



October 2023

- BB

Bailey's Bistro
- AR

Celebrations Activity Room
- CT

Cow Town Theatre
- L

Lounge
- CR

Card Room
- LS

Lounge Sitting Area
- SU

Sign-Up Outing
- CY

Courtyard
- PD

Private Dining Room
- DD

Doug's Den
- Room to Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>9:15 BB Who Is Julie Andrews</div> <div>10:30 CY Chair Exercise</div> <div>10:30 L Puzzle Club</div> <div>1:00 AR Origami Art/Adult Coloring</div> <div>2:00 AR Board Games</div> <div>3:00 BB Hot Tea Social</div> <div>3:30 BB Group Game</div>	<div>2</div> <div>9:15 BB Mystery Series Day</div> <div>10:30 CT Chair Exercise With Empower Me</div> <div>1:00 AR Mystery Movie Matinee</div> <div>1:00 AR Resident Activity Planning Meeting</div> <div>1:30 AR Balloon Ball</div> <div>3:00 BB Hot Apple Cider Social</div>	<div>3</div> <div>9:15 BB Ozzie and Harriet</div> <div>10:30 Catholic Rosary</div> <div>10:30 AR Sit & Be Fit</div> <div>1:00 AR Tech Corner-Learn How To Order Groceries</div> <div>1:30 CT Hymns & Devotion With Stan</div> <div>2:00 CT Prayer Group With Bill</div> <div>3:00 BB Happy Hour & Karaoke</div> <div>5:30 AR Spooky Bingo</div>	<div>4</div> <div>9:15 BB Toot Your Own Flute Day</div> <div>10:00 SU Dollar Tree Store</div> <div>10:30 CT Chair Fit</div> <div>1:30 CY Corn Hole In The Courtyard</div> <div>1:30 CR Rummikub/Dominos</div> <div>3:00 BB Ice Cream Social</div>	<div>5</div> <div>9:15 BB Who is Dr. No</div> <div>10:30 CT Chair Yoga</div> <div>1:00 AR Residents Council Meeting</div> <div>1:30 AR Crafty Corner (Pink Ribbon Craft)</div> <div>1:30 LS Wii Bowling</div> <div>3:00 BB Happy Hour With Margarita's</div>	<div>6</div> <div>9:15 BB National Noodle Day</div> <div>10:15 PD Meditation</div> <div>10:30 CT Noodle Ball Class</div> <div>11:00 SU Hibachi Grill Outing</div> <div>1:00 BB Mini Mani's</div> <div>1:30 AR Bingo Bash</div> <div>3:00 BB Mocktail's and Karaoke</div> <div>5:30 CT Friday Night Movie</div>	<div>7</div> <div>9:15 BB "Memory" Day</div> <div>10:30 CY Putt Putt Golf/Walking Club</div> <div>1:00 CT Movie Classic Matinee' and Popcorn</div> <div>1:30 AR Group Game</div> <div>3:00 BB Hot Chocolate Social</div>
<div>8</div> <div>10:30 CY Chair Exercise</div> <div>10:30 L Puzzle Club</div> <div>1:00 AR Crazy Cookie Day/Cookie Decorating</div> <div>2:00 AR Board Games</div> <div>3:00 BB Hot Tea Social</div> <div>3:30 BB Group Game</div>	<div>9</div> <div>Columbus Day</div> <div>9:15 BB Curious Events</div> <div>10:00 AR Custom Hearing solutions</div> <div>10:30 CT Chair Exercise With Empower Me</div> <div>1:30 AR Balloon Ball</div> <div>2:30 AR Health Talk On Arthritis</div> <div>3:00 BB Hot Apple Cider Social</div>	<div>10</div> <div>9:15 BB Penguin Suit Day</div> <div>10:30 CT Catholic Communion</div> <div>10:30 AR Sit & Be Fit</div> <div>1:30 CT Hymns & Devotion With Stan</div> <div>2:00 CT Prayer Group With Bill</div> <div>3:00 BB Happy Hour & Entertainment By Paul