

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>August Birthdays</b> 8/1 Fe Acosta 8/2 Don Owen 8/4 Ann Jarvis 8/5 Bobby Ramsey 8/7 Judy Suhs 8/8 Kathleen Elkabani 8/16 Georgina DeLavega 8/19 George Harrington	9:30 Daily Chronicles & Chat <b>1</b> 10:00 Resistance Exercise 11:00 Lunch at Flamestone 11:00 Noodle Ball 1:30 Scenic Drive & Ice Cream 2:00 Resident Council Meeting 3:30 Happy Hour	9:30 Daily Chronicles & Chat <b>2</b> 10:00 Catholic Incarnation Church 10:00 Resistance Exercise 11:00 Crossword Puzzle 1:00 Trivial Pursuit 3:30 Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>3</b> 10:00-11:00am Food Meeting with Chef 10:00-10:30am Resistance Exercise 11:00-12:00pm Beach Ball Volleyball 1:00-3:00pm Craft-Summer Wreath 1:30-2:30pm Corn Hole 3:30-4:30pm Happy Hour Live Music w/ Craig	9:30-10:00am Daily Chronicles & Chat <b>4</b> 10:00-11:00am Trip to Publix 11:00-12:00pm Color Me Calm 11:00-12:00pm Scrabble 1:30-3:00pm Bingo 3:30-4:30pm Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>5</b> 10:00-10:30am Resistance Exercise 10:30-12:00pm Bingo 1:00-3:30pm Hearts Card Game 1:30-2:30pm You Be the Judge 3:30-4:30pm Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>6</b> 10:00-11:00am Exercise with Pat 10:00-11:00am Porch Trivia with Bob Marcus 1:00-2:45pm National Geographic Special 4:30-5:30pm *Happy Hour during Dinner 6:00-7:00pm Music Hour w/ Pat & Alexa
9:30-10:00am Daily Chronicles & Chat <b>7</b> 10:00-11:00am Exercise with Pat 10:30-12:00pm Bingo-Volunteer Ran 1:00-2:30pm Movie-Ford Vs. Ferrari (PG13) 1:45-2:30pm Uno Flip card game 4:30-5:30pm *Happy Hour during Dinner	9:30-10:00am Daily Chronicles & Chat <b>8</b> 10:00-10:30am Resistance Exercise 11:00-12:00pm Meal at Bacon Street Diner 11:00-12:00pm Hangman 1:00-2:00pm Bingo 3:30-4:30pm Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>9</b> 10:00-11:00am Catholic Incarnation Church 10:00-10:30am Resistance Exercise 11:00-12:00pm Crossword Puzzle 1:00-2:00pm Mexican Train Dominoes 2:00-3:30pm Bingo 3:30-4:30pm Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>10</b> 10:00-10:30am Resistance Exercise 11:00-12:00pm Beach Ball Volleyball 1:00-3:30pm Hearts Card Game 1:30-2:30pm Corn Hole 3:30-4:30pm Happy Hour w/ George Spero	9:30-10:00am Daily Chronicles & Chat <b>11</b> 10:00-11:00am Trip to Publix 11:00-12:00pm Scrabble 11:00-12:00pm Color Me Calm 1:30-3:00pm Bingo 3:30-4:30pm Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>12</b> 10:00-10:30am Resistance workout 10:30-12:00pm Polish me Pretty 1:00-3:30pm Hearts Card Game 1:00-4:00pm Winery 3:30-4:30pm Happy Hour 7:00-8:00pm Jewish Services w/ Rabbi Baseman	9:30-10:00am Daily Chronicles & Chat <b>13</b> 10:00-11:00am Exercise with Pat 10:00-11:00am Porch Trivia with Bob Marcus 1:00-2:45pm Movie-Meet the Parents (PG-13) 4:30-5:30pm Happy Hour during Dinner 6:00-7:00pm Music Hour w/ Pat & Alexa
9:30-10:00am Daily Chronicles & Chat <b>14</b> 10:00-11:00am Exercise with Pat 10:30-12:00pm Bingo-Volunteer Ran 1:00-2:30pm Movie-Coco (PG) 2:45-4:30pm Bar Games 4:30-5:30pm Happy Hour during Dinner	9:30-10:00am Daily Chronicles & Chat <b>15</b> 10:00-10:30am Resistance Exercise 11:00am-1:30pm Lunch at Ford's Garage 11:00am-12:00pm Family Feud 1:00-2:00pm Make Centerpieces for Dining Room 3:30-4:30pm Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>16</b> 10:00-11:00am Catholic Incarnation Church 10:00-10:30am Resistance Exercise 11:00-12:00pm Crossword Puzzle 1:00-2:00pm