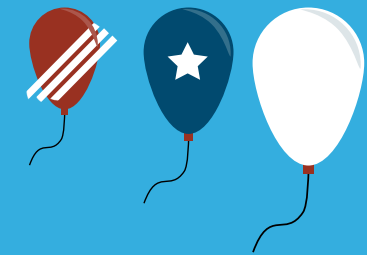


HAPPY LABOR DAY



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SEPTEMBER 2022

					01	02	03
					09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Move To Music 10:45a Resident Council 11:00p Afternoon Meet Up 01:15p Use Your Skills 02:30p Tea Time 02:45p Bingo 03:30p Happy Hour feat Craig Balden 03:30p Afternoon Stretch 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Strength Training 10:45a Name That Tune 11:00p Lunch Outing 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:00p Noodle Ball 02:30p Snackitivity 03:00p Brain Boosters 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Resistance Training 10:45a Brain Boosters 11:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 02:45p Bingo 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness
04	05	06	07	08	09	10	
09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Move To Music 10:45a Thank You Cards 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 03:00p Reminisce With Me 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Strength Training 10:45a Learn About Labor Day 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Bingo 02:30p Tea Time 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:00a Catholic Service 10:30a Instrumix 01:00p Afternoon Meet Up 01:15p Nails 01:15p Use Your Skills 02:00p Noodle Ball 02:00p Tea Time 03:00p Scrabble 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Parachute Game 10:45a Afternoon Meet Up 01:15p Nails 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 03:00p Armchair Travel 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Move To Music 10:45a Science Studies 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 02:45p Bingo 03:30p Happy Hour feat Kathy McAbee 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Strength Training 10:45a Name That Tune 11:00a Lunch Outing 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:00p Martha's Birthday Celebration 03:00p Brain Boosters 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness 07:00p Jewish Services w/Rabbi Baseman	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Resistance Training 10:45a Brain Boosters 11:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 02:45p Bingo 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	
11	12	13	14	15	16	17	
09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Move To Music 10:45a Would You Rather 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 03:00p Reminisce With Me 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Strength Training 10:45a Brain Boosters 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Chocolate Milkshake Day 02:30p Bingo 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:00a Catholic Service 10:30a Instrumix 01:00p Afternoon Meet Up 01:15p Nails 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 03:00p Scrabble 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Parachute Game 10:45a Golden Girls Debut 01:00p Afternoon Meet Up 01:15p Nails 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 03:00p Armchair Travel 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Move To Music 10:45a Science Studies 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 02:45p Bingo 03:30p Happy Hour feat Randy Eugene 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Strength Training 10:45a Name That Tune 11:00a Lunch Outing 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 02:30p Snackitivity 03:00p Brain Boosters 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Resistance Training 10:45a Brain Boosters 11:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 02:45p Bingo 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	
18	19	20	21	22	23	24	
09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Move To Music 10:45a Would You Rather 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 03:00p Reminisce With Me 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Strength Training 10:45a Brain Boosters 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Bingo 02:30p Tea Time 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:00a Catholic Service 10:30a Instrumix 01:00p Afternoon Meet Up 01:15p Nails 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 03:00p Back To School Reminiscing 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Parachute Game 10:45a Learn Something New 01:00p Afternoon Meet Up 01:15p Nails 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 03:00p Armchair Travel 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Move To Music 10:45a Science Studies 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 02:45p Bingo 03:30p Afternoon Stretch 04:00p Happy Hour feat Richie Bell 04:00p Afternoon Stretch 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Strength Training 10:45a Name That Tune 11:00a Lunch Outing 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 02:30p Ice Cream Social 03:00p Brain Boosters 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness 07:00p Jewish Services w/Rabbi Baseman	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Resistance Training 10:45a Brain Boosters 11:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 02:45p Bingo 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	
25	26	27	28	29	30		
09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Move To Music 10:45a Would You Rather 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 03:00p Reminisce With Me 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Strength Training 10:45a Johnny Applesed's Birthday 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Bingo 02:30p Tea Time 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:00a Catholic Service 10:30a Instrumix 01:00p Afternoon Meet Up 01:15p Nails 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 03:00p Scrabble 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Parachute Game 10:45a Learn Something New 12:00p Men's Lunch Bunch 01:00p Afternoon Meet Up 01:15p Nails 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 03:00p Armchair Travel 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Move To Music 10:45a Science Studies 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Tea Time 02:45p Bingo 03:30p Happy Hour feat Keith Coleman 03:30p Afternoon Stretch 06:00p Wind Down With Wellness	09:15a Morning Meet Up 09:30a Chronicle & Chat 10:15a Strength Training 10:45a Name That Tune 11:00a Lunch Outing 01:00p Afternoon Meet Up 01:15p Use Your Skills 02:00p Noodle Ball 02:30p Snackitivity 03:00p Brain Boosters 03:30p Afternoon Stretch 04:00p Happy Hour 06:00p Wind Down With Wellness		

Meeting Places
CK Country Kitchen
ATB Around the Building
OFF Offsite
MCT Middle Courtyard
EC Event Center
PN Promenade

Dining Times:
8:00am Breakfast
11:30am Lunch
4:30pm Dinner

Programs are based on the expressed interests and preferences of residents. All programs are subject to change.