Anderson</div> <div>5:30 AR Spooky Bingo</div>	<div>11</div> <div>Wear Pink Day for Breast Cancer Awareness</div> <div>9:15 BB Myths and Legends</div> <div>10:00 SU Walmart Outing</div> <div>10:30 CT Chair Fit</div> <div>1:00 CT Documentary "Life, Interrupted"</div> <div>1:30 CY Corn Hole In The Courtyard</div> <div>1:30 CR Rummikub/Dominos</div> <div>3:00 BB Pink Party For Breast Cancer Awareness</div>	<div>12</div> <div>9:00 BB Fun Facts Arthritis</div> <div>10:30 CT Chair Yoga</div> <div>10:30 CT Yoga With Mindy</div> <div>1:00 CT Music Club</div> <div>1:30 AR Crafty Corner(Pumpkin Decorating Contest Residents & Staff)</div> <div>1:30 LS Wii Bowling</div> <div>3:00 BB Entertainment By Andy Goin</div> <div>5:30 CT Friday Night Movie "Terms of Endearment"</div>	<div>13</div> <div>9:15 BB Silly Sayings</div> <div>10:00 SU Hobby Lobby Outing</div> <div>10:15 PD Meditation</div> <div>10:30 CT Ball Drumming Class</div> <div>1:00 BB Mini Mani's</div> <div>1:30 AR Bingo Bash</div> <div>3:00 BB Mocktail's and Karaoke</div> <div>5:30 CT Friday Night Movie</div>	<div>14</div> <div>9:15 BB Universal Music Day</div> <div>10:30 CY Putt Putt Golf/Walking Club</div> <div>1:00 CT Movie Classic Matinee' and Popcorn</div> <div>1:30 AR Group Game</div> <div>3:00 BB Hot Chocolate Social</div>
<div>15</div> <div>9:15 BB I Love Lucy Anniversary</div> <div>10:30 CY Chair Exercise</div> <div>10:30 L Puzzle Club</div> <div>1:00 AR Origami Art/Adult Coloring</div> <div>2:00 AR Board Games</div> <div>3:00 BB Hot Tea Social</div> <div>3:30 BB Group Game</div>	<div>16</div> <div>9:15 BB Boss's Day</div> <div>10:30 CT Chair Exercise With Empower Me</div> <div>1:00 CT Support With Friends</div> <div>2:00 AR Balloon Ball</div> <div>3:00 BB Hot Apple Cider Social</div>	<div>17</div> <div>9:15 BB Cadillac's Birthday</div> <div>10:30 Catholic Rosary</div> <div>10:30 AR Sit & Be Fit</div> <div>1:00 AR Tech Corner-Learn How To Order Groceries</div> <div>1:30 CT Hymns & Devotion With Stan</div> <div>2:00 CT Prayer Group With Bill</div> <div>3:00 BB Happy Hour With Entertainment Marty</div> <div>5:30 AR Spooky Bingo</div>	<div>18</div> <div>9:15 BB Tell a Funny Story Day</div> <div>9:30 SU Pumpkin Farm</div> <div>10:30 CT Chair Fit</div> <div>1:30 CY Corn Hole In The Courtyard</div> <div>1:30 CR Rummikub/Dominos</div> <div>3:00 BB Ice Cream Social</div>	<div>19</div> <div>9:15 BB Cornwallis' Surrender</div> <div>10:30 CT Chair Yoga</div> <div>1:30 AR Crafty Corner</div> <div>1:30 LS Wii Bowling</div> <div>2:00 DD Ukulele Band</div> <div>3:00 BB Happy Hour</div>	<div>20</div> <div>9:15 BB "Monster Mash" Day</div> <div>10:15 PD Meditation</div> <div>10:30 CT Ball Drumming Class</div> <div>11:00 SU Joe T. Garcia's Outing</div> <div>1:00 BB Mini Mani's</div> <div>1:30 AR Bingo Bash</div> <div>3:00 BB Mocktail's and Jeopardy for a Prize With Esteban</div> <div>5:30 CT Friday Night Movie</div>	<div>21</div> <div>9:15 BB Wear It Pink Day</div> <div>10:30 CY Putt Putt Golf/Walking Club</div> <div>1:00 CT Movie Classic Matinee' and Popcorn</div> <div>1:30 AR Group Game</div> <div>3:00 BB Hot Chocolate Social</div>
