

SUN	MON	TUE	WED	THUR	FRI	SAT
		10:00 Exercise Class (Gym) 10:15 Water Aerobics (Pool) 11:00 Fit Brains (G.R.) 1:30 Puzzles (3rd Floor) 2:30 Scrabble (D.R.) 3:30 BINGO (G.R.) 6:30 Billiards Meet Up (Billiards)	10:15 Workout w/ Brooke (Gym) 11:00 Fit Brains (G.R.) 11:45 Mini Meditation (G.R.) 1:00 Coloring & Crosswords (D.R.) 2:30 Quick Tech (D.R.) 3:30 Birthday Bash (D.R.) 6:15 Sunset Meet Up (Pool)	10:15 Workout w/ Brooke (Gym) 10:45 Meditation (P.D.R.) 11:00 Fit Brains (G.R.) 12:45 Publix (Lobby) 1:30 THE CROWN - Netflix Series (G.R.) 2:30 Fellowship Reverend Conde (P.D.R.) 3:30 BINGO (G.R.)	10:15 Exercise Class (Gym) 11:00 Friday Brain Flex (G.R.) 2:00 Cooking with Evelyn (D.R.) 2:45 Travel Route 66 with Alison (D.R.) 3:30 Happy Hour (D.R.)	10:15 Exercise Class (Gym) 11:00 Fit Brains (G.R.) 1:30 BINGO (G.R.) 2:45 Scrabble (D.R.) 2:45 THE CROWN - Netflix Series (G.R.)
10:00 Sunday Morning Church Service (Lobby) 10:30 Workout w/ Brooke (Gym) 11:00 Brain Games (Gym) 1:15 Drum Circle (Gym) 2:30 Sunday Movie (G.R.)	10:15 Workout w/ Brooke (Gym) 11:00 Fit Brains (G.R.) 1:15 Workout with Brooke (Gym) 2:30 New Resident Orientation (D.R.) 3:30 Mixed Drinks Monday (D.R.) 6:15 Sunset Meet Up (Pool)	10:00 Exercise Class (Gym) 10:15 Senior Olympics Water Relay Race (Pool) 11:15 Senior Olympics Cup Stacking Race (D.R.) 1:00 Senior Olympics Cornhole (D.R.) 1:30 Senior Olympics Javelin Throw (D.R.) 2:00 Olympic Games Ceremony (D.R.) 2:30 Scrabble (D.R.) 3:30 BINGO (G.R.) 4:45 Dinner Out on the Town (Meet in the Lobby) 6:30 Billiards Meet Up (Billiards)	10:15 Workout w/ Brooke (Gym) 11:00 Fit Brains (G.R.) 11:45 Mini Meditation (G.R.) 1:00 Coloring & Crosswords (D.R.) 2:30 Online Shopping (Library) 3:30 Country Western Hoedown (D.R.) 6:15 Sunset Meet Up (Pool)	10:15 Workout w/ Brooke (Gym) 10:45 Meditation (P.D.R.) 11:00 Fit Brains (G.R.) 12:45 Walmart Shopping (Lobby) 1:30 THE CROWN - Netflix Series (G.R.) 2:30 Fellowship Reverend Conde (P.D.R.) 3:30 BINGO (G.R.)	10:15 Exercise Class (Gym) 11:00 Friday Brain Flex (G.R.) 1:15 5 wishes with Hospice (D.R.) 2:45 Travel Route 66 with Alison (D.R.) 3:30 Happy Hour (D.R.)	10:15 Exercise Class (Gym) 11:00 Fit Brains (G.R.) 1:30 BINGO (G.R.) 2:45 Scrabble (D.R.) 2:45 THE CROWN - Netflix Series (G.R.)
10:00 Sunday Morning Church Service (Lobby) 10:30 Workout w/ Brooke (Gym) 11:00 Brain Games (Gym) 1:15 Drum Circle (Gym) 2:30 Sunday Movie (G.R.)	10:15 Workout w/ Brooke (Gym) 11:00 Fit Brains (G.R.) 1:15 Workout with Brooke (Gym) 2:30 Food Committee (D.R.) 3:30 Mixed Drinks Monday (D.R.) 6:15 Sunset Meet Up (Pool)	10:00 Exercise Class (Gym) 10:15 Water Aerobics (Pool) 11:00 Fit Brains (G.R.) 1:30 Puzzles (3rd Floor) 2:30 Scrabble (D.R.) 3:30 BINGO (G.R.) 6:30 Billiards Meet Up (Billiards)	10:15 Workout w/ Brooke (Gym) 11:00 Fit Brains (G.R.) 11:45 Mini Meditation (G.R.) 1:00 Coloring & Crosswords (D.R.) 1:30 Dog Days of Summer Party (Dog