




January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Department of Aging & Disability Services. 1-800-458-9958 All Activities are subject to change without prior notice.</div>	<div>New Year's Day 1 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 BI Core & Conditioning 11:00 2F Puzzle Group 2:00 2F Enjoy resident led activities today! 3:00 2F Card Games</div>	<div>2 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Bible Trivia 11:00 2F Mind Fit Class 2:00 2F New Year's Resolution Statistics in 2023 2:30 2F New Year's funny Resolution & Jokes 3:30 3L Bingo</div>	<div>3 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Exercise with Luke 1:30 MR FBC Worship and Study 2:00 2F Let's Make a Snow Greeter Ledge Decor 3:15 2F Bingo</div>	<div>4 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 11:00 2F Movin' and Groovin' 1:30 2F Games With Luke 1:30 2F National Trivia Day! Literature will be passed out to you. 3:00 3L HAPPY HOUR with Live Entertainment Fred Mills Plays the Saxophone</div>	<div>5 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Yo-Chi Class 2:30 2F The Art Studio painting class with the Artist Charice 3:00 MR I Love Lucy Marathon</div>	<div>6 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 H Walk the Halls 2:00 2F Bingo 3:00 2F Fancy Nails</div>
<div>7 9:00 2F Catholic Service 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 2F FBC Church Service 1:30 2F Table Talk at the Bistro 3:00 BI Dallas Cowboys VS The Commanders FYI the time is TBD</div>	<div>8 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 BI Core & Conditioning 11:00 2F National JoyGerm Day, encouraging people to infect one another with joy. Literature will be passed out to you. 2:00 2F Let's Play Which Happened Last. 3:00 2F Card Games</div>	<div>9 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:00 2F Pet Therapy 10:30 2F Law Enforcement Appreciation Day! Literature will be passed out to you. 11:00 2F Mind Fit Class 2:00 2F Friends & Family Feud 3:30 3L Bingo</div>	<div>10 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Exercise with Luke 11:00 2F Resident Council Meeting 1:30 MR FBC Worship and Study 3:15 2F Bingo</div>	<div>11 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 11:00 2F Movin' and Groovin' 1:30 2F Games With Luke 1:30 2F National Milk Day! Literature will be passed out to you. 3:00 3L HAPPY HOUR with Live Entertainment Marty Performs</div>	<div>12 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Yo-Chi Class 11:00 3L Remembering our Resident's that Passed away in 2023 2:00 2F Name that Tune/ Trivia 3:00 2F Let's make a snowman Craft</div>	<div>13 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 2F Craft Corner 11:00 H Walk the Halls 2:00 2F Bingo</div>
<div>14 9:00 2F Catholic Service 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 2F FBC Church Service 1:30 2F Table Talk at the Bistro 2:00 2F Canvas Painting with Arya</div>	<div>15 Martin Luther King Jr. Day 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 BI Core & Conditioning 10:30 2F Pet Therapy Kadey will be here to visit you 2:00 2F Let's make a Snowflake craft. 3:00 2F Card Games</div>	<div>16 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Bible Trivia 11:00 2F Mind Fit Class 2:00 3L Juan Performs Elvis Impersonator 3:30 3L Bingo</div>	<div>17 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Exercise with Luke 11:00 2F Kids Inventors Day! 1:30 MR FBC Worship and Study 3:15 2F Bingo</div>	<div>18 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 11:00 2F Movin' and Groovin' 1:30 2F Adult Coloring 1:30 2F Games With Luke 3:00 3L HAPPY HOUR with Live Entertainment Marty Performs</div>	<div>19 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Yo-Chi Class 1:30 2F Test Your January IQ 2:00 2F Let's Make a Vision Board 3:00 MR I Love Lucy Marathon</div>	<div>20 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 H Walk the Halls 2:00 2F Bingo 3:00 2F Fancy Nails</div>
<div>21 9:00 2F Catholic Service 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 2F FBC Church Service 1:30 2F Table Talk at the Bistro</div>	<div>22 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 BI Core & Conditioning 11:00 2F National Southern Food Day! Literature will be passed out to you. 2:00 2F January Random Trivia 3:00 2F Card Games</div>	<div>23 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Bible Trivia 11:00 2F Mind Fit Class 2:00 3L Craig Murphy Performs 3:30 3L Bingo</div>	<div>24 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Exercise with Luke 1:30 MR FBC Worship and Study 1:30 2F Resident Food Council Meeting 3:15 2F Bingo</div>	<div>25 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 11:00 2F Movin' and Groovin' 1:30 2F Games With Luke 1:30 2F Opposite Day! Literature will be passed out to you. 3:00 3L HAPPY HOUR with Live Entertainment Doc Gibbs Performs</div>	<div>26 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Yo-Chi Class 2:00 2F National Spouses Day! Literature will be passed out to you. 3:00 MR I Love Lucy Marathon</div>	<div>27 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 2F Craft Corner 11:00 H Walk the Halls 2:00 2F Bingo 3:05 2F Ric Performs Live Entertainment</div>