<div>22</div> <div>9:15 BB A Texan Day</div> <div>10:30 CY Chair Exercise</div> <div>10:30 L Puzzle Club</div> <div>1:00 AR Origami Art/Adult Coloring</div> <div>2:00 AR Board Games</div> <div>3:00 BB Hot Tea Social</div> <div>3:30 BB Group Game</div>	<div>23</div> <div>9:15 BB Heeeere's Johnny!</div> <div>10:30 CT Chair Exercise With Empower Me</div> <div>1:30 AR Balloon Ball</div> <div>3:00 BB Hot Apple Cider Social</div>	<div>24</div> <div>9:15 BB Going Over Niagara Falls</div> <div>10:30 CT Catholic Communion</div> <div>10:30 AR Sit & Be Fit</div> <div>1:30 CT Hymns & Devotion With Stan</div> <div>2:00 CT Prayer Group With Bill</div> <div>3:00 BB Happy Hour With Margarita's</div> <div>5:30 AR Spooky Bingo</div>	<div>25</div> <div>9:15 BB The Microwave Oven</div> <div>10:00 SU Walmart Outing</div> <div>10:30 CT Chair Fit</div> <div>1:30 CY Corn Hole In The Courtyard</div> <div>1:30 CR Rummikub/Dominos</div> <div>3:00 BB Yogurt Creations Social</div>	<div>26</div> <div>9:15 BB Happy Birthday, Pat Sajak</div> <div>10:30 CT Chair Yoga</div> <div>1:00 CT Music Club</div> <div>1:30 AR Crafty Corner</div> <div>1:30 LS Wii Bowling</div> <div>3:00 BB Entertainment By Chris Journeay</div>	<div>27</div> <div>9:15 BB The World Series Begins</div> <div>10:15 PD Meditation</div> <div>10:30 CT Ball Drumming Class</div> <div>1:00 BB Mini Mani's</div> <div>1:30 AR Candy Corn Bingo</div> <div>3:00 BB Mocktail's and BOOaoke</div> <div>5:30 CT Friday Night Movie</div>	<div>28</div> <div>9:15 BB Red Hair and Freckles Day</div> <div>10:30 CY Putt Putt Golf/Walking Club</div> <div>1:00 CT Movie Classic Matinee' and Popcorn</div> <div>1:30 AR Group Game</div> <div>3:00 BB Hot Chocolate Social</div>
<div>29</div> <div>9:15 BB Mischief Night</div> <div>10:30 CY Chair Exercise</div> <div>10:30 L Puzzle Club</div> <div>1:00 AR Origami Art/Adult Coloring</div> <div>2:00 AR Board Games</div> <div>3:00 BB Hot Tea Social</div> <div>3:30 BB Group Game</div>	<div>30</div> <div>9:15 BB Reading Group Day</div> <div>10:30 CT Chair Exercise With Empower Me</div> <div>1:30 AR Balloon Ball</div> <div>2:30 BB Making Fall Candy Corn Mix</div> <div>3:00 BB Hot Apple Cider Social</div>	<div>31</div> <div>9:15 BB Chilly Travels Day</div> <div>10:30 Catholic Rosary</div> <div>10:30 AR Sit & Be Fit</div> <div>1:30 CT Hymns & Devotion With Stan</div> <div>2:00 CT Prayer Group With Bill</div> <div>3:00 BB Happy Ween Costume Party</div> <div>3:30 BB Treacherous Trivia</div> <div>5:30 AR Spooky Bingo</div>	<div>HELLO OCTOBER</div> <div></div>	<div></div> <div></div>	<div></div> <div></div>	<div>Activity Guidelines:</div> <div>Activities are subject to change at any time without notice. Sign up in the Activity Room for Outings or Doctor Appointments.</div>