Pictionary 2:00-3:30pm Bingo 3:30-4:30pm Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>17</b> 10:00-10:30am Resistance Exercise 11:00-12:00pm Beach Ball Volleyball 1:00-3:30pm Hearts Card Game 1:30-2:30pm Corn Hole 3:30-4:30pm Happy Hour Birthday Celebration/Live Music w/Randy E	9:30-10:00am Daily Chronicles & Chat <b>18</b> 10:00-11:00am Trip to Publix 11:00-12:00pm Craft with Joy from Discovery Home 1:30-3:00pm Bingo 3:30-4:30pm Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>19</b> 10:00-10:30am Resistance Exercise 10:30-12:00pm Bingo 10:30-12:00pm Polish me Pretty 1:00-3:30pm Hearts Card Game 3:30-4:30pm Happy Hour 7:00-8:00pm Jewish Services with Rabbi Baseman	9:30-10:00am Daily Chronicles & Chat <b>20</b> 10:00-11:00am Exercise with Pat 10:00-11:00am Porch Trivia with Bob Marcus 1:00-2:45pm Educational Program to be Determined 4:30-5:30pm Happy Hour during Dinner 6:00-7:00pm Music Hour w/ Pat & Alexa
9:30-10:00am Daily Chronicles & Chat <b>21</b> 10:00-11:00am Exercise with Pat 10:30-1:00pm Bingo 1:00-2:30pm Movie- Last Vegas (PG13) 2:45-4:30pm Bar Games 4:30-5:30pm Happy Hour during Dinner	9:30-10:00am Daily Chronicles & Chat <b>22</b> 10:00-10:30am Resistance Exercise 11:00-1:30pm Lunch at Ford's Garage 11:00am-12:00pm Hangman 1:30-2:30pm Jeopardy 3:30-4:30pm Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>23</b> 10:00-11:00am Catholic Incarnation Church 10:00-10:30am Resistance Exercise 11:00-12:00pm Crossword Puzzle 1:00-1:30pm Basketball 2:00-3:30pm Bingo 3:30-4:30pm Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>24</b> 10:00-10:30am Resistance Exercise 11:00-12:00pm Beach Ball Volleyball 12:00-1:00pm Men's Luncheon-Pizza, Beer, & Bourbon 1:00-3:30pm Hearts Card Game 1:30-2:00pm Residents Activity Meeting 3:30-4:30pm Happy Hour-Live Music w/Dave Deluca	9:30-10:00am Daily Chronicles & Chat <b>25</b> 10:00-11:00am Women's Brunch 10:00am -11:00am Trip to Publix 11:00-12:00pm Color Me Calm 1:30-3:00pm Bingo 3:30-4:30pm Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>26</b> 10:00-10:30am Resistance Exercise 10:30-12:00pm Polish me Pretty 1:00-3:30pm Hearts Card Game 1:15-3:00pm Paint & Sip 3:30-4:30pm Happy Hour 7:00-8:00pm Jewish Services w/Rabbi Baseman	9:30-10:00am Daily Chronicles & Chat <b>27</b> 10:00-11:00am Exercise with Pat 10:00-11:00am Porch Trivia with Bob Marcus 1:00-2:45pm Educational program to be Determined 4:30-5:30pm Happy Hour during Dinner 6:00-7:00pm Music Hour w/ Pat & Alexa
9:30-10:00am Daily Chronicles & Chat <b>28</b> 10:00-11:00am Exercise with Pat 10:30-1:00pm Bingo 1:00-2:30pm Movie-Mamma Mia! (PG-13) 2:45-4:30pm Bar Games 4:30-5:30pm Happy Hour during Dinner	9:30-10:00am Daily Chronicles & Chat <b>29</b> 10:00-10:30am Resistance Exercise 11:00-1:00pm Lunch at Senor Tequila 11:00-12:00pm Make centerpieces for Dining 1:00-2:00pm Bingo 2:15pm-3:00pm Scrabble 3:30-4:30pm Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>30</b> 10:00-11:00am Catholic Incarnation Church 10:00-10:30am Resistance Exercise 11:00-12:00pm Crossword Puzzle 1:00-1:30pm Yahtzee 2:00-3:30pm Bingo 3:30-4:30pm Happy Hour	9:30-10:00am Daily Chronicles & Chat <b>31</b> 10:00-10:30am Resistance Exercise 11:00-12:00pm Beach Ball Volleyball 1:00-3:30pm Hearts Card Game 1:30-2:30pm Corn Hole 3:30-4:30pm Happy Hour Live Music w/Ralph Esp	<h1>August 2022</h1> <p>Welcome Ginger, Director of Celebrations  <a href="mailto:GPitesa@discoveryvillages.com">GPitesa@discoveryvillages.com</a></p>		

