IY-072 - Discovery Village at Southlake aka Landing at Watermere - Southlake - Issue: 03/01/24 Viewed: 02/13/24 VILLAGE March 2024

AT SOUTHLAKE By Discovery Senior Living

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Department of Aging & Disability Services. 1-800-458-9958. All Activities are subject to change without prior notice.					1 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Yo-Chi Class 11:00 2F National Peanut Butter Lover's Day! Literature will be pass out to you. 2:00 2F Test your March IQ 3:00 MR The Story of Ireland Documentary Movie	2 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 H Walk the Halls 2:00 2F Bingo 3:00 2F Fancy Nails
3 9:00 2F Catholic Service 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 2F FBC Church Service 1:30 2F Table Talk at the Bistro	4 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 BI Core & Conditioning 11:00 2F Fun Facts about Names Day! Literature will be pass out to you 2:00 3L Story Time with Tom from the Southlake Library 3:00 2F Card Games 3:30 3L Resident's Choir Meeting	5 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Bible Trivia 11:00 2F Mind Fit Class 1:30 2F Meet in the activity room. Let's plant some flowers in courtyard . 2:30 3L Get into the Zone with the nutrition chef Speaker 3:30 3L Bingo	6 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Exercise with Luke 1:30 MR FBC Worship and Study 2:00 2F Resident's Choir Rehearsal 3:15 2F Bingo	7 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 11:00 2F Movin' and Groovin' 1:30 2F Games With Luke 2:00 2F National Name Tag Day! Literature will be pass out to you. 3:00 3L HAPPY HOUR with Live Entertainment Steve J Rose & Tony will Perform	8 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Yo-Chi Class 1:30 2P Let's start a Flower & Vegetable garden on the 2nd floor patio 2:30 2F The Art Studio painting class with the Artist Charice 3:45 MR The Story of Ireland Documentary Movie	9 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 2F Craft Corner 11:00 H Walk the Halls 2:00 2F Bingo
10 9:00 2F Catholic Service 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 2F FBC Church Service 1:30 2F Table Talk at the Bistro	11 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 BI Core & Conditioning 11:00 2F Dream 2024 Day! Literature will be pass out to you. 2:00 3L Story Time with Tom from the Southlake Library 3:00 2F Card Games 3:30 3L Resident's Choir Meeting	12 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:00 2F Pet Therapy 11:00 2F Mind Fit Class 1:15 2F Courtyard Walk & Garden Care. Meet in the activity room 2:00 2F McTeggart Irish Dancers will be performing 3:30 3L Bingo	13 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Exercise with Luke 11:00 2F Resident Council Meeting 1:30 MR FBC Worship and Study 2:00 2F Resident's Choir Rehearsal 3:15 2F Bingo	14 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 11:00 2F Movin' and Groovin' 1:30 2F Games With Luke 2:00 2F National Potato Chip Day! Literature will be pass out to you. 3:00 3L HAPPY HOUR with Live Entertainment Jonathan Plays the Keyboard	15 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Yo-Chi Class 1:30 2P Resident's Gardening Club on the 2nd floor patio 3:00 MR The Story of Ireland Documentary Movie	16 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 H Walk the Halls 2:00 2F Bingo 3:05 2F Ric Performs Live Entertainment
17 9:00 2F Catholic Service 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 2F FBC Church Service 1:30 2F Table Talk at the Bistro 2:00 2F Canvas Painting with Arya	18 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 BI Core & Conditioning 11:00 2F Puzzle fun 2:00 3L Story Time with Tom from the Southlake Library 3:00 2F Card Games	19 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Certified Nurses Day! Literature will be pass out to you. 11:00 2F Mind Fit Class 1:15 2F Courtyard Walk & Garden Care. Meet in the activity room 2:00 3L Craig Murphy Performs 3:30 3L Bingo	20 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Exercise with Luke 1:30 MR FBC Worship and Study 2:00 2F Resident's Choir Rehearsal 3:15 2F Bingo 5:00 2D Resident's Family Night with LIVE Entertainment Doc Gibbs will be Performing, Wine & Dinner	9:15 2F Daily Chronicles 10:00 2F Morning Stroll 11:00 2F Movin' and Groovin' 1:30 2F Games With Luke 3:00 3L HAPPY HOUR with Live	22 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Yo-Chi Class 1:30 2P Resident's Gardening Club on the 2nd floor patio 2:00 3L The Gold tone Senior Show Choir 3:00 MR The Story of Ireland Documentary Movie	23 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 2F Craft Corner 11:00 H Walk the Halls 2:00 2F Bingo
24 9:00 2F Catholic Service 9:15 2F Daily Chronicles 10:15 2F Exercise with Shannon 11:00 2F FBC Church Service 2:00 2F Canvas Painting with Arya 31 9:00 2F Catholic Service 9:15 2F Daily Chronicles 10:15 2F Exercise with Shannon 11:00 2F FBC Church Service 1:30 2F Table Talk at the Bistro	25 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 BI Core & Conditioning 11:00 2F National Medal of Honor Day! Literature will be pass out to you. 2:00 3L Story Time with Tom from the Southlake Library 3:00 2F Card Games 3:30 3L Resident's Choir Meeting	26 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Bible Trivia 11:00 2F Mind Fit Class 1:15 2F Courtyard Walk & Garden Care. Meet in the activity room 2:00 2F Friends & Family Feud 3:30 3L Bingo	27 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Exercise with Luke 1:30 MR FBC Worship and Study 1:30 2F Resident Food Council Meeting 2:00 2F Resident's Choir Rehearsal 3:15 2F Bingo	28 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 11:00 2F Movin' and Groovin' 1:30 2F Games With Luke 2:00 2F Weed (garden weeds) Appreciation Day! Literature will be pass out to you. 3:00 3L HAPPY HOUR with Live Entertainment Wayne will be perfoming	29 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:30 2F Yo-Chi Class 1:30 2P Resident's Gardening Club on the 2nd floor patio 2:00 2F Vietnam War Veterans Day! Literature will be pass out to you 3:00 MR The Story of Ireland Documentary Movie	30 9:15 2F Daily Chronicles 10:00 2F Morning Stroll 10:15 2F Exercise with Shannon 11:00 H Walk the Halls 2:00 2F Bingo 3:00 2F Fancy Nails