SUN	MON	TUE	WED	THUR	FRI	SAT	
9:30 Resident Led Sunday School (3-GR) 11:00 Church Service (3-CH) 2:00 Chicken Foot Dominoes Game (M) 2:00 Pinochle (3-GR) 2:00 Playing Farkle (M) 2:30 Spinners Dominoes (M) 4:00 Playing Samba (M)	1 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:00 Flu Shots (Sign Up on the Second Floor) (CL) 9:15 Total Body Fitness (FC) 10:00 Choir Practice (3CH) 10:30 Spinners Dominoes (M) 1:00 Movie Monday "Elizabeth" (M) 1:15 Find A Word with Letter Squares (AR) 2:30 Moving For Better Balance (FC) 2:30 Playing Yahtzee (CL) 3:30 Marty Nelson Live B.Y.O.B. (DH) 4:45 Hand & Foot Card Game (M) 6:00 Poker (SL)	2 7:30 Morning Walking Club (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:15 5 Prize Bingo (AR) 10:30 Catholic Communion (3-CH) 10:40 Water Aerobics (P) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Chicken Foot Dominoes (M) 2:00 Color By Number (AR) 2:30 Mind Fit (FC) 3:00 42 Dominoes (3-GR) 3:00 Youtube : Tai Chi (FC) 4:30 Potato Night Dinner (Sign Up at the Concierge Desk) (DH)	3 7:30 Morning Walking Club (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:15 5 Prize Bingo (AR) 10:30 Catholic Communion (3-CH) 10:40 Water Aerobics (P) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Chicken Foot Dominoes (M) 2:00 Color By Number (AR) 2:30 Mind Fit (FC) 3:00 42 Dominoes (3-GR) 3:00 Youtube : Tai Chi (FC) 4:30 Potato Night Dinner (Sign Up at the Concierge Desk) (DH)	4 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:15 Total Body Fitness (FC) 10:00 North Ft. Worth Baptist Choir Performs (DH) 10:00 Vendor- You Look Beautiful (CL) 10:30 Trip: Fort Worth Zoo (Sign Up on the second floor) 1:00 Spinners Dominoes (M) 1:15 Cardio Drumming (FC) 2:30 Moving For Better Balance (FC) 3:15 Caramel Apple Social (DH) 4:45 Hand & Foot Card Game (M) 6:00 Poker (SL)	5 7:30 Morning Walking Club (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:15 Playing Taboo (AR) 10:40 Water Aerobics (P) 1:15 Playing Blank Slate (M) 1:30 Resident Led Bible Study with Donna (3-CH) 2:30 Mind Fit (FC) 3:30 Happy Hour / Discovery Choir Performing (DH) 4:00 Playing Samba (3-GR) 4:45 Game Joker's Wild (M)	6 <i>Wear Pink</i> 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:00 Blood Pressure Check (M) 9:15 Total Body Fitness (FC) 10:15 Word Wheel (AR) 11:00 Device Help (M) 1:00 Rummikub (M) 2:00 Trivia Pursuit (AR) 2:00 Trivia Pursuit (AR) 3:00 \$1 Bingo - 90 Minutes of Bingo (DH) 4:00 Cookies in the Cafe (CL)	7 8:45 Daily Devotion (Café) 9:30 Poker (SL) 9:30 Coffee & Conversation (CL) 10:15 Playing I should have known that (AR) 10:30 Water Volleyball (P) 1:15 Mexican Train Dominoes (CL) 1:15 Playing Family Feud (AR) 1:15 Resident Led -Playing Oops Card Game (M) 2:00 Color By Number (AR) 2:15 Playing Yahtzee (3-GR) 3:00 42 Dominoes (3-GR) 3:30 Trivia & Trail Mix (DH) 4:45 Hand & Foot Card Game (M)
