Viewer 1500 Very Village
AT DOMINION INDEPENDENT LIVING

January 2024

BO BUS OUTING BR BAR ROOM AC ARTS & CRAFTS ROOM 2C 2ND FLOOR CLUB AREA ★ REQUIRES SIGN-UP FR FITNESS ROOM SP SWIMMING POOL GR GAME ROOM 3L 3rd FLOOR LOUNGE

DH DINING HALL CH Chapel **BC** BISTRO CAFE

TH Theater

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 9:00 2C Tai Chi 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 2:00 FR p.m. Fitness Class 7:00 GR Bridge - Duplicate & Party	9:30 SP Water Aerobics 10:00 SP Water Aerobics 11:00 AC Crafting time 1:00 BC Blood Pressure Checks 2:00 TH Bible Study 6:00 GR Resident Cards & Games 7:00 BC Mexican Train 7:00 TH Movie: Pompeii	9:30 TH Mass with Father George & Father Ed 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 1:00 GR Mahjong 1:30 3L Choir Practice - The Village Singers 2:00 GR Bridge (Party Bridge) 2:00 FR p.m. Fitness Class 3:00 DH BINGO!	9:30 SP Water Aerobics 10:00 SP Water Aerobics 1:00 BR Mexican Train 1:30 2C Trivial Pursuit 4:45 Dinner Out: BJ's Restaurant & Brewery ★	9:00 2C Tai Chi 9:30 FR Sit and Stretch Yoga 10:00 FR a.m. Fitness Class 2:00 FR p.m. Fitness Class 4:00 DH Friday Happy Hour w/Musical Guest TJ Dolotina 7:00 GR Hand & Foot 7:00 TH Movie TBA	1:00 GR Bridge - Duplicate & Party 1:00 BC Mexican Train 2:00 TH Matinee Movie: TBA 7:00 TH Movie: TBA
11:00 DH Sunday Brunch 11:00–1:00pm 2:30 CH Church Service w/ Minister Danny of Freedom in Christ Ministries with Communion 3:00 GR 42 Dominoes - Open to All Residents.	9:00 2C Tai Chi 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 11:00 3L Garden Club Meeting 2:00 FR p.m. Fitness Class 7:00 GR Bridge - Duplicate & Party 7:00 TH Movie: Live to 100	9:30 SP Water Aerobics 10:00 SP Water Aerobics 11:00 AC Crafting time 1:00 BC Blood Pressure Checks 2:00 TH Bible Study 6:00 GR Resident Cards & Games 7:00 BC Mexican Train 7:00 TH Movie: Live to 100	9:30 TH Mass with Father George & Father Ed 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 1:00 GR Mahjong 1:30 3L Choir Practice - The Village Singers 2:00 GR Bridge (Party Bridge) 2:00 FR p.m. Fitness Class 3:00 DH BINGO!	9:30 SP Water Aerobics 10:00 SP Water Aerobics 11:30 Health Talk w/ Select Rehab: 1:00 BR Mexican Train 1:30 2C Trivial Pursuit 4:45 Dinner Out: Pappadeaux Seafood Kitchen ★	9:00 2C Tai Chi 9:30 FR Sit and Stretch Yoga 10:00 FR a.m. Fitness Class 2:00 FR p.m. Fitness Class 4:00 DH Friday Happy Hour w/Musical Guest Lisa Marie 7:00 GR Hand & Foot 7:00 TH Movie TBA	13 1:00 GR Bridge - Duplicate & Party 1:00 BC Mexican Train 2:00 TH Matinee Movie: TBA 7:00 TH Movie: TBA