2F 2nd Floor MR Media Rm. 2F BI 2nd Floor Bistro Cafe 3L Back Living Room 2D 2nd Fl. Dining Room

2P 2nd Fl. Patio H Halls



March 2024

AT SOUTHLAK By Discovery Senior Livin						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Events Are Subject to Change	Morch	Happy Easter	Hereisen	Happy St. Patrick s Day	1 9:30 Exercise (AR) 10:00 Coffee Talk (AR) 1:30 Bingo! (AR) 3:00 Happy Hour w/Rev Rock Rogers (DR) 5:30 Games of Your Choice (C2)	2 9:00 Bible Study (CR) 10:30 Bingo! (AR) 1:00 Rummikub (C2) 2:00 Ladies' Tea (AR) 3:00 Games Galore (AR) 6:00 Saturday Evening Movie
Joyce M. Birthday 3 9:30 Catholic Church (CR) 1:00 Bingo with YMSL! (AR) 2:30 Rummikub (C2) 3:30 Games Galore (AR) 6:00 Sunday Evening Movie (CR)	4 9:30 Exercise (AR) 10:00 Coffee Talk (AR) 1:00 Canasta (C2) 2:30 Wheel of Fortune (AR) 3:30 Rummikub (C2) 5:30 Mexican Train (AR)	5 9:30 Exercise with Luke (AR) 10:00 Coffee Talk (AR) 11:00 Out to Lunch Bunch to LA Burger (Bus) 1:30 Bingo! (AR) 3:00 Painting (AR) 5:30 Dominoes (AR)	Norma J. Birthday69:30 Exercise (AR)10:00 Coffee Talk (AR)10:30 Food Discussion Mtg. (AR)1:00 Mind Fit with Luke (AR)2:00 Canasta (C2)3:00 Town Hall Meeting (AR)5:30 Rummikub (C2)	Anne L. Birthday79:00 Shopping (Bus)9:30 Exercise with Luke (AR)10:00 Rummikub (C2)1:00 Custom Hearing Aids1:30 Uno with Amy! (CR)3:00 Wine Social (DR)5:30 Mexican Train (AR)	8 9:30 Exercise (AR) 10:00 Coffee Talk (AR) 1:30 Bingo! (AR) 3:00 Happy Birthday HH w/ Bill Cobb (DR) 5:30 Games of Your Choice (C2)	9 9:00 Bible Study (CR) 10:30 Bingo! (AR) 1:00 Rummikub (C2) 2:00 Ladies' Tea (AR) 3:00 Games w/ YMSL! (AR) 6:00 Saturday Evening Movie
10 9:30 Catholic Church (CR) 2:30 Rummikub (C2) 3:30 Games Galore (AR) 6:00 Sunday Evening Movie (CR)	Evelyn T. Birthday119:30 Exercise (AR)10:00 Coffee Talk (AR)1:00 Canasta (C2)2:30 Wheel of Fortune (AR)3:30 Rummikub (C2)5:30 Mexican Train (AR)	12 9:00 Walgreens (Bus) 9:30 Exercise with Luke (AR) 10:00 Coffee Talk (AR) 1:30 Bingo! (AR) 3:00 Painting (AR) 5:30 Dominoes (AR)	13 9:30 Exercise (AR) 10:00 Coffee Talk (AR) 10:30 Book Club w/Joyce R. (AR) 1:00 Mind Fit with Luke (AR) 2:00 Canasta (C2) 3:00 Trivia with Tracy (AR) 5:30 Rummikub (C2)	14 9:00 Shopping (Bus) 9:30 Exercise with Luke (AR) 10:00 Rummikub (C2) 1:30 Uno with Amy! (CR) 3:00 Wine Social w/Food Demo (DR) 5:30 Mexican Train (AR)	15 9:30 Exercise (AR) 10:00 Coffee Talk (AR) 1:30 Bingo! (AR) 3:00 St. Patrick's Day Happy Hour w/ Charlie Carey (DR) 5:30 Games of Your Choice (C2)	16 9:00 Bible Study (CR) 10:30 Bingo! (AR) 1:00 Rummikub (C2) 2:00 Ladies' Tea (AR) 3:00 Games Galore (AR) 6:00 Saturday Evening Movie