<div>28 9:00 2F Catholic Service 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 2F FBC Church Service 1:30 2F Table Talk at the Bistro 2:00 2F Canvas Painting with Arya</div>	<div>29 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 BI Core & Conditioning 2:00 BI Puzzle fun 3:00 2F Card Games</div>	<div>30 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 3B Bible Trivia 11:00 2F Mind Fit Class 2:00 3L ElmFork Riverband Performs 3:30 3L Bingo</div>	<div>31 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Exercise with Luke 11:00 3B Find The Hidden Pictures 1:30 MR FBC Worship and Study 3:15 2F Bingo</div>			

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<p>Department of Aging & Disability Services. 1-800-458-9958. All Activities are subject to change without prior notice.</p>	<p>New Year's Day 1</p> <p>9:05 3L Daily Chronicles 9:40 3L FaceTime Calls 10:30 2F Restorative Exercise Programming 11:00 2F Enjoy resident led activities today! 2:00 3L News You Can Use 3:00 2F Card Games</p>	<p>2</p> <p>9:05 3L Daily Chronicles 9:40 3L FaceTime Calls 10:00 3B Noodle Ball/Music 11:00 2F Restorative Exercise Programming 2:00 2F New Year's Resolution Statistics in 2023 2:30 2F New Year's funny Resolution & Jokes 3:30 3L BINGO</p>	<p>3</p> <p>9:05 3L Daily Chronicles 9:40 3L FaceTime Calls 10:00 3P Parachute & Beach Ball Chair Exercise 10:30 2F Restorative Exercise Programming 1:30 MR First Baptist Church/Worship and Study in the Media Room, 2nd Floor 2:00 3B Let's Make a Snow Greeter Ledge Decor 3:15 2F Bingo on 2nd Floor</p>	<p>4</p> <p>9:05 3L Daily Chronicles 9:40 3L FaceTime Calls 10:00 3B Jumbo Inflatable Ring Toss 11:00 3B Let's Play Outburst 11:00 2F Restorative Exercise Programming 1:30 2F Games With Luke 1:30 3L National Trivia Day! Literature will be passed out to you. 3:00 3L HAPPY HOUR with Live Entertainment Fred Mills Plays the Saxophone</p>	<p>5</p> <p>9:05 3L Daily Chronicles 9:40 3L FaceTime Calls 10:00 3P Tar Grip Toss & Music 10:30 2F Restorative Exercise Programming 2:30 2F The Art Studio painting class with the Artist Charice 3:00 MR I Love Lucy Marathon</p>	<p>6</p> <p>9:05 3L Daily Chronicles 9:30 FaceTime Family Visits Scheduled All Day 10:15 2F Exercise with Shannon 2:00 2F Join the 2nd Floor for Bingo in the 2nd Floor Activity Room 3:00 2F Fancy Nail Spa</p>
<p>7</p> <p>9:00 2F Catholic Service 9:05 3L Daily Chronicles 10:15 2F Exercise with Shannon 11:00 2F First Baptist Church Service 1:30 2F Table Talk at the Bistro 2:00 3L Resident Game Choice 3:00 BI Dallas Cowboys VS The Commanders FYI the time is TBD</p>	<p>8</p> <p>9:05 3L Daily Chronicles 9:40 3L FaceTime Calls 10:30 3B Fun Exercise with Maria 10:30 2F Restorative Exercise Programming 11:00 3L National JoyGerm Day, encouraging people to infect one another with joy. Literature will be passed out to you. 1:00 3B Name that Tune/Sing Along 2:00 2F Let's Play Which Happened Last. 3:00 2F Card Games</p>	<p>9</p> <p>9:05 3L Daily Chronicles 9:40 3L FaceTime Calls 10:00 3B Noodle Ball/Music 10:30 3L Pet Therapy 11:00 2F Restorative Exercise Programming 1:30 3L Law Enforcement Appreciation Day! Literature will be passed out to you. 2:00 2F Friends & Family Feud 3:30 3L BINGO</p>	<p>10</p> <p>9:05 3L Daily Chronicles 9:40 3L FaceTime Calls 10:00 3P Parachute & Beach Ball Chair Exercise 10:30 2F Restorative Exercise Programming 11:00 2F Resident Council Meeting 1:30 MR First Baptist Church/Worship and Study in the Media Room, 2nd Floor 3:15 2F Bingo on 2nd Floor</p>	<p>11</p> <p>9:05 3L Daily Chronicles 9:40 3L FaceTime Calls 10:00 3B Jumbo Inflatable Ring Toss 11:00 3B Let's Play Outburst 11:00 2F Restorative Exercise Programming 1:30 2F Games With Luke 1:30 3L National Milk Day! Literature will be passed out to you. 3:00 3L HAPPY HOUR with Live Entertainment Marty Performs</p>	<p>12</p> <p>9:05 3L Daily Chronicles 9:40 3L FaceTime Calls 10:00 3P Tar Grip Toss & Music 10:30 2F Restorative Exercise Programming 11:00 3L Remembering our Resident's that Passed away in 2023 2:00 2F Name that Tune/ Trivia 3:00 3B Let's make a snowman Craft</p>	<p>13</p> <p>9:05 3L Daily Chronicles 9:30 FaceTime Family Visits Scheduled All Day 10:15 2F Exercise with Shannon 11:00 2F Craft Corner 2:00 2F Join the 2nd Floor for Bingo in the 2nd Floor Activity Room</p>
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