivity – Happy Hour (DR, Sy) 3:30 Fun Fact Friday (LR, C) 4:00 Noodlecize (LR, Py) 7:00 Hallmark Movie (AR)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (CY, Ph) 11:00 BINGO (LR, S) 2:00 Hand Massages (AR, Sy) 3:00 Snacktivity – Fresh Fruit Smoothies 3:30 Therapeutic Coloring (LR) 4:00 Basketball (LR, Ph) 6:00 Lawrence Welk</p>
<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 First Baptist on TV (LR, R) 2:00 Spa Afternoon (AR, Sy) 3:00 Sundae Social (DR, S) 3:30 Sunday Stretches (AR, Ph) 4:00 Spring Trivia (LR, C) 6:00 Baseball on TV (LR) 7:30 Sunday at the Cinema (AR)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 BINGO (LR, S) 2:00 Sunshine Crafternoon (LR, C) 3:00 Snacktivity – Mocktail Monday 4:00 Seniorcize (LR, Ph) 4:30 Meditation (LR, R) 7:30 Jeopardy (AR, C)</p>	<p>9:30 Bread Baking (DR, S) 10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 Bible Study & Hymn Sing (LR, R) 2:00 Chicken Soup for the Soul 3:00 Snacktivity – Tea Time 6:00 Tic Tac Tuesday (AR, C)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion – Walking Club (CY, Ph) 11:30 High School Hobby Chat (LR, R) 2:00 Sign Language (LR, C) 3:00 Snacktivity – Coffee & Conversation 4:00 Flower Watercolor Art (LR, C) 7:00 Wheel of Fortune (AR, C)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (CY, Ph) 11:00 Spring Word Scramble (LR, C) 2:00 Bible Study with Lorrie (LR, R) 2:30 Caring Canines (CY, Sy) 3:00 Snacktivity 3:30 Recreation Exercise (LR, Ph) 4:00 Therapeutic Coloring (LR, C) 6:30 Manicures (AR, Sy) 8:00 Golden Girls (AR, R)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (CY, Ph) 11:00 You've Got Mail (AR, R) 2:00 Parachute Games (LR, Ph) 3:00 Snacktivity – Birthday Social (DR, Sy) 4:00 Noodlecize (LR, Py) 7:00 Hallmark Movie (AR)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (CY, Ph) 11:00 BINGO (LR, S) 2:00 Hand Massages (AR, Sy) 3:00 Snacktivity – Fresh Fruit Smoothies 3:30 Therapeutic Coloring (LR) 4:00 Bowling (LR, Ph) 6:00 Lawrence Welk Armed Forces Day</p>
<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 First Baptist on TV (LR, R) 2:00 Spa Afternoon (AR, Sy) 3:00 Sundae Social (DR, S) 3:30 Sunday Stretches (AR, Ph) 4:00 Baseball Trivia (LR, C) 6:00 Baseball on TV (LR) 7:30 Sunday at the Cinema (AR)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 BINGO (LR, S) 2:00 Flower Crafternoon (LR, C) 3:00 Snacktivity – Mocktail Monday 4:00 Corn Hole (LR, Ph) 4:30 Meditation (LR, R) 7:30 Jeopardy (AR, C)</p> <p>Victoria Day (Canada)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 Bible Study & Hymn Sing (LR, R) 12:00 Ladies Lunch 2:00 Chicken Soup for the Soul 3:00 Snacktivity – Tea Time 6:00 Tic Tac Tuesday (AR, C)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion – Walking Club (CY, Ph) 11:30 Career Conversations (LR, R) 2:00 Sign Language (LR, C) 3:00 Snacktivity – Coffee & Conversation 4:00 100 Words (LR, C) 7:00 Wheel of Fortune (AR, C)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (CY, Ph) 11:00 Memorial Day Trivia (LR, C) 2:00 Veteran Wall Unveiling (LR, R) 3:00 Snacktivity 3:30 Recreation Exercise (LR, Ph) 4:00 Therapeutic Coloring (LR, C) 6:30 Manicures (AR, Sy) 8:00 Golden Girls (AR, R)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (CY, Ph) 11:00 You've Got Mail (AR, R) 2:00 Memorial Day Trivia (LR, C, R) 3:00 Snacktivity – Water Infusion Bar (DR, Sy) 4:00 Noodlecize (LR, Py) 7:00 Hallmark Movie (AR)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (CY, Ph) 11:00 BINGO (LR, S) 2:00 Hand Massages (AR, Sy) 3:00 Snacktivity – Fresh Fruit Smoothies 3:30 Therapeutic Coloring (LR) 4:00 Basketball (LR, Ph) 6:00 Lawrence Welk</p>
<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 First Baptist on TV (LR, R) 2:00 Spa Afternoon (AR, Sy) 3:00 Sundae Social (DR, S) 3:30 Sunday Stretches (AR, Ph) 4:00 Rosie Riveter Trivia (LR, C) 6:00 Baseball on TV (LR) 7:30 Sunday at the Cinema (AR)</p>	<p>10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 BINGO (LR, S) 2:00 Collage Crafternoon (LR, C) 3:00 Snacktivity – Mocktail Monday 4:00 Seniorcize (LR, Ph) 4:30 Meditation (LR, R) 7:30 Jeopardy (AR, C)</p> <p>Memorial Day</p>	<p>9:30 Bread Baking (DR, S) 10:00 Morning Reflection (LR, R) 10:30 Morning in Motion (LR, Ph) 11:00 Bible Study & Hymn Sing (LR, R) 2:00 Chicken Soup for the Soul 3:00 Snacktivity – Tea Time 6:00 Tic Tac Tuesday (AR, C)</p>	<h1>May 2022</h1> <p>Add a title or monthly theme here.</p>			

Activities last 30-60 minutes and are subject to change. Daily activities include the following: cognitive/creative, physical, productive, reflective, sensory, and social. Changes will be posted on our daily sheets. We will offer a daily relaxation time from 1:00-2:00pm