Park) 2:30 Quick Tech (D.R.) 3:30 Wine Down (D.R.) 6:15 Sunset Meet Up (Pool)	10:15 Workout w/ Brooke (Gym) 10:45 Meditation (P.D.R.) 11:00 Fit Brains (G.R.) 12:45 Publix (Lobby) 1:30 THE CROWN - Netflix Series (G.R.) 2:15 Tiki Taxi Cruise (Meet in the Lobby) 2:30 Fellowship Reverend Conde (P.D.R.) 3:30 BINGO (G.R.)	10:15 Exercise Class (Gym) 11:00 Friday Brain Flex (G.R.) 2:00 Cooking with Evelyn (D.R.) 2:45 Travel Route 66 with Alison (D.R.) 3:30 Happy Hour (D.R.)	10:15 Exercise Class (Gym) 11:00 Fit Brains (G.R.) 1:30 BINGO (G.R.) 2:45 Scrabble (D.R.) 2:45 THE CROWN - Netflix Series (G.R.)
10:00 Sunday Morning Church Service (Lobby) 10:30 Workout w/ Brooke (Gym) 11:00 Brain Games (Gym) 1:15 Drum Circle (Gym) 2:30 Sunday Movie (G.R.)	10:15 Workout w/ Brooke (Gym) 11:00 Fit Brains (G.R.) 1:15 Workout with Brooke (Gym) 2:30 Celebration Meeting (D.R.) 3:30 Mixed Drinks Monday (D.R.) 6:15 Sunset Meet Up (Pool)	10:00 Exercise Class (Gym) 10:15 Water Aerobics (Pool) 11:00 Fit Brains (G.R.) 11:45 Lunch Outing (Meet in the Lobby) 1:30 Puzzles (3rd Floor) 2:30 Scrabble (D.R.) 3:30 BINGO (G.R.) 6:30 Billiards Meet Up (Billiards)	10:15 Workout w/ Brooke (Gym) 11:00 Fit Brains (G.R.) 11:45 Mini Meditation (G.R.) 1:00 Coloring & Crosswords (D.R.) 2:00 Town Hall (D.R.) 2:30 Online Shopping (Library) 3:30 Entertainment with Peggy Lee (D.R.) 3:30 Wine Down (D.R.) 6:15 Sunset Meet Up (Pool)	10:15 Workout w/ Brooke (Gym) 10:45 Meditation (P.D.R.) 11:00 Fit Brains (G.R.) 12:45 Walmart Shopping (Lobby) 1:30 THE CROWN - Netflix Series (G.R.) 2:30 Fellowship Reverend Conde (P.D.R.) 3:30 BINGO (G.R.) 6:15 Summer Movie Night (D.R.)	10:15 Exercise Class (Gym) 11:00 Friday Brain Flex (G.R.) 2:00 Arts and Crafts (G.R.) 2:45 Travel Route 66 with Alison (D.R.) 3:30 Happy Hour (D.R.)	10:15 Exercise Class (Gym) 11:00 Fit Brains (G.R.) 1:30 BINGO (G.R.) 2:45 Scrabble (D.R.) 2:45 THE CROWN - Netflix Series (G.R.)
10:00 Sunday Morning Church Service (Lobby) 10:30 Workout w/ Brooke (Gym) 11:00 Brain Games (Gym) 1:15 Drum Circle (Gym) 2:30 Sunday Movie (G.R.)	10:15 Workout w/ Brooke (Gym) 11:00 Fit Brains (G.R.) 1:15 Workout with Brooke (Gym) 2:30 Residents Council (D.R.) 3:30 Mixed Drinks Monday (D.R.) 6:15 Sunset Meet Up (Pool)	10:00 Exercise Class (Gym) 10:15 Water Aerobics (Pool) 11:00 Fit Brains (G.R.) 1:15 shopping out on the town (Meet in the Lobby) 1:30 Puzzles (3rd Floor) 2:30 Scrabble (D.R.) 3:30 BINGO (G.R.) 6:30 Billiards Meet Up (Billiards)	10:15 Workout w/ Brooke (Gym) 11:00 Fit Brains (G.R.) 11:45 Mini Meditation (G.R.) 1:00 Coloring & Crosswords (D.R.) 3:30 Route 66 Friends and Family Bash (D.R.) 6:15 Sunset Meet Up (Pool)	10:15 Workout w/ Brooke (Gym) 10:45 Meditation (P.D.R.) 11:00 Fit Brains (G.R.) 12:45 Publix (Lobby) 1:30 THE CROWN - Netflix Series (G.R.) 2:30 Fellowship Reverend Conde (P.D.R.) 3:30 BINGO (G.R.)		

August 2023

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