9:30 Resident Led Sunday School (3-GR) 11:00 Church Service (3-CH) 2:00 Chicken Foot Dominoes Game (M) 2:00 Pinochle (3-GR) 2:00 Playing Farkle (M) 2:30 Spinners Dominoes (M) 4:00 Playing Samba (M)	8 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:15 Total Body Fitness (FC) 10:00 Choir Practice (3CH) 10:30 Spinners Dominoes (M) 1:00 Movie Monday "Witness For The Prosecution" (M) 1:15 Painting Stain glass (AR) 2:00 Free Hearing Clinic (HH) 2:30 Moving For Better Balance (FC) 2:30 Playing Yahtzee (CL) 4:45 Hand & Foot Card Game (M) 5:00 Ladies' Dinner Out: Mexican Inn (Sign Up on the second floor) 6:00 Poker (SL)	9 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:15 Playing Ladder Ball (AR) 10:30 Catholic Communion (3-CH) 10:40 Water Aerobics (P) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Chicken Foot Dominoes (M) 2:00 Color By Number (AR) 2:30 Mind Fit (FC) 3:00 42 Dominoes (3-GR) 3:00 Youtube : Tai Chi (FC) 4:30 Oktoberfest Dinner (Sign Up at the Concierge Desk) (DH) 6:30 Residents' Council Meeting (AR)	10 7:30 Morning Walking Club (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:15 Playing Ladder Ball (AR) 10:30 Catholic Communion (3-CH) 10:40 Water Aerobics (P) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Chicken Foot Dominoes (M) 2:00 Color By Number (AR) 2:30 Mind Fit (FC) 3:00 42 Dominoes (3-GR) 3:00 Youtube : Tai Chi (FC) 4:30 Oktoberfest Dinner (Sign Up at the Concierge Desk) (DH) 6:30 Residents' Council Meeting (AR)	11 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:15 Total Body Fitness (FC) 10:00 Trip: State Fair of Texas (Sign Up on the second floor) 10:15 Wacky Words (AR) 1:00 Spinners Dominoes (M) 1:15 Cardio Drumming (FC) 2:30 Moving For Better Balance (FC) 3:15 National Sausage Pizza Day (DH) 4:45 Hand & Foot Card Game (M) 6:00 Poker (SL)	12 7:30 Morning Walking Club (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:15 Playing Taboo (AR) 10:40 Water Aerobics (P) 1:15 Playing Blank Slate (M) 1:30 Painting with Charice (AR) 1:30 Resident Led Bible Study with Donna (3-CH) 2:30 Mind Fit (FC) 3:30 Happy Hour (DH) 4:00 Playing Samba (3-GR) 4:45 Game Joker's Wild (M)	13 <i>Wear Pink</i> 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:00 Blood Pressure Check (M) 9:15 Total Body Fitness (FC) 10:15 Playing Yes I have 2023 (AR) 11:00 Device Help (M) 1:00 Rummikub (M) 2:00 Health Talk with Discovery at Home (CL) 3:00 \$1 Bingo (DH) 4:00 Cookies in the Cafe (CL)	14 8:45 Daily Devotion (Café) 9:30 Coffee & Conversation Crosswords (CL) 10:30 Water Volleyball (P) 10:30 Saturday Brunch (Sign Up at the Concierge Desk) (DH) 12:30 Texas Hold'em (SL) 1:15 Mexican Train Dominoes (CL) 1:15 Resident Led -Playing Oops Card Game (M) 2:00 Color By Number (AR) 2:15 Playing Yahtzee (3-GR) 3:00 42 Dominoes (3-GR) 3:30 Root Beer Floats Social (DH) 4:45 Hand & Foot Card Game (M)
9:30 Resident Led Sunday School (3-GR) 11:00 Church Service (3-CH) 2:00 Chicken Foot Dominoes Game (M) 2:00 Pinochle (3-GR) 2:00 Playing Farkle (M) 2:30 Spinners Dominoes (M) 4:00 Playing Samba (M)	15 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:15 Total Body Fitness (FC) 10:00 Choir Practice (3CH) 10:30 Spinners Dominoes (M) 1:00 Movie Monday "When Harry Met Sally" (M) 1:15 Spider Web Painting (AR) 2:30 Moving For Better Balance (FC) 2:30 Playing Yahtzee (CL) 3:30 Activity Meeting with Anita, Dana (DH) 4:45 Hand & Foot Card Game (M) 6:00 Poker (SL)	16 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:30 Catholic Communion (AR) 10:30 Discovery Book Club (3CH) 10:40 Water Aerobics (P) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Chicken Foot Dominoes (M) 2:00 Color By Number (AR) 2:30 Mind Fit (FC) 3:00 42 Dominoes (3-GR) 3:00 Youtube : Tai Chi (FC) 4:30 Comfort Food (Sign Up at the Concierge Desk) (DH)	17 7:30 Morning Walking Club (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:30 Catholic Communion (AR) 10:30 Discovery Book Club (3CH) 10:40 Water Aerobics (P) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Chicken Foot Dominoes (M) 2:00 Color By Number (AR) 2:30 Mind Fit (FC) 3:00 42 Dominoes (3-GR) 3:00 Youtube : Tai Chi (FC) 4:30 Comfort Food (Sign Up at the Concierge Desk) (DH)	18 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:15 Total Body Fitness (FC) 10:15 Playing Left, Center, Right (AR) 11:30 Trip: The Coupe (Sign Up on the second floor) 1:00 Spinners Dominoes (M) 1:15 Cardio Drumming (FC) 2:30 Moving For Better Balance (FC) 3:15 National Cupcake Day (DH) 4:45 Hand & Foot Card Game (M) 6:00 Poker (SL)	19 7:30 Morning Walking Club (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:15 Playing Taboo (AR) 10:40 Water Aerobics (P) 11:00 Vendor- Mary Kay (CL) 1:15 Playing Blank Slate (M) 1:30 Resident Led Bible Study with Donna (3-CH) 2:30 Mind Fit (FC) 3:30 Happy Hour (DH) 4:00 Playing Samba (3-GR) 4:45 Game Joker's Wild (M)	20 <i>Wear Pink</i> 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:00 Blood Pressure Check (M) 9:15 Total Body Fitness (FC) 10:15 Making Spooky Spider Pops for AL & MC (AR) 11:00 Device Help (M) 1:00 Rummikub (M) 2:00 Trivia Pursuit (SL) 3:00 \$1 Bingo - 90 Minutes of Bingo (DH) 4:00 Cookies in the Cafe (CL)	21 8:45 Daily Devotion (Café) 9:30 Poker (SL) 9:30 Coffee & Conversation (CL) 10:15 Spanish with Katherine (AR) 10:30 Water Volleyball (P) 1:15 Mexican Train Dominoes (CL) 1:15 Playing Balderdash with Katherine (AR) 1:15 Resident Led -Playing Oops Card Game (M) 2:00 Color By Number (AR) 2:15 Playing Yahtzee (3-GR) 3:00 42 Dominoes (3-GR) 3:30 Hot Chocolate & Cookies Social (DH) 4:45 Hand & Foot Card Game (M)
9:30 Resident Led Sunday School (3-GR) 11:00 Church Service (3-CH) 2:00 Chicken Foot Dominoes Game (M) 2:00 Pinochle (3-GR) 2:00 Playing Farkle (M) 2:30 Spinners Dominoes (M) 4:00 Playing Samba (M)	22 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:15 Total Body Fitness (FC) 10:00 Choir Practice (3CH) 10:30 Spinners Dominoes (M) 1:00 Movie Monday "Patriot Games" (M) 1:15 Pumpkin Painting (AR) 2:30 Moving For Better Balance (FC) 2:30 Playing Yahtzee (CL) 3:30 Live Music by Chris Journeay B.Y.O.B. (DH) 4:45 Hand & Foot Card Game (M) 6:00 Poker (SL)	23 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:15 Making Ghoulish Tassels (AR) 10:30 Catholic Communion (3-CH) 10:40 Water Aerobics (P) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Chicken Foot Dominoes (M) 2:00 Color By Number (AR) 2:30 Mind Fit (FC) 3:00 42 Dominoes (3-GR) 3:00 Youtube : Tai Chi (FC) 4:30 Tuesday Night Dinner (Sign Up at the Concierge Desk) (DH)	24 7:30 Morning Walking Club (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:15 Making Ghoulish Tassels (AR) 10:30 Catholic Communion (3-CH) 10:40 Water Aerobics (P) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Chicken Foot Dominoes (M) 2:00 Color By Number (AR) 2:30 Mind