14 11:00 DH Sunday Brunch 11:00–1:00pm 2:30 CH Church Service w/ Minister Danny of Freedom in Christ Ministries 3:00 GR 42 Dominoes - Open to All Residents.	Martin Luther King Jr. Day 9:00 2C Tai Chi 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 1:30 3L New Resident Orientation 2:00 FR p.m. Fitness Class 7:00 GR Bridge - Duplicate & Party	9:30 SP Water Aerobics 10:00 SP Water Aerobics 11:00 AC Crafting time 1:00 BC Blood Pressure Checks 2:00 TH Bible Study 6:00 GR Resident Cards & Games 7:00 BC Mexican Train 7:00 TH Movie: Taken	9:30 TH Mass with Father George & Father Ed 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 1:00 GR Mahjong 1:30 3 Choir Practice - The Village Singers 2:00 GR Bridge (Party Bridge) 2:00 FR p.m. Fitness Class 3:00 DH BINGO!	9:30 SP Water Aerobics 10:00 SP Water Aerobics 1:00 BR Mexican Train 1:30 2C Trivial Pursuit 2:00 3L Tea with the Saints 4:45 Dinner Out: Gloria's Latin Cuisine★	9:00 2C Tai Chi 9:30 FR Sit and Stretch Yoga 10:00 FR a.m. Fitness Class 2:00 FR p.m. Fitness Class 4:00 DH Friday Happy Hour w/Musical Guest Valerie 5:30 BO Kronkosky - Dinner & Dance 7:00 GR Hand & Foot 7:00 TH Movie TBA	1:00 GR Bridge - Duplicate & Party 1:00 BC Mexican Train 2:00 TH Matinee Movie: TBA 7:00 TH Movie: TBA
11:00 DH Sunday Brunch 11:00–1:00pm 2:30 CH Church Service w/ Minister Danny of Freedom in Christ Ministries 3:00 GR 42 Dominoes - Open to All Residents.	9:00 2C Tai Chi 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 2:00 FR p.m. Fitness Class 2:00 TH Senior Buddies Presentation 7:00 GR Bridge - Duplicate & Party	9:30 SP Water Aerobics 10:00 SP Water Aerobics 11:00 AC Crafting time 1:00 BC Blood Pressure Checks 2:00 TH Bible Study 6:00 GR Resident Cards & Games 7:00 BC Mexican Train 7:00 TH Movie: Taken 2	†	9:30 SP Water Aerobics 10:00 SP Water Aerobics 1:00 BR Mexican Train 1:30 2C Trivial Pursuit 4:45 Dinner Out: Longhorn Steakhouse ★	9:00 2C Tai Chi 9:30 FR Sit and Stretch Yoga 10:00 FR a.m. Fitness Class 2:00 FR p.m. Fitness Class 3:00 DH Discovery Talent Show 4:00 DH Friday Happy Hour w/Musical Guest Rebecca Valdez 7:00 GR Hand & Foot 7:00 TH Movie TBA	1:00 GR Bridge - Duplicate & Party 1:00 BC Mexican Train 2:00 TH Matinee Movie: TBA 7:00 TH Movie: TBA
11:00 DH Sunday Brunch 11:00–1:00pm 2:30 CH Church Service w/ Minister Danny of Freedom in Christ Ministries 3:00 GR 42 Dominoes - Open to All Residents.	9:00 2C Tai Chi 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 1:30 3L Book Club 2:00 FR p.m. Fitness Class 7:00 GR Bridge - Duplicate & Party	9:30 SP Water Aerobics 10:00 SP Water Aerobics 11:00 AC Crafting time 1:00 BC Blood Pressure Checks 2:00 TH Bible Study 6:00 GR Resident Cards & Games 7:00 BC Mexican Train 7:00 TH Movie: Wonder Woman	31 8:00 BO Wise Guys Breakfast Out: Mae Dunne ★ 9:30 TH Mass with Father George & Father Ed 9:30 FR Sit & Stretch Yoga 10:00 FR a.m. Fitness Class 1:00 GR Mahjong 1:30 SL Choir Practice - The Village Singers 2:00 GR Bridge (Party Bridge) 2:00 FR p.m. Fitness Class 3:00 DH BINGO!	HAPPY NEW YEAR		Chees