Happy St. Patrick's Day!179:30 Catholic Church (CR)1:00 Bingo with YMSL! (AR)2:30 Living Word LutheranChurch (CR)2:30 Rummikub (C2)3:30 Games Galore (AR)6:00 Sunday Evening Movie (CR)	18 9:30 Exercise (AR) 10:00 Coffee Talk (AR) 1:00 Canasta (C2) 2:30 Wheel of Fortune (AR) 3:30 Rummikub (C2) 5:30 Mexican Train (AR)	19 9:15 Lavish Nails (Bus) 9:30 Exercise with Luke (AR) 10:00 Coffee Talk (AR) 1:30 Bingo! (AR) 3:00 Painting (AR) 5:30 Dominoes (AR)	20 9:30 Exercise (AR) 10:00 Coffee Talk (AR) 1:00 Mind Fit with Luke (AR) 2:00 Canasta (C2) 3:00 Reader's Circle (AR) 5:30 Rummikub (C2)	21 9:00 Shopping (Bus) 9:30 Exercise with Luke (AR) 10:00 Rummikub (C2) 1:30 Uno with Amy! (CR) 3:00 Wine Social (DR) 5:30 Mexican Train (AR)	22 9:30 Exercise (AR) 10:00 Coffee Talk (AR) 10:00 SAM's Creations (DR) 12:00 Happy Hour w/ Stan Berger (DR) 1:30 Bingo! (AR) 5:30 Games of Your Choice (C2)	23 9:00 Bible Study (CR) 10:30 Bingo! (AR) 1:00 Rummikub (C2) 2:00 Ladies' Tea (AR) 3:00 Games w/ YMSL! (AR) 6:00 Saturday Evening Movie
24 9:30 Catholic Church (CR) 2:15 Hills Church (CR) 2:30 Rummikub (C2) 3:30 Games Galore (AR) 6:00 Sunday Evening Movie (CR) 31 9:30 Catholic Church (CR) 2:15 Hills Church (CR) 2:30 Rummikub (C2) 3:30 Games Galore (AR) 6:00 Sunday Evening Movie (CR)	25 9:30 Exercise (AR) 10:00 Coffee Talk (AR) 1:00 Canasta (C2) 2:30 Wheel of Fortune (AR) 3:30 Rummikub (C2) 5:30 Mexican Train (AR)	26 9:30 Exercise with Luke (AR) 10:00 Coffee Talk (AR) 11:00 Out to Lunch Bunch to Mi Pueblo(Bus) 1:30 Bingo! (AR) 3:00 Painting (AR) 5:30 Dominoes (AR)	27 9:30 Exercise (AR) 10:00 Coffee Talk (AR) 1:00 Mind Fit with Luke (AR) 2:00 Canasta (C2) 3:00 Horse Races! (AR) 5:30 Rummikub (C2)	28 9:00 Shopping (Bus) 9:30 Exercise with Luke (AR) 10:00 Rummikub (C2) 1:30 Uno with Amy! (CR) 3:00 Wine Social w/ Monte Holder, Magician (DR) 5:30 Mexican Train (AR)	29 9:30 Exercise (AR) 10:00 Coffee Talk (AR) 1:30 Bingo! (AR) 3:00 Happy Hour w/ Celebrations! (DR) 5:30 Games of Your Choice (C2)	30 9:00 Bible Study (CR) 10:30 Bingo! (AR) 1:00 Rummikub (C2) 2:00 Ladies' Tea (AR) 3:00 Games Galore (AR) 6:00 Saturday Evening Movie