# AUGUST

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

AUGUST 2022

01

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Strength Training MCT  
10:45a Brain Boosters MCT  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Bingo CK  
02:30p Tea Time CK  
03:00p Noodle Ball CK  
03:30p Happy Hour CK  
04:00p Wind Down With Wellness ATB

02

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:00a Catholic Service EC  
10:30a Instrumix CK  
01:00p Nails CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Ice Cream Sandwich Social CK  
03:00p Scrabble CK  
03:30p Noodle Ball CK  
04:00p Elsie's Birthday Celebration CK  
06:00p Wind Down With Wellness ATB

03

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Parachute Game CK  
10:45a Resident Council CK  
01:00p Nails CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
03:00p Watermelon Craft CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

04

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Move To Music CK  
10:45a Science Studies CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Nettie's Birthday Celebration CK  
02:45p Bingo CK  
04:00p Happy Hour feat Craig Balden CK  
06:00p Wind Down With Wellness ATB

05

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Strength Training CK  
10:45a Name That Tune CK  
11:00a Lunch Outing OFF  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Ice Cream Social CK  
03:00p Brain Boosters CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

06

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Resistance Training MCT  
10:45a Brain Boosters MCT  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Root Beer Floats CK  
02:45p Bingo CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

07

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Move To Music MCT  
10:45a Would You Rather MCT  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
03:00p Reminisce With Me CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

08

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Strength Training MCT  
10:45a Brain Boosters MCT  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Bingo CK  
02:30p Tea Time CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

09

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:00a Catholic Service EC  
10:30a Instrumix CK  
11:00a Dog Academy Visit PN  
01:00p Nails CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
03:00p Scrabble CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

10

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Parachute Game CK  
10:45a Learn Something New MCT  
01:00p Nails CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Entertainment w/ George Spero CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

11

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Move To Music CK  
10:45a Science Studies CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
02:45p Bingo CK  
04:00p Happy Hour feat Kathy McAbee CK  
06:00p Wind Down With Wellness ATB

12

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:00a Scenic Drive OFF  
10:45a Strength Training CK  
10:45a Name That Tune CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Snackitivity CK  
03:00p Brain Boosters CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB  
07:00p Rabbi Baseman-Jewish Services EC

13

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Resistance Training MCT  
10:45a Brain Boosters MCT  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
02:45p Bingo CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

14

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Move To Music MCT  
10:45a Would You Rather MCT  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Creamsicle Social CK  
03:00p Reminisce With Me CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