Fit (FC) 3:00 42 Dominoes (3-GR) 3:00 Youtube : Tai Chi (FC) 4:30 Tuesday Night Dinner (Sign Up at the Concierge Desk) (DH)	25 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:15 Total Body Fitness (FC) 10:00 Trip: WinStar Casino (Sign Up on the second floor) 10:15 Playing Who What When Where (AR) 1:00 Spinners Dominoes (M) 1:15 Cardio Drumming (FC) 2:30 Moving For Better Balance (FC) 3:30 Sherbet Floats (DH) 4:45 Hand & Foot Card Game (M) 6:00 Poker (SL)	26 7:30 Morning Walking Club (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:15 Playing Taboo (AR) 10:40 Water Aerobics (P) 1:15 Playing Blank Slate (M) 1:30 Resident Led Bible Study with Donna (3-CH) 2:30 Mind Fit (FC) 3:30 Happy Hour (DH) 4:00 Playing Samba (3-GR) 4:45 Game Joker's Wild (M)	27 12:00 Free Table Give Away (AR) 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:00 Blood Pressure Check (M) 9:15 Total Body Fitness (FC) 10:15 Word Wheel (SL) 11:00 Device Help (M) 1:00 Rummikub (M) 2:00 American Trivia (SL) 3:00 \$1 Bingo (DH) 4:00 Cookies in the Cafe (CL) 4:15 Town Hall Meeting (DH)	28 8:45 Daily Devotion (Café) 9:00 Alzheimer's Walk (Meet us in the Front Entrance) 9:30 Poker (SL) 9:30 Coffee & Conversation (CL) 10:30 Water Volleyball (P) 1:15 Find A Word with Letter Squares (AR) 1:15 Mexican Train Dominoes (CL) 1:15 Resident Led -Playing Oops Card Game (M) 2:00 Color By Number (AR) 2:15 Playing Yahtzee (3-GR) 3:00 42 Dominoes (3-GR) 3:30 Ice Cream Social (DH) 4:45 Hand & Foot Card Game (M)
9:30 Resident Led Sunday School (3-GR) 11:00 Church Service (3-CH) 2:00 Chicken Foot Dominoes Game (M) 2:00 Pinochle (3-GR) 2:00 Playing Farkle (M) 2:30 Spinners Dominoes (M) 4:00 Playing Samba (M)	29 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:15 Total Body Fitness (FC) 10:00 Choir Practice (3CH) 10:30 Spinners Dominoes (M) 1:00 Movie Monday "The Black Stallion" (M) 1:15 Halloween Pumpkin Making Words (AR) 2:30 Moving For Better Balance (FC) 2:30 Playing Yahtzee (CL) 3:30 Halloween / Birthday Celebration (DH) 4:45 Hand & Foot Card Game (M) 5:00 Dinner Out: Longhorn Steakhouse (Sign Up on the second floor) (Meet us in the Front Entrance) 6:00 Poker (SL)	30 7:30 Morning Walking Club (FC) 8:15 Total Body Fitness (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:15 New Resident Orientation (AR) 10:30 Catholic Communion (3-CH) 10:40 Water Aerobics (P) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Chicken Foot Dominoes (M) 2:00 Color By Number (AR) 2:30 Mind Fit (FC) 3:00 42 Dominoes (3-GR) 3:00 Youtube : Tai Chi (FC) 4:30 Italian Dinner (Sign Up at the Concierge Desk) (DH)	31 7:30 Morning Walking Club (FC) 8:45 Daily Devotion (CL) 9:15 Stretching with Dana (FC) 10:15 New Resident Orientation (AR) 10:30 Catholic Communion (3-CH) 10:40 Water Aerobics (P) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Chicken Foot Dominoes (M) 2:00 Color By Number (AR) 2:30 Mind Fit (FC) 3:00 42 Dominoes (3-GR) 3:00 Youtube : Tai Chi (FC) 4:30 Italian Dinner (Sign Up at the Concierge Desk) (DH)	LOCATION KEY 3-GR - 3 Floor Game Room 3-CH - 3rd Floor Chapel AR - Activity Room CL - Cafe		DH - Dining Hall FC - Fitness Center HH - Health Home Care Office M - Media Room P - Pool SL - Sports Lounge	

October 2023