March 2024

AI SOUIHLAI By Discovery Senior Livi						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Events Are Subject to Change	March	Happy Easter	Herisen	Happy St. Patrick s Day	1 9:00 Meditation and Music 9:30 Exercise & Hydration Cart 11:00 Aroma Cloths and Meal Song 1:00 Junk Drawer Detective 3:00 Happy Hour 4:00 Folding & Serting 6:00 Music and Hydration Cart	2 9:00 Meditation and Music 9:30 Chair Dancing 10:00 Bingo with Friends 11:00 Aroma Cloths and Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart
3 9:00 Live Church Service On TV 10:00 Bingo and Hydration Cart 10:30 Bible Stories 11:00 Aroma Cloths & Meal Song 2:00 Story Time! 6:00 Relaxing Night Time Music	4 9:00 Meditation and Music 9:30 Noodle Ball & Hydration Cart 11:30 Aroma Cloths and Meal Song 1:00 Chair Yoga 2:30 Let's Go to the Movies! 4:00 Folding & Sorting 6:00 Music and Hydration Cart	9:00 Meditation and Music 9:30 Let's Get Fit! 10:00 Bingo and Hydration Cart 11:30 Aromatherapy 2:00 Art Expression 3:00 Guess Who? 4:00 Folding & Sorting 6:00 Music and Hydration Cart	5 9:00 Meditation and Music 9:30 Exercise with Luke 10:30 Noodle Tennis 11:00 Bird Watching 2:00 The Daily Chronicle 4:00 Folding & Sorting 6:00 Music and Hydration Cart	5 9:00 Meditation and Music 10:00 Relaxing Spa Day 11:30 Aroma Cloths and Meal Song 1:30 Scenic Drive! 3:30 Dance to the Music! 4:00 Folding & Sorting 6:00 Music and Hydration Cart	Martha M. Birthday 8 9:00 Meditation and Music 9:30 Exercise & Hydration Cart 11:00 Aroma Cloths and Meal Song 1:00 Junk Drawer Detective 3:00 Happy Hour 4:00 Folding & Sorting 6:00 Music and Hydration Cart	9 9:00 Meditation and Music 9:30 Chair Dancing 10:00 Bingo with Friends 11:00 Aroma Cloths and Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart
10 9:00 Live Church Service On TV 10:00 Bingo and Hydration Cart 10:30 Bible Stories 11:00 Aroma Cloths & Meal Song 2:00 Story Time! 6:00 Relaxing Night Time Music	Barbara P. Birthday119:00 Meditation and Music9:30 Noodle Ball & Hydration Cart11:30 Aroma Cloths and Meal Song1:00 Chair Yoga2:30 Let's Go to the Movies!4:00 Folding & Sorting6:00 Music and Hydration Cart	9:00 Meditation and Music 9:30 Let's Get Fit! 10:00 Bingo and Hydration Cart 11:30 Aromatherapy 2:00 Art Expression 3:00 Entertainment by Bill Cobb 3:00 Guess Who? 4:00 Folding & Sorting 6:00 Music and Hydration Cart	12 9:00 Meditation and Music 9:30 Exercise with Luke 10:30 Noodle Tennis 11:00 Bird Watching 2:00 The Daily Chronicle 4:00 Folding & Sorting 6:00 Music and Hydration Cart	 3 9:00 Meditation and Music 10:00 Relaxing Spa Day 11:30 Aroma Cloths and Meal Song 1:30 Painting for Pleasure! 2:00 Tunes with Tracy! 3:30 Dance to the Music! 4:00 Folding & Sorting 6:00 Music and Hydration Cart 	 15 9:00 Meditation and Music 9:30 Exercise & Hydration Cart 11:00 Aroma Cloths and Meal Song 1:00 Junk Drawer Detective 3:00 St. Patrick's Day Happy Hour 4:00 Folding & Sorting 6:00 Music and Hydration Cart 	16 9:00 Meditation and Music 9:30 Chair Dancing 10:00 Bingo with Friends 11:00 Aroma Cloths and Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart
St. Patrick's Day!179:00 Live Church Service On TV10:00 Bingo and Hydration Cart10:30 Bible Stories11:00 Aroma Cloths & Meal Song2:00 Story Time!6:00 Relaxing Night Time Music	18 9:00 Meditation and Music 9:30 Noodle Ball & Hydration Cart 11:30 Aroma Cloths and Meal Song 1:00 Chair Yoga 2:30 Let's Go to the Movies! 4:00 Folding & Sorting 6:00 Music and Hydration Cart		19 20 9:00 Meditation and Music 9:30 Exercise with Luke 10:30 Noodle Tennis 11:00 Bird Watching 2:00 The Daily Chronicle 4:00 Folding & Sorting 6:00 Music and Hydration Cart	9:00 Meditation and Music 10:00 Relaxing Spa Day 11:30 Aroma Cloths and Meal Song 1:30 Scenic Drive! 3:30 Dance to the Music! 4:00 Folding & Sorting 6:00 Music and Hydration Cart	22 9:00 Meditation and Music 9:30 Exercise & Hydration Cart 11:00 Aroma Cloths and Meal Song 1:00 Junk Drawer Detective 3:00 Happy Hour 4:00 Folding & Sorting 6:00 Music and Hydration Cart	23 9:00 Meditation and Music 9:30 Chair Dancing 10:00 Bingo with Friends 11:00 Aroma Cloths and Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart
24 9:00 Live Church Service On TV 10:30 Bible Stories 11:00 Aroma Cloths & Meal Song 2:00 Story Time! 6:00 Relaxing Night Time Music Happy Easter! 9:00 Live Church Service On TV 10:30 Bible Stories 11:00 Aroma Cloths & Meal Song 2:00 Story Time! 6:00 Relaxing Night Time Music	25 9:00 Meditation and Music 9:30 Noodle Ball & Hydration Cart 11:30 Aroma Cloths and Meal Song 1:00 Chair Yoga 2:30 Let's Go to the Movies! 4:00 Folding & Sorting 6:00 Music and Hydration Cart	9:00 Meditation and Music 9:30 Let's Get Fit! 10:00 Bingo and Hydration Cart 11:30 Aromatherapy 2:00 Art Expression 3:00 Eric with Songs & Smiles 3:00 Guess Who? 4:00 Folding & Sorting 6:00 Music and Hydration Cart	26 27 9:00 Meditation and Music 9:30 Exercise with Luke 10:30 Noodle Tennis 11:00 Bird Watching 2:00 The Daily Chronicle 4:00 Folding & Sorting 6:00 Music and Hydration Cart	 9:00 Meditation and Music 9:00 Relaxing Spa Day 11:30 Aroma Cloths and Meal Song 1:30 Painting for Pleasure! 2:00 Tunes with Tracy! 3:30 Dance to the Music! 4:00 Folding & Sorting 6:00 Music and Hydration Cart 	 9:00 Meditation and Music 9:30 Exercise & Hydration Cart 11:00 Aroma Cloths and Meal Song 1:00 Junk Drawer Detective 3:00 Happy Hour 4:00 Folding & Sorting 6:00 Music and Hydration Cart 	30 9:00 Meditation and Music 9:30 Chair Dancing 10:00 Bingo with Friends 11:00 Aroma Cloths and Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart

Memory Care Calendar