15

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Strength Training MCT  
10:45a Brain Boosters MCT  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Bingo CK  
02:30p Tea Time CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

16

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:00a Catholic Service EC  
10:30a Instrumix CK  
01:00p Nails CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
03:00p Corny Jokes CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

17

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Parachute Game CK  
10:45a Learn Something New MCT  
01:00p Nails CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
03:00p Armchair Travel CK  
03:30p Noodle Ball CK  
04:00p Joan's Birthday Happy Hour CK  
06:00p Wind Down With Wellness ATB

18

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Move To Music CK  
10:45a Science Studies CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
02:45p Bingo CK  
04:00p Happy Hour feat Randy Eugene CK  
06:00p Wind Down With Wellness ATB

19

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:00a Scenic Drive CK  
10:45a Strength Training CK  
10:45a Name That Tune OFF  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Ice Cream Social CK  
03:00p Aviation Day: Paper Airplane Challenge CK  
03:30p Noodle Ball CK  
04:00p Eileen's Birthday Celebration CK  
06:00p Wind Down With Wellness ATB

20

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Resistance Training MCT  
10:45a Brain Boosters MCT  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
02:45p Bingo CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

21

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Move To Music MCT  
10:45a Would You Rather MCT  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
03:00p Reminisce With Me CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

22

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Strength Training MCT  
10:45a Brain Boosters MCT  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Bingo CK  
02:30p Tea Time CK  
03:00p Scrabble CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

23

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:00a Catholic Service EC  
10:30a Instrumix CK  
01:00p Nails CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
03:00p Armchair Travel CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

24

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Parachute Game CK  
10:45a Learn Something New MCT  
01:00p Nails CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
03:00p Armchair Travel CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Family Night Luau CK  
06:00p Wind Down With Wellness ATB

25

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Move To Music CK  
10:45a Science Studies CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
02:45p Bingo CK  
04:00p Happy Hour feat Richie Bell CK  
06:00p Wind Down With Wellness ATB

26

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Strength Training CK  
10:45a Name That Tune CK  
11:00a Lunch Outing OFF  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
01:30p Veteran's Club BB  
02:00p Afternoon Stretch CK  
02:30p Snackitivity CK  
03:00p Brain Boosters CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB  
07:00p Rabbi Baseman-Jewish Services EC

27

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Resistance Training MCT  
10:45a Brain Boosters MCT  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
02:45p Bingo CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

28

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Move To Music MCT  
10:45a Would You Rather MCT  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
03:00p Reminisce With Me CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

29

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Strength Training MCT  
10:45a Brain Boosters MCT  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Bingo CK  
02:30p Tea Time CK  
03:00p Scrabble CK  
03:30p Noodle Ball CK  
04:00p John H's Birthday Happy Hour CK  
06:00p Wind Down With Wellness ATB

30

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:00a Catholic Service EC  
10:30a Instrumix CK  
01:00p Nails CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
03:00p Scrabble CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

31

09:15a Morning Meet Up MCT  
09:30a Chronicle & Chat MCT  
10:15a Parachute Game CK  
10:45a Learn Something New MCT  
12:00p Men's Lunch PN  
01:00p Nails CK  
01:00p Afternoon Meet Up CK  
01:15p Use Your Skills CK  
02:00p Afternoon Stretch CK  
02:30p Tea Time CK  
03:00p Armchair Travel CK  
03:30p Noodle Ball CK  
04:00p Happy Hour CK  
06:00p Wind Down With Wellness ATB

- Meeting Places
- OFF Offsite
  - CK Country Kitchen
  - PN Promenade
  - MCT Middle Courtyard
  - ATB Around the Building
  - EC Event Center
  - BB Bar & Bistro

- Dining Times:
- 8:00am Breakfast
  - 11:30am Lunch
  - 4:30pm Dinner

\*Programs are based on the expressed interests and preferences of residents. All programs are subject to change.\*